

An Overview of Extracorporeal Membrane Oxygenation

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Extracorporeal membrane oxygenation (ECMO) is an advanced life support technique employed for severe respiratory, cardiac, or combined cardiopulmonary failure refractory to conventional treatments.¹ The main objective of ECMO is to oxygenate systemic venous blood and remove carbon dioxide while the failing lung or heart are allowed to recover, or to serve as a bridge to longer-term life support therapies or transplantation.²

While traditionally viewed as a rescue therapy, ECMO has seen a notable surge in recent decades. Data from the international registry of the Extracorporeal Life Support Organization (ELSO) show that 16,803 ECMO procedures were conducted across 557 healthcare institutions worldwide in 2022.³

Complications related to ECMO are identified in nearly half of patients.⁴ The most common include

hemorrhage, thromboembolic disease, renal failure, sepsis, and vascular injury.⁴

Noninvasive imaging plays a pivotal role in the assessment of ECMO patients, serving as a critical tool to detect complications or malpositioning of ECMO cannulas.⁵ Consequently, an understanding of normal and abnormal imaging appearances is imperative. Furthermore, an awareness of the hemodynamic disturbances that may arise with ECMO, necessitating specific considerations when planning contrast-enhanced studies, is essential for radiologists and imaging technologists.⁶ This article reviews the fundamentals of ECMO, explores the various cannulation techniques, and provides practical insights for the technical planning of contrast-enhanced CT studies in patients under ECMO support.

Fundamental Concepts

A standard ECMO circuit consists of several key components: an inflow cannula that drains deoxygenated venous blood from the body, a mechanical pump facilitating circulation of blood within the system, a membrane oxygenator that removes carbon dioxide and replenishes oxygen, a heat exchanger to warm blood as it passes through the oxygenator, and an outflow, or reinfusion, cannula that returns the oxygenated blood to circulation (Figure 1).⁷

There are two primary ECMO configurations, differentiated by the location and function of the return cannula: Venovenous (VV) and Venovenous-arterial (VA) circuits. VV-ECMO is designed to provide respiratory support without cardiac support, as the oxygenated blood is reinfused to the systemic venous circulation. Therefore, this configuration relies on optimal cardiac function and is used only when cardiac output is adequate.

Conversely, VA-ECMO provides cardiac and respiratory support, bypassing the heart and lungs in a fashion similar to conventional cardiopulmonary bypass. In VA-ECMO, the return cannula is placed in the systemic arterial circulation, so the external pump aids in circulating the blood throughout the body.^{7,8}

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Figure 1. Fundamentals of the ECMO circuit. Deoxygenated venous blood is drained from the body through a drainage cannula and circulated through the ECMO machine by a mechanical pump. The blood is oxygenated, and carbon dioxide is removed by a membrane oxygenator connected to an oxygen-air blender, conventionally referred to as a sweep gas. Oxygenated blood is then reinfused by an outflow cannula to the systemic arterial (VA-ECMO) or venous (VV-ECMO) vascular system.

