



2010 Hockey Canada Concussion Seminar

in association with

Think First Canada

and sponsored by

The Dr. Tom Pashby Sports Safety Fund



November 13th 2010
The Westin Hotel
Montreal, QC

AGENDA
Hockey Canada Concussion Seminar
November 13, 2010

Le Westin Hotel, Montreal, PQ
Montreal Ballroom

Honorary Chair: **Bob Nicholson, President, Hockey Canada**

Co - Chairs: **Dr. Suzanne Leclerc, Dr. Charles Tator, Dr. Howard Winston**

Morning Session

9:00

Hockey Quebec
Opening Remarks-IIHF

Michael Brind'Amour
Murray Costello

Importance of Concussion Seminars

Mark Aubry

Introduction of Midget Player
My Concussion Personal Story

Howard Winston
Hans Brûlé/Mylène Boisvert

What is a concussion?
Concussion Evaluation
How to Manage a Concussion
Return to Play
Reducing the Risk of Concussion

Jamie Kissick
Suzanne Leclerc
Jamie Kissick
Suzanne Leclerc
Jamie Kissick

Stretch Break

Howard Winston

Where are we now?
A History of Concussion Diagnosis, Management and Awareness
Mouth Guards in Hockey Yes/No
On Ice Traumas
From Rink to ER...In Hospital Actions - Guide for Parents at Home

Charles Tator
Paul Piccininni
Vincent Lacroix
Scott Delaney

End of Morning Session

Complimentary Buffet Lunch

Keynote Speaker and Personal Story

Kevin Mailhiot

Dr. Tom Pashby Sports Safety Fund – Award Presentation

Dr. Bob Pashby

Afternoon Session

1:30

Peer Pressures to Return to Play (Players, Coaches & Parents)

Paul Dennis

Protective Equipment & Body Checking

Pat Bishop

Trainers Perspective and ‘What’s New’ in Concussions - World Wide

Mark Aubry

Break

Resume Afternoon Session

2:45

Questions and Answers
Networking

Facilitators: Howard Winston
Suzanne Leclerc
Vincent Lacroix
Charles Tator

Panel Discussion

All Speakers

4:30

Closing remarks

Murray Costello

THANK YOU

Please Complete the Evaluation Form and return to registration desk

Program concept developed by Lois Kalchman and Bev Woods

SPEAKERS

MARK AUBRY, MD Dip. Sport Med. (CASEM) - Chief Medical Officer (CMO) International Ice Hockey Federation (IIHF). CMO Hockey Canada, CMO Canadian Olympic Team 1992 Winter Olympics, CMO Canadian Universiade Team 1991, Member of the IOC Medical Commission, Co-Director Ottawa Sport Medicine Centre, he helped organize the Symposium on Concussion in Sport leading to the Agreement Statement on Concussion in Sport (2001-Vienna and 2004- Prague). He has recently helped organize the Third International Symposium on concussion in Sport (2008-Zurich).

He is currently one of the Team Physicians of the Ottawa Senators of the NHL, Team Physician Ottawa 67s 1996-2005, Team Physician Ottawa Rough Riders Football Team, 1983-2005, Trainer for minor hockey teams 1989- 2000. He helped develop the Hockey Canada Safety Program and is a member of the Hockey Canada Safety Program Committee.

He has had a Family Practice in Hull, Quebec since 1981 and is the 2006 recipient of the Dr. Tom Pashby Safety Fund Award.

PATRICK J. BISHOP, Ph.D. – Professor Emeritus University of Waterloo. Pat is chair of the Canadian Standards Association (CSA) Committee on Equipment and Facilities for Ice Hockey and a member of the CSA Technical Committee on Helmets for Alpine Skiing and Snowboarding. He is also a member of the American Society for Testing and Materials Committee F-8 on Sports Equipment and is Head of the Delegation to the International Organization for Standardization (ISO) Technical Committee 83, Sub Committee 5 on Equipment and Facilities for Ice Hockey. He also serves on the CSA Technical Committee on Industrial Head Protection and the CSA Strategic Steering Committee on Community Safety and Wellbeing. Pat is a member of the University of Waterloo Athletic Hall of Fame and is the first recipient of the Dr. Tom Pashby Sports Safety Award for his research in catastrophic injuries in sport.

J. SCOTT DELANEY, MD - Practices emergency medicine and sport medicine at McGill University in Montreal, Quebec. He has a fellowship in sport medicine and is the research director for the McGill University Health Centre Adult Emergency Department. He is an associate professor at McGill University and is a team physician for the Montreal Alouettes, Montreal Impact, McGill Football, McGill Men's and Women's Soccer teams and Cirque du Soleil. He is a member of the editorial board for the Clinical Journal of Sport Medicine and his research interests include concussions and neck injuries in both the athletic and emergency department populations.

PAUL DENNIS, BPHE, BED, MA, and Ph.D. – After a 20 year career with the Toronto Maple Leafs, Paul recently retired and is lecturing in sport psychology at York University and the University of Toronto. He is a member of the American Psychological Association and the Association for Psychological Science. He is a published author in sport psychology journals and textbooks. He is a past president of the Toronto Marlboros of the Greater Toronto Hockey

League, and has coached both minor and major junior hockey. In the mid-1980s he began his association with the Toronto Maple Leafs as head coach of the Toronto Marlboros of the Ontario Hockey League. He was also the sports psychologist to Canada's World Junior Team in 2002 and 2003. This past summer he presented at the 2010 IIHF/Hockey Canada Summit. He was appointed as a special advisor to the GTHL Board of Directors and initiated an educational program for suspended coaches.

