THE ONTARIO MINOR HOCKEY ASSOCIATION DEVELOPMENT PROGRAMS

OMHA COACH MENTORSHIP PROGRAM

'BEST PRACTICES' WORKSHOP

JANUARY 13, 2007

WSMHA Mentorship Program 2006-2007

OMHA DEVELOPMENT COACHING PROGRAM

COACHES HELPING COACHES

OMHA Coaching Program: REGIONAL DEVELOPMENT LEADERS

The VISION of the Program will be to create a network of support and implementation throughout each region and ultimately each MHA:

OMHA Regional Development Leaders (7)

OMHA Skills Coaches

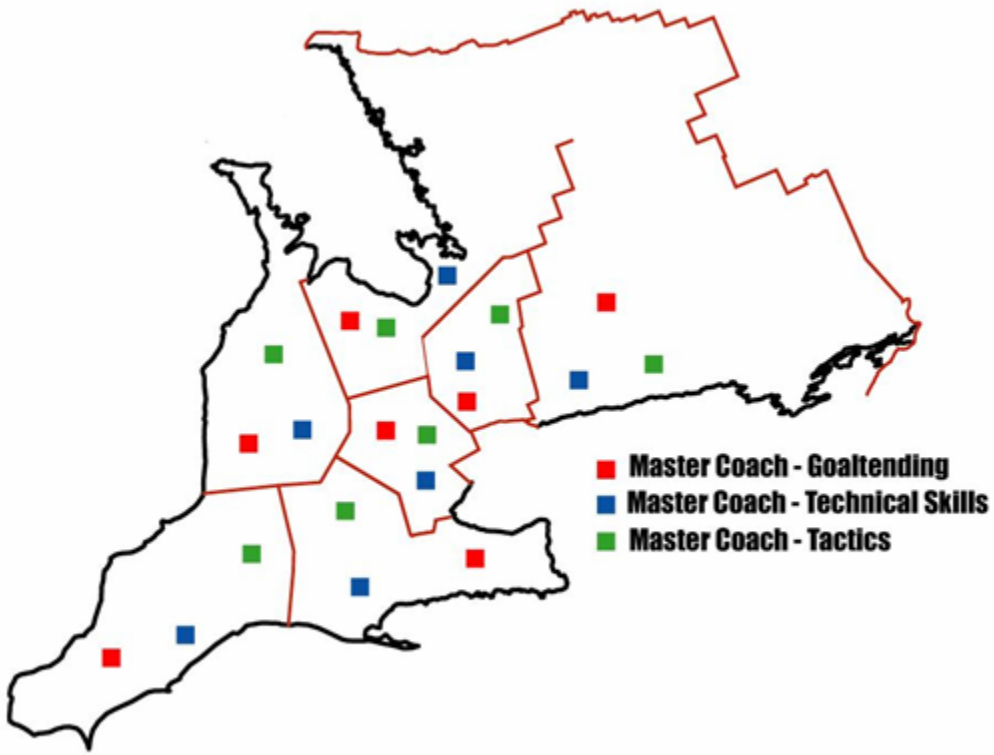
- 1 - Goaltending
- 2-3 - Technical Skills
- 2-3 - Individual / Team Tactics

Regional Skills Coaches

- 7 - Goaltending
- 7 - Technical Skills
- 7 - Individual / Team Tactics

MHA Skills Coaches

- 1 - Goaltending
- 1 - Technical Skills
- 1 - Individual / Team Tactics



OMHA Coaching Program: REGIONAL DEVELOPMENT LEADERS

REGIONAL DEVELOPMENT LEADER

will work closely with the following:

- *REM's*
- *Technical Director - Coaches*
- *Coach Mentors*
- *Region Coordinators*
- *NCCP Instructors*
- *Skills Coaches*
- *OMHA Office*

The Regional Development Leader's role is two-fold:

1. Act as the development contact for all development initiatives in the region.
2. Act as a direct liaison with all associations within the region and support them in implementing development initiatives.

OMHA Coaching Program: REGIONAL DEVELOPMENT LEADERS

The **Regional Development Leader** is the key development contact in their region.

- They will attend league meetings and discuss an development initiatives including the NCCP
- They will work closely with the REM's, Development Coordinators, Instructors in their region

They will also 'mentor' associations on implementing programs in their associations such as:

- Creation of a development philosophy for their association
- Long-term Athlete Development Plan
- Implementation of OMHA Development Programs such as the Initiation Program, Coach Mentorship, Specialty Clinics, Skill Testing.

OMHA Coaching Program: REGIONAL DEVELOPMENT LEADERS

The **Regional Development Leader** will also work toward developing a group of Skills Coaches in their area. These 'experts' will be available to work with associations to:

- Deliver Specialty Clinics to their coaches
- Develop Skills Coaches at the MHA level
- Observe NCCP delivery throughout their region

BEST PRACTICES WORKSHOP

WSMHA Mentorship Program 2006-2007

Greg Roberts

Coaching Ain't Easy…..Mentors Make it Easier

BEST PRACTICES WORKSHOP

Contents

- Motivation: coach/mentor
- Mentorship/mentorship marketing
- Matching program
- Points of contact: how/when
- Planning: guidelines for season
- Maximizing resources: mentors & other hockey contacts, website, coaching manuals

Coaching Ain't Easy…..Mentors Make it Easier

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Mentorship Marketing

- Coaching surveys
- Association website
- Posters around town and/or arena
- Information packages for new coaches
- 'Word of mouth"
- Sharing contact information for ALL mentors
- Coach selection meetings

Coaching Ain't Easy…..Mentors Make it Easier

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Motivation

MENTOR: share experience and support fellow coach

"Not to critique but to construct"

COACH: to accept mentor & use a resource available to be a better coach for the players

- to be compelled to look at mentor as a "silent co-coach" on your team

Coaching Ain't Easy…..Mentors Make it Easier

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Mentorship Matching

- Based on responses to questionnaires/surveys, we will match our coaches up with the most suitable mentor
- Characteristics: experience; compatibility; existing relationships etc.
- Review these pairings with coaches and make any necessary changes
- Provide mentor's contact information to fellow coach
- Introduce points of contact for the process throughout the season

Coaching Ain't Easy…..Mentors Make it Easier

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Points of Interest

- Coaching self –evaluation
- Review of evaluation with mentorship team
- Identify problematic areas
- Assign mentor coach (mentor matching)
- One on one meeting with mentor and coach to plan approach for he year
- Follow-up meetings at least two more times to review progress and make changes
- Final meeting for feedback

Coaching Ain't Easy…..Mentors Make it Easier

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Planning

- Practice planning tips
- Practice/game attendance
- Skill Assessment of players
- Team concepts assessment
- Practice planning strategies
- Measurement/Evaluation
- Recognition/Rewards
- Leader Selection
- Parental communication
- Chalk Talks/ X's & O's

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Maximizing Resources

- Coach Mentor
- Coaching Staff/Manager
- Coaching community
- Videos
- Parent Experience/Skills
- Players
- Skills Binders
- www.coachesclub.ca

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Final Thoughts

Don't Do It Alone

Don't Take it Personally

Maximize Your Resources

Coaching Ain't Easy…..Mentors Make it Easier

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