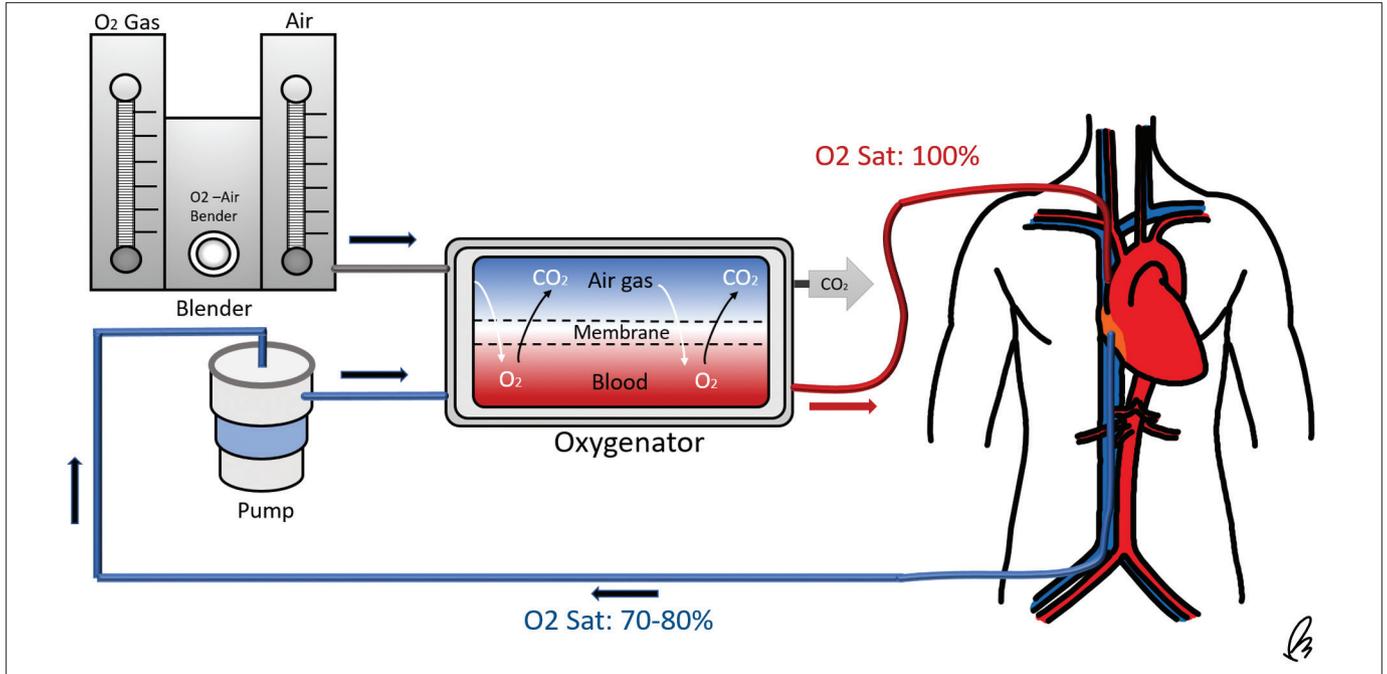


Figure 2: Cannulation strategies for VV-ECMO. (A) Inferior vena cava-right atrium (IVC-RA). The drainage cannula should be placed within the IVC through a femoral vein, and the reinfusion cannula in the superior cavoatrial junction or RA through the right internal jugular vein (IJV) (B) Femoral vein-femoral vein. Both cannulas enter through different femoral veins. The drainage cannula is located within the IVC in a lower position than in the IVC-RA approach. The reinfusion cannula should be located higher than the drainage cannula, at the level of the RA or cavoatrial junctions. (C) Single cannulation. A double lumen bicaval cannula with three ports is inserted through the right IJV. The proximal and distal ports drain deoxygenated blood and should be located in the superior and inferior vena cava, respectively. The mid port reinfuses oxygenated blood and should rest in the RA, aiming towards the tricuspid valve.