JAMES KISSICK, MD., CCFP, Dip. Sport Med. – Dr Jamie Kissick is a sport medicine physician from Ottawa, practicing at the Ottawa Sport Medicine Centre. He holds the Diploma in Sport Medicine from the Canadian Academy of Sport Medicine, and is a former president of this organization. His main clinical interest is concussion in athletes. He was head team physician of the Ottawa Senators from 1992-2002, and has also been a team physician for the Ottawa Renegades (CFL), and Ottawa Lynx (Triple A Baseball). He is currently the team physician for the National Mens' Sledge Hockey team as well as part of the health care team at the Olympic Games, Pan American Games, World University Games, and Canada Games. He was the Site Medical Officer for Ottawa for the FIFA U20 World Cup (soccer). He is the recipient of the 2006 Think First Public Education and Awareness Award, and is a member of Think First's Board, as well as its Concussion Education, Soccer Safety, and Hockey Safety Committees. He is an "old timers" hockey player, and has also been a minor hockey coach and trainer.

VINCENT J. LACROIX, MDCM, CCFP, Dip. Sport Med. - Born in Montreal, Dr. Lacroix practises non-operative orthopedics and primary care sport medicine at the McGill University Health Centre. He is head physician of the Montreal Alouettes Football Club, associate director of the McGill Sport Medicine Clinic and team physician for the Department of Athletics at McGill University. He has worked as a consulting sport medicine physician for the Montreal Canadiens hockey club.

Dr. Lacroix is assistant professor in the Department of Family Medicine and director of the Edmond Ricard Primary Care Sport Medicine Fellowship Program at McGill University. His clinical and research interests are in the area of lower abdominal wall injuries, exercise-induced asthma, pre-participation physical examinations and the ethical challenges of returning injured athletes to competition. An avid skier who enjoys tennis and sailing, Dr. Lacroix was assistant coach of the McGill Redmen basketball team from 1988 to 1993.

SUZANNE LECLERC, MD, Ph.D - Medical director of the National Multisport Centre in Montreal; head physician of the national short-track speed skating team; physician for the national swimming and water polo teams. Dr. Leclerc is the head physician of the University of Montreal Carabins' teams, physician for the national women's hockey team from 1998 to 2005; team physician at the 2002 (female hockey), 2006 and 2010 (short-track speed skating) Olympics.

PAUL PICCININNI, BSc, DDS, FADI, FASD – Dr. Piccininni is a member of both the IIHF (International Ice Hockey Federation) Medical Committee and the IOC Medical Commission (Games Group), and has worked at the last eight Summer and Winter Olympic Games including Vancouver. Paul has co-ordinated Medical Services for countless World Championships including Athletics, Basketball and Ice Hockey. He is a member of the Sports Medicine Staff at York University and is Team Dentist for the Mississauga St. Michael's Majors of the Ontario Hockey League. Paul is President of the International Society for Dentistry, Sport and Trauma, and is a Fellow of the Academy for Sports Dentistry. He has a private practice in Toronto.

CHARLES TATOR, CM, MD, MA, PhD, FRCS, FACS - Charles Tator is a professor in the Department of Surgery, at the University of Toronto, and a neurosurgeon at the Toronto Western Hospital. He started the first acute spinal cord injury unit in Canada in 1974, and has performed many clinical studies on the epidemiology, prevention and treatment of brain and spinal injuries. In 1992, he founded ThinkFirst, Canada, a national brain and spinal cord injury foundation whose mission is to reduce the incidence of these catastrophic injuries in Canadian sport. In 2000, he received the Order of Canada. ThinkFirst is a leader in the promotion of safety for Canada's children, teenagers and young adults. ThinkFirst develops and disseminates targeted injury prevention programs in schools and in the sports and recreation community, including the "Smart Hockey" and Concussion Road Show programs in hockey. Other sports and recreational activities in which ThinkFirst is currently involved include skating, tobogganing, snowmobiling, bicycling, soccer, horseback riding, skiing, snowboarding and diving. He is also a director of the Dr. Tom Pashby Sports Safety Fund. His book entitled "Catastrophic Injuries in Sports and Recreation., Causes and Prevention-A Canadian Study" was published in 2008 by the University of Toronto Press. He was inducted into the Canadian Medical Hall of Fame in 2009.

HOWARD WINSTON, MD., CCFP, FCFP, Dip. Sport Med., (CASEM) – Dr. Winston is a Sports and Family Physician and Medical Director of the Centre for Health & Sports Medicine in North York, Ontario. He is a member of the Canadian Academy of Sport & Exercise Medicine, an Assistant Professor in the Department of Family & Community Medicine at the University of Toronto and a member of the University of Toronto Sports Medicine Fellowship Committee. He has recently become a member of the Canadian Standards Association (CSA) Committee on Equipment and Facilities for Ice Hockey and is a Consultant Board Member of The Dr. Tom Pashby Sports Safety Fund.