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| Subject: | Language Arts |
| Title: | Pep Talk |
| Grade Level: | 4 |
| Purpose: | Have students envision what they could say to a group of athletes to boost morale and inspire them to try their best to win a game. |
| Curricular  Connections: | * Use talk, notes, personal writing and representing to record and reflect on ideas, information and experiences. * Use ideas and concepts, developed through personal interests, experiences and discussion, to understand new ideas and information. * Comprehend new ideas and information by responding personally and discussing ideas with others. |
| Materials: | * Pep talk planning and writing page |
| Activity: | 1. Review the structure of a three period hockey game, with breaks. 2. Explain how a coach talks to the players during the period breaks. What makes this an important game to win. For example:  * Is the team playing to get into the play offs? * Is it a Stanley Cup playoff game? * Is it against a team they have a fierce rivalry with?  1. As a class (model write) then on their own, students create a scenario where a hockey team needs motivation. 2. Discuss with students what motivates athletes. Ask students:  * **who** they think the athletes would play their best for: fans, family, other teammates, etc. * **why** an athlete may not be playing their best game * **what** are some things they would say if they were the coach to help motivate the players to try and win the game  1. Write a pep talk to give to your team. 2. Share it with the class or a classmate. |
| Extension: | Discuss the positive and negative ways to motivate people. Students decide what would be more inspiring, and why. |
| Assessment: | Is the student able to:   * Imagine a scenario where a pep talk would be needed. * Focus their motivational writing to connect with the scenario. * Utilize language to motivate. |

**Scenario**

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**Pep Talk**

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