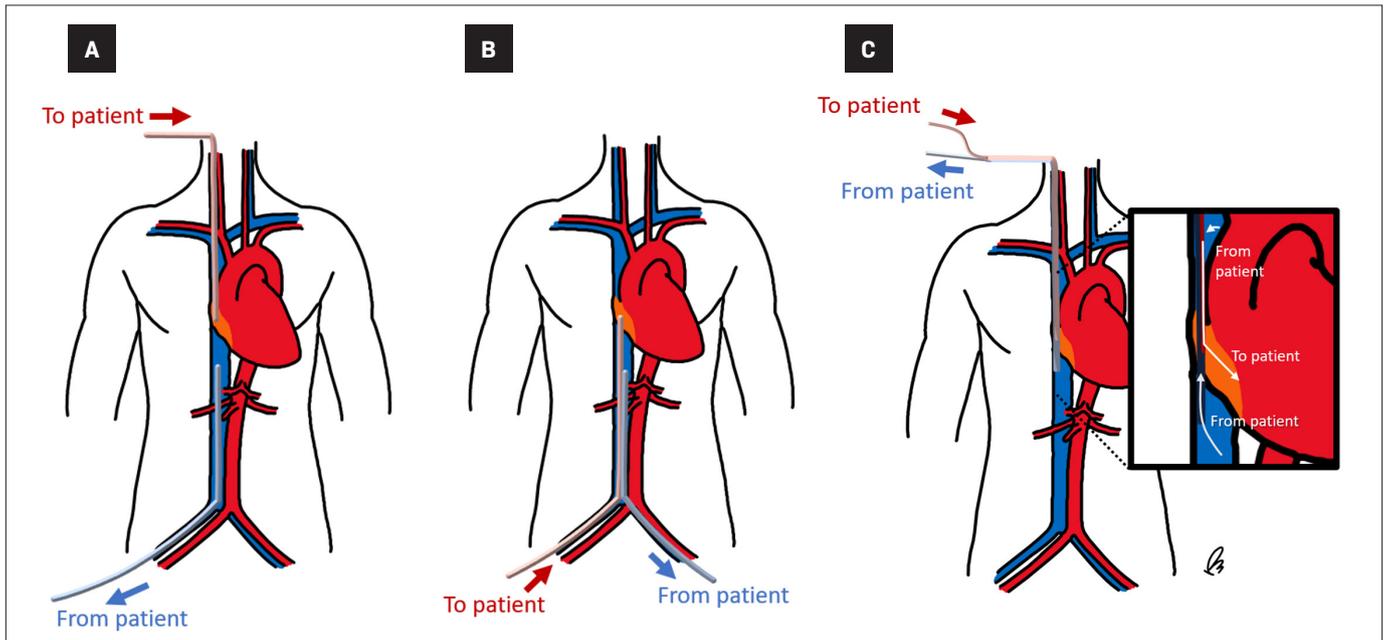
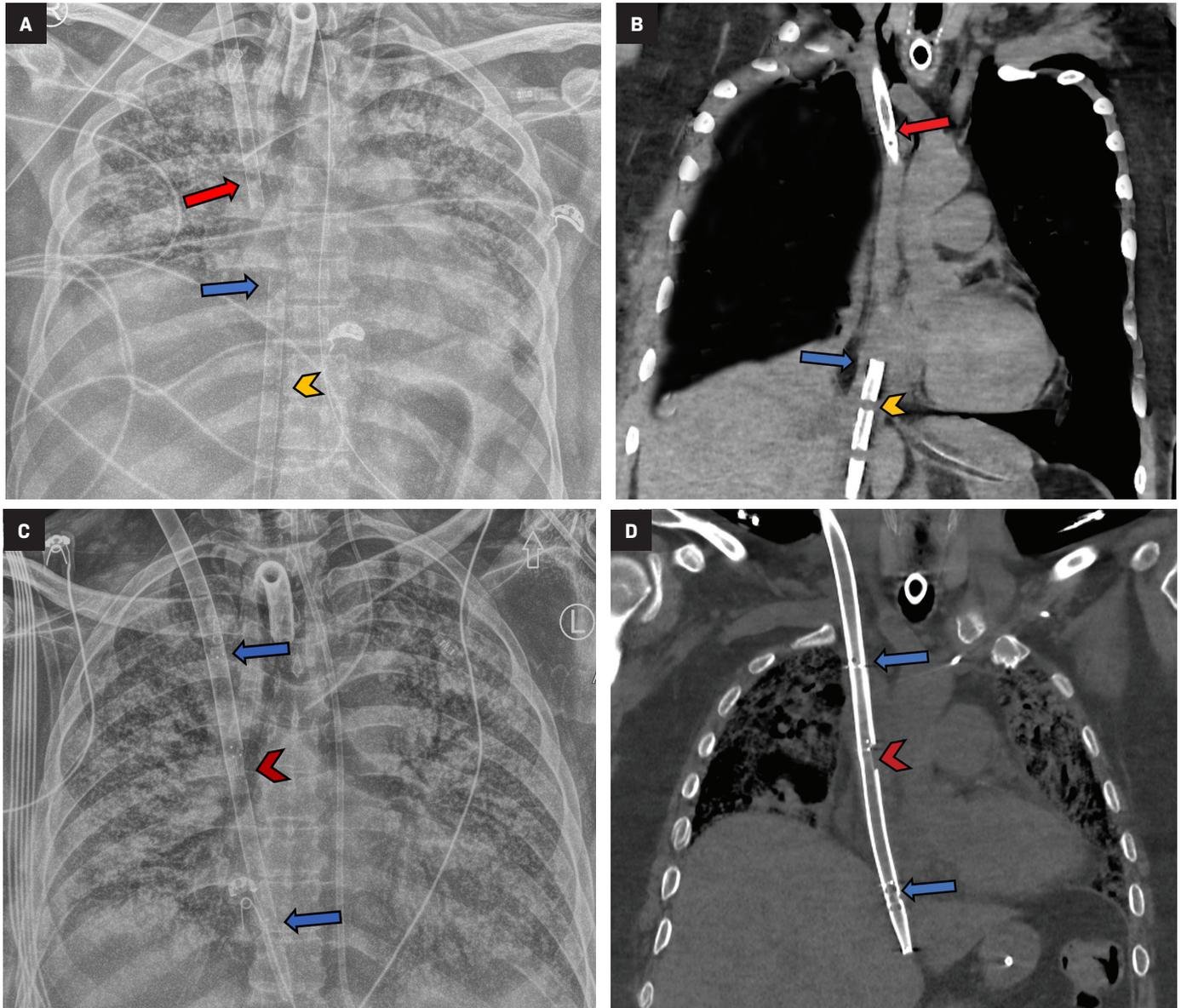


