Clival chordoma in a young child

Ankita Chauhan, MD; Vandana V. Ahluwalia, MD; Prerna S. Saharan, MBBS; Neelmani Sharma, DNB; Shamrendra Narayan, MD, and Rohini Gupta, MD

CASE SUMMARY

A 6-year-old boy was brought to the pediatric emergency by his parents with a fortnight's history of difficulty in swallowing, regurgitation of food and hoarseness of voice, with recent difficulty in breathing. On examination, the child had a weak gag reflex and shallow breathing with decreased respiratory drive. Chest radiograph revealed patchy consolidation and pneumo-atelectatic changes, favoring aspiration pneumonia. Neuroimaging was advised to rule out the central cause of ventilatory failure on clinical findings.

IMAGING FINDINGS

A well-defined lobulated lesion is seen involving the central base of skull with the epicenter in the clivus/Basiocciput region. On T2-weighted images, it is hyperintense with predominant signals brighter than the intervertebral discs (Figure 1). The lesion shows multiple patchy low signal septations and foci within (Figure 2A). It shows intermediate T1W signals and increased STIR signals (Figure 2B). There is heterogeneous post-contrast enhancement with septal and peripheral enhancement with multiple relatively non-enhancing areas (Figures 3-5). Posteroinferiorly, the lesion is infiltrating the foramen magnum with associated obliteration of anterior thecal sac space and significant extradural compression of the cervicomedullary region of the brain stem, which is seen pushed to the left. The compressed brain stem segment shows increased T2/STIR signals. The proximal cervical spinal cord (up to the level corresponding to the C2-C3 intervertebral disc) appears mildly swollen with hyperintense T2W/STIR signals (cord edema). Screening T2W images of rest of the spine show normal morphology and signal characteristics (Figure 6).

On CT, an expansile osteolytic lesion is seen involving clival occipital bone

(basiocciput) with multiple areas of endosteal scalloping and marginal sclerosis, suggestive of chronicity. Involvement of lateral portion of the right occipital condyle, right jugular tubercle of the occipital bone and the hypoglossal canal region is also noted. The lesion shows heterogeneous hypodense soft tissue attenuation with mild and inhomogeneous postcontrast enhancement with patchy areas of low attenuation and soft amorphous calcification within (Figures 7-9).

Biopsy of the lesion done for histopathological examination reveals chondroid component (hyaline cartilage) on histology, suggesting chordoma (chondroid type).

DIAGNOSIS

Clival chordoma (chondroid type) with associated brain stem compression and extrinsic impingement on oropharyngeal airway causing respiratory distress.

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FIGURE 1. T2-weighted axial sections from caudal-to-cranial level. (A) T2 axial MR image at a caudal level showing expansile osteolysis of clivus with large extraosseous component causing pontomedullary compression (blue arrow) and projecting in prevertebral space compressing airway. (B) T2 axial MR image is showing expansile osteolysis of clivus with large extraosseous component causing pontomedullary compression and projecting in prevertebral space compressing airway. (C, D) T2 axial MR images show a midline osteolytic mass lesion insinuating around vertebrobasilar flow void and causing mild transtentorial descent.

DISCUSSION

Chordomas are malignant tumors originating from embryonic notochord remnants in the craniospinal axis, mostly the sacrococcygeal (50 percent) and the spheno-occipital regions (35 percent), though 15 percent can occur in the true vertebrae. The first two sites represent areas where the notochord undergoes complicated folding, thereby incurring greater risk of incomplete involution.

This tumor shows an indolent but an infiltrative locally destructive growth pattern with a high risk of local recurrence.^{1,2} The mean age at diagnosis is 58.5 years with male predominance,³ with rarely reported cases in children and adolescents.⁴ Clinical presentation of a clival chordoma depends mainly on the tumor location and the adjacent structures. Though cranial nerve palsies, visual changes, and headache are the most frequent symptoms,⁵ rarely adults can have CSF rhinorrhoea and epistaxis.^{6,7}

Imaging is useful not only for diagnostic purposes but also for the selection of surgical approaches. Computed



FIGURE 2. Sagittal T2-weighted (A) and STIR (B) MR images reveal clival osteolysis with T2 hyperintense soft tissue interposed in the craniovertebral junction and prevertebral space with sparing of C1-C2 articulation. Posteriorly, extradural compression of the pontomedullary junction and the upper cervical cord is seen.

tomography (CT) or magnetic resonance imaging (MRI) can identify clival chordoma based on its midline location and destruction of the clivus.⁸ The typical description of a clival chordoma on CT imaging is that of a well-delineated, hyperdense soft-tis-

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FIGURE 3. (A) Axial T1-weighted MR precontrast image shows isointense lesion in the clivus region(arrow). (B) Axial T1-weighted MR postcontrast image shows sharp-margination of this isointense lesion from vascular flow voids laterally and homogeneously enhancing adenoid anteriorly (arrow).



