Paradoxical herniation

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CASE SUMMARY

A 59-year-old male presented with spontaneous left-sided acute subdural hemorrhage, for which he underwent decompressive left craniectomy (Figure 1) with an uneventful recovery. He was discharged, but presented 4 months later with acute change in mental status. An unenhanced computed tomography (CT) brain study was performed for re-evaluation (Figure 2).

IMAGING FINDINGS

Figure 1 is a postoperative CT image at first presentation showing evidence of left craniectomy with a small amount of residual subdural fluid collection and blood.

Figure 2 is a repeat CT image after 4 months. The image shows resolution of the subdural fluid collection and blood. However, there is interval demonstration of concave deformity of the left cerebral hemisphere together with the overlying skin flap, with associated distortion of the left ventricle and a new left subfalcine herniation.

DIAGNOSIS

Spontanaeous paradoxical herniation post craniectomy

DISCUSSION

Paradoxical herniation is a rare complication, which has been reported in patients who underwent cerebrospinal fluid (CSF) drainage procedures (eg, lumbar puncture, external ventricular drainage, ventriculoperitoneal shunting, and post craniectomy).^{1,2}

The pathophysiology of paradoxical herniation has been postulated to be secondary to a large craniectomy defect

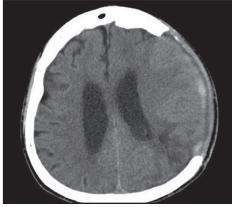


FIGURE 1. The postoperative CT image shows evidence of left craniectomy with a small amount of residual subdural fluid collection and blood.

exposing the intracranial contents to the external positive atmospheric pressure. With a reduction in intracranial pressure postsurgery, the intracranial contents deviate under a pressure gradient away from the site of craniectomy. Therein lies the reason why CSF drainage procedures are uncommonly performed in patients post craniectomy, unless under exceptional circumstances.

Common presenting features include a depressed level of consciousness, autonomic instability, signs of brainstem release, and focal neurological deficits. However, subtle neurological symptoms may sometimes be difficult to elicit in these patients due to pre-existing neurological deficits from prior insults. Therefore, a proper radiologic evaluation is crucial to establish the diagnosis. Imaging findings include a sunken skin flap with herniation of the brain away from the craniectomy defect, which results in subfalcine or transtentorial herniation.⁴.

Paradoxical herniation is a neurosurgical emergency. Treatment options



FIGURE 2. A repeat CT image upon returning after 4 months shows resolution of the subdural fluid collection and blood.

include administering intravenous fluids (to increase intracranial pressure), arresting CSF leakage (secondary to recent CSF drainage procedures), and performing early cranioplasty.⁴

Our patient underwent emergency cranioplasty with subsequent uneventful recovery.

CONCLUSION

Spontaneous paradoxical herniation is a rare complication postcraniectomy. Nevertheless, early recognition of this condition with emergent treatment is important to avoid a sinister outcome.

REFERENCES

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