Figure 3. IVC-RA approach in an adult with severe ARDS due to COVID-19. Frontal chest X-ray (A) and chest CT coronal reformat (B) show the reinfusion cannula located at the level of superior cavoatrial junction (red arrows) and the drainage cannula within the inferior cavoatrial junction (blue arrows). Drainage cannula side-ports are also noted (yellow arrowheads). Single cannulation VV-ECMO in an adult with influenza pneumonia, frontal chest X-ray (C) and chest CT coronal reformat (D) depict a dual lumen bicaval cannula. The drainage ports are located within the superior SVC and inferior cavoatrial junction (blue arrows), and the reinfusion port rests within the superior cavoatrial junction (red arrowheads). Extensive bilateral airspace and interstitial opacities are seen in both patients.



There are various cannulation alternatives for VV- and VA-ECMO; these are indicated based on availability and patient conditions and lead to different imaging appearances.⁹

Role of Imaging

Noninvasive imaging plays a pivotal role in the assessment of cannula

positioning and timely detection of complications.¹⁰ Transthoracic or transesophageal echocardiography and fluoroscopy are usually used for guidance during initial cannulation.^{9,11} Chest and abdominal radiography is useful following initial placement to confirm adequate cannula positioning and reveal any unintended migration. Additionally, the radiographs may depict early signs of

complications such as hemothorax or pneumothorax.

Ultrasound is a portable and readily available modality that may be employed to monitor complications such as insertion site hematomas, deep vein thrombosis, or distal limb hypoperfusion.

Computed tomography may be required to evaluate suspected complications that cannot be fully

Figure 4. Cannulation strategies for veno-arterial ECMO. In central VA-ECMO (A), the drainage and reinfusion cannulas are positioned directly into the RA and ascending aorta, respectively. Central VA-ECMO is typically initiated in the operating room for postcardiotomy patients who are unable to be weaned off cardiopulmonary bypass. In peripheral VA-ECMO: The venous cannula may be placed within the SVC, RA, or IVC and may be inserted through a femoral vein or, less frequently, the IJV. The arterial cannula is most commonly inserted through a femoral vein contralateral to the drainage cannula, terminating in the external or common iliac arteries, or within the distal abdominal aorta (B). Less frequently, the arterial cannula may be inserted through the axillary, common carotid, innominate, or subclavian arteries towards the ascending aorta (C).

