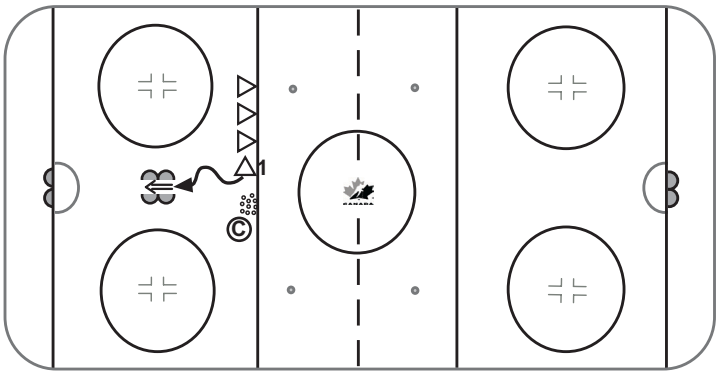
Shooting - Forwards – Find the Lane #2

- Place two nets facing each other inside blue line
- Pucks at blue line
- Players grab puck, skate towards net, fake shot, then shoot through the nets

Key Teaching Points

- Head up, good fake
- Find Lane



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