



ONTARIO MINOR HOCKEY ASSOCIATION CONTINUING EDUCATION PROGRAM (CEP) FOR COACHES

SPECIALTY CLINICS OVERVIEW





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The OMHA Development Committee, working under the direction of Hockey Canada believes that it is important to have highly knowledgeable and competent coaches that continue to learn and develop their skills to ensure a high quality learning environment for all OMHA players.

To achieve this, the OMHA Coaching Program introduces the

Continuing Education Program (CEP)

As a part of the CEP, a series of Specialty Clinics have been developed to offer coaches a practical session on teaching various skills, tactics & systems. This proactive approach will also open the doors of communication and provide a non-threatening environment for coaches to further pursue a mentor.



SPECIALTY CLINIC RATIONALE

The **National Coach Mentorship Advisory Committee** has completed the development of the first six of ten Specialty Clinics, which will be delivered to minor hockey coaches by trained mentor instructors. As a result, the OMHA will require the training of specialty clinic instructors for the delivery of clinics beginning in the fall of 2006.



CLINIC TOPICS

Clinic topics with suggested seasonal delivery timeframes:

SPECIALTY CLINIC	INITIATION	NOVICE	ATOM	PEEWEE	BANTAM	MIDGET
Skating	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.
Puck Control	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.
Small Area Games	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.
Shooting & Scoring			Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.
Goaltending*			Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.
Checking*		Mar. / Apr.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.
Creating Offence			Nov. / Oct.	Nov. / Oct.	Nov. / Oct.	Nov. / Oct.
Developing Def.			Nov. / Oct.	Nov. / Oct.	Nov. / Oct.	Nov. / Oct.
Special Teams				Jan. / Feb.	Sept. / Oct.	Sept. / Oct.
Creative Thinking*	Jan. / Feb.	Jan. / Feb.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.	Sept. / Oct.

* still to be developed

The OMHA will focus on the delivery of the four (4) highlighted Specialty Clinics to be piloted during the 2006-2007 season:

1) Skating 2) Puck Control 3) Small Area Games 4) Checking



CRITICAL PATH

<i>May 2006</i>	Training of Master Instructors
<i>August 2006</i>	Introduction of Program Draft
<i>September 10, 2006</i>	Pilot Clinic - Baltimore
<i>Sept. – Nov., 2006</i>	Pilot in Central and Western Regions (TBA)
<i>October 28, 2006</i>	Training of Specialty Clinic Instructors - Ancaster
<i>October 2006</i>	Review of Program
<i>Nov. 2006 – March 2007</i>	Delivery of Clinics to Minor Hockey Associations
<i>Spring 2007</i>	Training of Specialty Clinic Instructors – 3 remaining clinics



INSTRUCTORS

- ❖ **Instructors will be selected from each region and participate in a one day training session in October.**
- ❖ **This is a great opportunity for the OMHA to get new people involved in delivering development programs.**
- ❖ **Our current Instructors are busy enough with clinics so it is hoped we can identify and train new people.**
- ❖ **Ideally it is hoped current Instructors will identify potential candidates in their region and forward their information to the OMHA.**



INSTRUCTORS

The following criteria may be used as a guideline:

- ❖ Knowledge and skill base of technical aspects of hockey
- ❖ Good communication skills
- ❖ Good skill performance ability
- ❖ Knows and understands minor hockey coaching environments
- ❖ Strong interest and availability
- ❖ Willingness to be a resource for clinic follow-up



INSTRUCTORS

- ❖ One person can deliver a clinic but it may be desirable to use two Instructors until the program is understood and fully implemented.
- ❖ The time and date for the Training Seminar will be determined and the format will be available to those who wish to attend.
- ❖ One suggestion is that every Instructor who desires to attend brings with them a local person from their region. This way we will double our first year number. These clinics may become popular and we will require these people.



DELIVERY OF THE SPECIALTY CLINIC

Specialty Clinics have two components to them.

- classroom session
- an on-ice session.