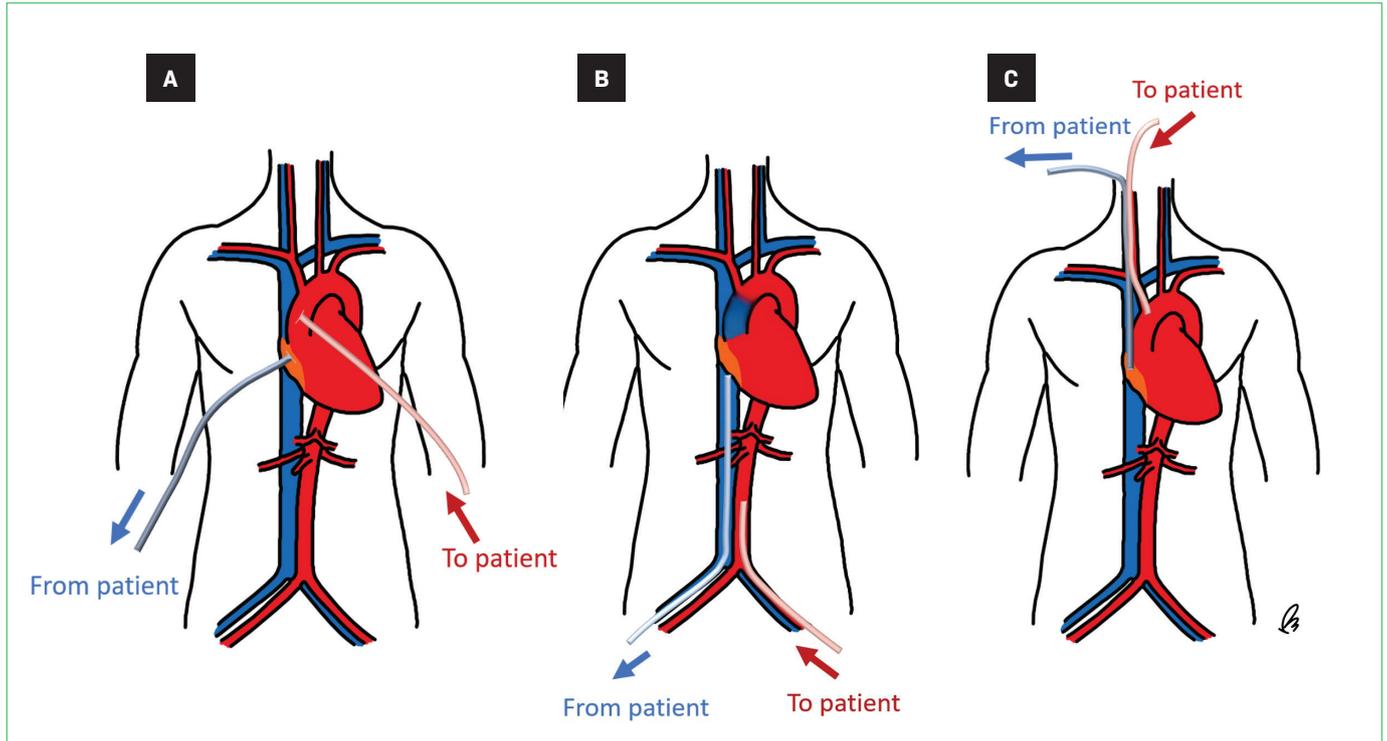


Figure 5. Central VA-ECMO in an adult with severe myocarditis and ARDS. Frontal chest X-ray (A) and chest CT coronal reformat (B) show transthoracic ECMO cannulas. The drainage cannula enters through the inferior SVC and terminates near the inferior cavoatrial junction (blue arrows). The arterial cannula enters through the ascending aorta towards the proximal aortic arch (red arrows). There are bilateral interstitial and airspace inflammatory opacities in both lungs.

