



# Coach Mentoring in Nova Scotia

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Presented by  
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20 April 2007





## Mentorship Within HNS

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MHA's	35
Trained Male Mentors	30
Trained Female Mentors	2
MHA's with Mentors	25
MHA's with Multiple Mentors	5
(Paid Mentors/Development Coordinators)	3 MHA's



# Mentorship Within HNS

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## Mentor Training      June and Oct

Each consists of a one (1) day format bringing all of the trained and new untrained coach mentors to Halifax.



# Mentorship Within HNS

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## Training Consists of:

- ❖ Best Practice Presenters
- ❖ Learning from the Past
- ❖ Brainstorming Past/Present/Future
- ❖ Input by Mentors, MHA Presidents and Development Coordinators



# Mentorship Within HNS

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**Upcoming Training**

**June and Oct**

Bring together the MHA Mentors  
and  
Master Skills Clinic Instructors



# Mentorship Within HNS

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## Provide a 2 Day Training Session (On-ice & Off-ice)

Gives Instructor opportunity to Present Clinic

Gives Opportunity for Mentors and Instructors to

- Get to know each other
- Understand Each Others Needs

Enables Mentors to Assist Instructors at Clinics



# Mentorship Within HNS

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**Mentorship**  
**knowing that**  
**“You are never alone”**



# Mentorship Within HNS

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## Past Support

- ❖ Tracksuits/Hats/Golf Shirts
- ❖ NCMP Binders
- ❖ Coach Boards
- ❖ Bags
- ❖ \$3000 Resource Library (MHA)
- ❖ Travel to MHA - Hot Stoves & Mentor Setup





# Mentorship Within HNS

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## Supporting the Coaches

- ❖ All coaches taking an NCCP clinic received a free 'Coaches Club Membership' for a year
- ❖ Golds Skills DVD's to all head coaches
- ❖ Coach Appreciation Day



# Mentorship Within HNS

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## Skills Clinic Instructor Training

### Oct 2006

- ❖ 1 Day format
- ❖ 13 Instructors to Halifax
- ❖ Morning Classroom Session
- ❖ Afternoon On-ice Session



# Mentorship Within HNS

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## Support

- ❖ Tracksuit – Sweatshirt – Equipment Bag
- ❖ Computer – LCD
- ❖ Instructors Binder and DVD's
- ❖ Honorarium \$100 plus mileage and meals



# HNS Skills Clinic 2006-2007

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## Clinic Delivery, 2006/2007

### Cost

- ❖ 1<sup>st</sup> one Free of Charge

### Main Focus

- ❖ 30 Participants (20 Coaches-10 Players)

### Handouts

- ❖ Photocopy of Clinic Drills to Participants



# HNS Skills Clinic 2006-2007

Association	Clinic	Participants	Instructors
Acadia	Puck Control	16 Coaches / 7 players	3
Chester	Skating	14 Coaches / 18 players	2
Chester	Puck Control	14 Coaches / 20 players	2
Chester	Shoot/Score	12 Coaches / 24 players	2
Glance Bay	Skating	20 Coaches / 5 players	2
Glance Bay	Skating	4 Teams / 68 Players	4
Halifax	Skating	2 Teams / 34 Players	4



# HNS Skills Clinic 2006-2007

Association	Clinic	Participants	Instructors
Halifax	Puck Control	2 Teams / 34 Players	3
Port Hood	Skating	15 Coaches / 0 players	2
	Puck Control	10 Coaches / 0 players	2
	Shoot/Score	10 Coaches / 0 players	2
TASA	Puck Control	48 Coaches / 12 players	2
TASA	Skating	26 Coaches / 8 players	3
Port Hawkesbury	Skating	12 Coaches / 3 players	2
West Colchester	Puck Control	19 Coaches / 13 players	1



# HNS Skills Clinic 2006-2007

## Totals

Puck Control (7 Clinics)	109 Coaches	86 Players
Skating (11 Clinics)	105 Coaches	136 Players
Shooting/Scoring (2 Clinics)	22 Coaches	24 Players
Totals (20 Clinics)	236 Coaches	246 Players
Average per Clinic	12 Coaches	12 Players
Instructors Utilized	11 of 13	

(All 35 MHA's did an average of 2 Checking Clinics  
Approx 1000 players / 100 coaches / 35 Instructors)



# HNS Skills Clinic 2006-2007

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## Clinic Delivery, 2007/2008

- ❖ Main Focus (During Development Weekend)
- ❖ Emphasis (Players with Coach Participation)
- ❖ Free of Charge (2 in each Zone) (8 Zones)
- ❖ Photocopy of Clinic Drills to Participants





# Mentorship Within HNS

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Questions???