<i>Classroom Session:</i>	<ul style="list-style-type: none"> ❖ Length will vary depending upon the number of skills to be presented. Each skill will require approximately 45-60 minutes of class time. ❖ Content of classroom session will include: <ul style="list-style-type: none"> · Video presentation of the skills to be illustrated to the coaches. · Group discussion of the skill set required for each skill execution. · Group discussion of the format of the on-ice session and review of the drill selections.
<i>On-Ice Session:</i>	<ul style="list-style-type: none"> ❖ Length of the on-ice session will vary depending upon the number of skills to be presented. ❖ Each skill will require approximately 60 minutes of ice time.



TARGET AUDIENCE

For the 2006 – 2007 season, the Specialty Clinics will be directed to the minor hockey coaches throughout the branch.

Because of the varying level of specialty skills offered, the clinics are applicable to the Initiation up to Midget level coaches.



CONTINUING EDUCATION PROGRAM (CEP)

OMHA Specialty Clinics provide Coaches with the opportunity to earn credits towards the re-qualification of their OMHA NCCP Certification.

Each OMHA Specialty Clinic carries a value of **10 credit points towards the required 25 Credits per 3 year-cycle.**



CLINIC HOSTING CRITERIA

A Minor Hockey Association wishing to book a Specialty Clinic must provide the following resource items:

1. Minor Hockey Association Mentorship Coordinator.
2. A classroom appropriate for lecture presentations to 24 delegates.
3. AV items including an overhead projector, screen, TV, DVD player, flip board.
4. Ice time sufficient for the presentation of the specialty skills (60 minutes / skill).
5. Attendance by at least 16 coaches (max 24).

The reasons for holding the MHA's to a strict qualifying standard (to host a clinic) is simply to ensure the Specialty Clinics leave a legacy behind for each MHA to continue the development of their mentorship program.



COST TO MINOR HOCKEY ASSOCIATION

Minor Hockey Association's will be charged a **reduced fee of \$75 for their first Specialty Clinic**. Subsequent clinics will be subject to a \$150.00 clinic fee.

Clinic participants will receive a photocopy of the coaches resource outline for each attending coach. Each skill outline is 20 pages in length.

The Host Association will receive a copy of the Hockey Canada Skills of Gold DVD Series for their Association's resource library from the Coach Mentorship budget.



COST TO THE OMHA

Summary of costs incurred by the OMHA:

ADMIN FEE	QTY	COST	COST
Instructor Fee	1	\$ 100.00	\$ 100.00
Participant Guide	24	\$ 2.00	\$ 48.00
Clinic Report Form	1	\$ 1.00	\$ 1.00
TOTAL FEE			\$ 149.00



EXAMPLE - ORANGEVILLE

OMHA COACHING DAY ORANGEVILLE • JANUARY 21, 2007

DATE: January 21, 2007

LOCATION: TONY ROSE ARENA, ORANGEVILLE

TIME: 10:30 AM – 4:30 PM

FEE: \$20.00

The OMHA is excited to announce our inaugural OMHA Specialty Clinic Coaching Day. The theme of the one-day session is 'From Manual to Ice' and will take the participant through a series of Specialty Clinics created by Hockey Canada. Three Specialty Clinics will offer coaches a classroom session followed by a practical on ice session on teaching various skills, tactics and systems.

This proactive, hands-on clinic will include the following modules:

1. SKATING 2. PUCKHANDLING 3. SMALL AREA GAMES



EXAMPLE - ORANGEVILLE

ITINERARY:

TIME	MODULE
10.30-10.45 am	INTRODUCTION
10.45-11.30 am	CLASSROOM SESSION: SKATING
11.30-12.15 pm	CLASSROOM SESSION: PUCKHANDLING
12.30-1.30 pm	ICE SESSION: SKATING
1.30-2.30 pm	ICE SESSION: PUCKHANDLING
2.30-3.15 pm	LUNCH & CLASSROOM SESSION: SMALL AREA GAMES
3.30-4.30 pm	ICE SESSION: SMALL AREA GAMES
4:30 pm	WRAP-UP

To host a clinic, please complete the OMHA Coaches Specialty Clinic Booking form available on the OMHA website at www.omha.net.



THE ONTARIO MINOR HOCKEY ASSOCIATION DEVELOPMENT PROGRAMS



OMHA™
DEVELOPMENT
COACHING PROGRAM