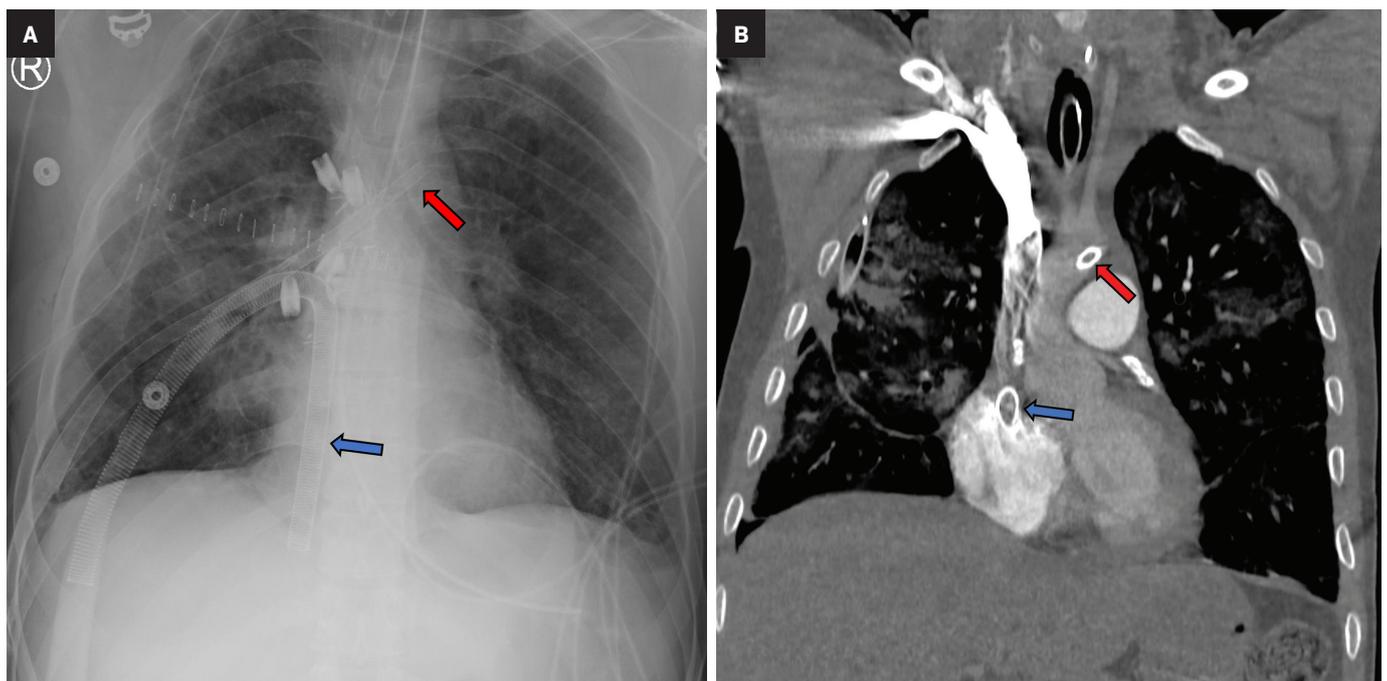
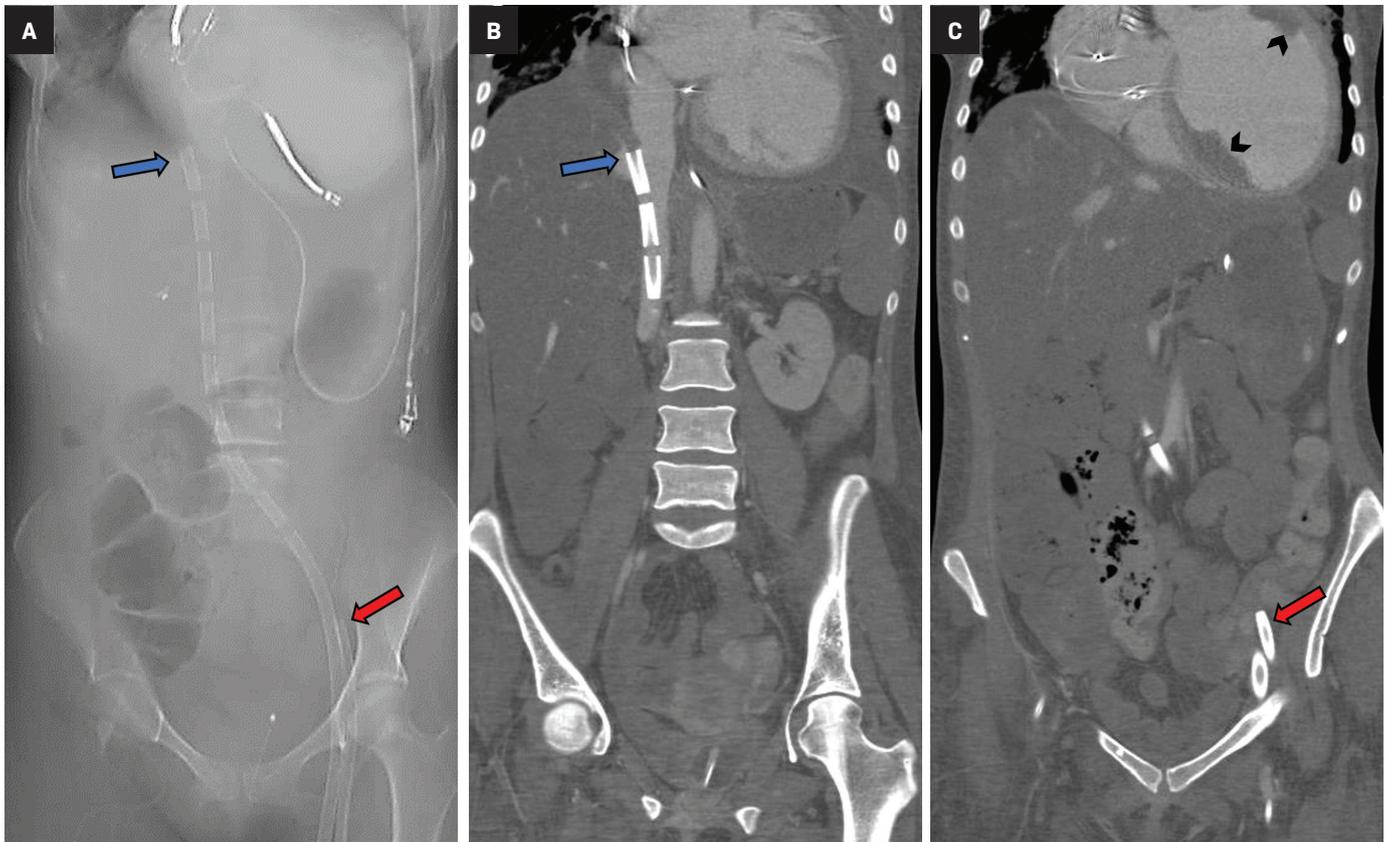


