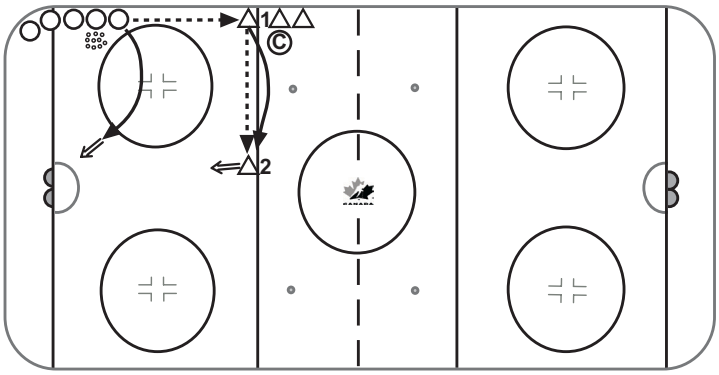
Shooting - Defence (Point Shot) - Forward (Attack Net)

- Forwards on half wall, D on Blue line
- Forward passes to D. D makes D to D pass for shot from middle of ice
- Forward takes second puck, attacks net for shot on goal

Key teaching points

- Good pass to D, then quick lateral pass to D partner
- Quick shot on net



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