FIGURE 4. (A) Coronal T1-weighted MR precontrast image showing right paramedian soft tissue component, displacing and compressing the cord towards left. (B) Coronal T1-weighted postcontrast image shows enhancing peripheral rim around right paramedian soft tissue component. Also, enhancement of bilateral bronchopneumonic infiltrates in either lower zones is noted (arrow).

sue mass showing moderate-to-marked post-contrast enhancement. Destruction of the clivus is appreciable, which may also give rise to the appearance of intratumoral calcification. On MRI, the tumor will be lobulated, intermediate to hypointense on T1W, and very hyperintense on T2W, secondary to the high fluid content of vacuolated cellular components. Involvement of the clivus will be evident with a "thumb" of tissue indenting the Pons posteriorly. The majority of intracranial chordomas demonstrate moderate-to-marked enhancement following contrast material injection. A distinct advantage of MR imaging is its capacity to display the patency of major vessels as flow voids. MRI can well delineate the internal carotid and basilar arteries and their anatomic relationship to the intracranial chordomas. In spite of high frequency



FIGURE 5. Sagittal T1-weighted MR pre-(A) and postcontrast (B) images show intermediate signal intensity lesion with central nodular and peripheral enhancement.

of intracranial arterial involvement, arterial narrowing is rare in intracranial chordomas, a finding reflective of the fact that these tumors are soft and easily dissectible from adjacent vessels.

The three histological subtypes of chordoma are conventional (sometimes called classic) chondroid, and dedifferentiated. Chondroid chordoma usually manifests at a younger age than chondrosarcomas and may have

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FIGURE 6. Screening sagittal T2-weighted MR image of dorso-lumbosacral spine reveals normal morphology and signal characteristics.

a better prognosis. Chondroid chordomas are relatively less aggressive than conventional chordomas while the dedifferentiated chordomas are more aggressive, faster growing and more likely to metastasize. Close differential diagnosis of a chordoma is a chondrosarcoma.9 Both of them can be similar regarding their location and microscopic appearance. Chondrosarcomas are known to be more responsive to radiation and have a better prognosis.9 The hallmark cell of chordoma is the large physaliphorous cell with a central nucleus and numerous clear cytoplasmic vacuoles. Chondroid chordoma is prominently cartilaginous.

The surgical resection of clival chor-



FIGURE 7. Axial CT bone window images (A, B) shows eccentric scalloping and remodeling of posterior clivus with a sclerotic rim (arrow).

domas describes a variety of conventional surgical approaches (transcranial, transsphenoidal, trans-oropharyngeal and maxillary osteotomy).¹⁰ Given high local recurrence rate of chordoma, the use of radiotherapy as an adjunct is on the rise to gain local control.

Regardless of the mode of therapy, the local recurrence of intracranial chordomas still occurs irrespective of the optimal treatment.¹⁰ MR imaging is the preferred modality for post-surgical fol-





FIGURE 8. Axial CECT skull base image shows osteolysis involving anterior foramen magnum with displaced bone segment in mildly enhancing prevertebral and peri-odontoid soft tissue.

low-up and detection of recurrence. The marked T2 hyperintense signal is more suggestive of tumor recurrence than postoperative changes. Contrast-enhanced images also play a crucial role in making this distinction and in delineating recurrent tumor margins.

CONCLUSION

Intracranial chordoma is a rare and locally aggressive tumor of the skull base that is originating from embryonic remnants of the primitive notochord. CT and MR imaging play an undisputable role in the evaluation of intracranial chordomas, in particular, the osseous involvement and the proximity of these tumors to the critical soft-tissue structures. Combination therapy of radical surgical resection and proton beam radiation therapy achieves the best results. The possibility of a chondroid variety of chordoma should be a differential in a young patient with locally aggressive central skull base lesion, especially with features of scalloping and remodeling.

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FIGURE 9. CT Topogram shows isodense soft tissue at craniovertebral junction indenting nasopharyngeal air column in a patient with ventilator support.

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Prepared by Dr. Chauhan while an Assistant Professor; Dr. Ahluwalia while a Professor and Radiologist; Dr. Saharan while a final-year Resident, Dr. Sharma while a Senior Resident (Fellow), and Dr. Narayan while serving as Head of the Department of Radiodiagnosis at Sarojini Naidu Medical College in Agra, India; and Dr. Gupta while an Associate Professor in the Department of Radiodiagnosis of Vardhman Mahavir Medical College & Safdarjung Hospital in New Delhi, India.