Figure 6. Peripheral VA-ECMO in an adult with dilated cardiomyopathy and cardiogenic shock. Abdominal CT scout view (A) and coronal reformats (B, C) show the drainage cannula within the hepatic IVC (blue arrows) and the arterial cannula within the left external iliac artery (red arrows). The left ventricle is severely dilated and shows multiple peripheral thrombi (arrowheads).



evaluated by radiography or ultrasound. The modality's high spatial resolution allows for accurate assessment of cannula positioning. Additionally, administration of intravenous contrast allows for comprehensive evaluation of complications, including bleeding, vascular injury, and thromboembolic disease.

Veno-Venous ECMO: Subtypes and Normal Appearances

VV-ECMO may be considered in patients with severe, acute, and reversible respiratory failure that is refractory to standard medical management¹² or those who require a bridge to lung transplantation.¹³ A complete list of indications may be found in the latest ELSO guidelines.¹² At present, the only absolute contraindication for initiating VV-ECMO is an expected inability of the patient

to recover without a feasible plan for decannulation.¹²

VV-ECMO can be performed either with two single-lumen cannulas or with a single dual-lumen cannula (Figure 2).¹⁴ When two single cannulas are used, they may be placed in the following locations:

- **Inferior Vena Cava - Right atrium**
The drainage cannula should be positioned within the IVC through a femoral vein with the side ports at the level of the hepatic veins, and the reinfusion cannula should be positioned in the superior cavoatrial junction or right atrium through the right IJV.^{9,12,14} Direction of the flow may be switched, but the latter configuration is preferred.^{14,15} Correct positioning of the cannulas is critical to prevent recirculation of reinfused oxygenated blood into the ECMO circuit before entering the

systemic circulation; however, there is no standard distance that should be maintained between the ports.^{12,16}

- **Femoral vein-Femoral vein.** In this approach, both cannulas enter through different femoral veins. The drainage cannula is located within the IVC, usually lower than with the IVC-RA approach. The reinfusion cannula should be located higher than the drainage cannula, at the level of the right atrium or cavoatrial junctions. This approach poses a higher risk of oxygenated blood recirculation, as both cannulas may be positioned closer together, but the complexity of insertion is lower, and it avoids the risk of neck vessel cannulation injury.^{8,17}

Single cannulation is achieved by inserting a double-lumen bicaval cannula with three ports through the right IJV. The proximal and distal

Figure 7. Hemodynamics of peripheral VA-ECMO and dual circulation. During femoral arterial cannulation, the reinfused oxygenated blood takes a non-physiological route towards the upper body, counter to the direction of blood propelled by the patient’s heart. This can lead to a phenomenon termed “dual circulation,” in which the lower body receives adequate oxygenation while the upper body experiences hypoxemia (A). Contrast-enhanced chest CT sagittal reformat (B) shows a watershed area at the distal ascending aorta, as the reinfused retrograde oxygenated blood competes with the antegrade deoxygenated blood coming from the bypassed lungs (arrow).

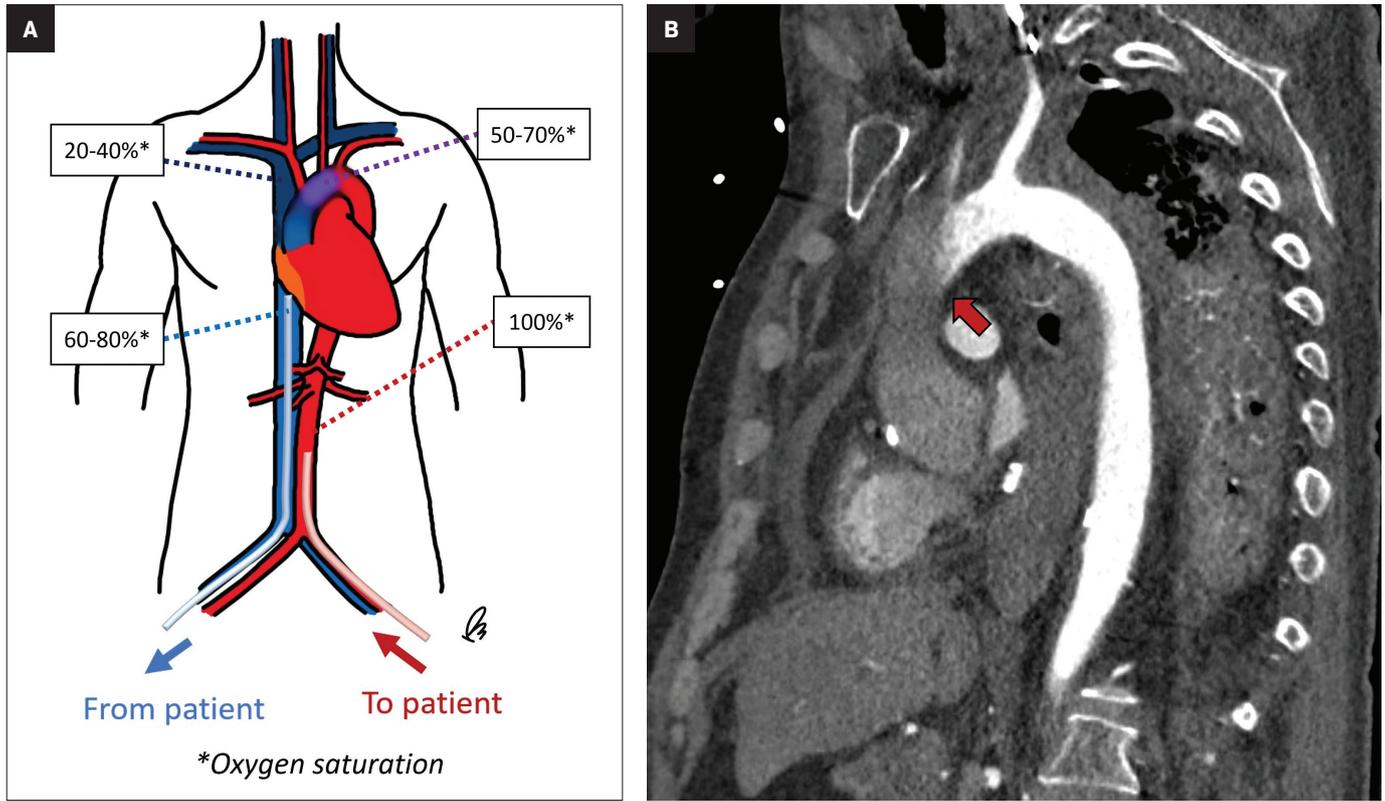


Figure 8. VA-ECMO in an adult with decompensated heart failure. Frontal chest X-ray shows an inflow cannula that has slightly migrated towards the RA (blue arrow). A transeptal venting cannula courses from the IVC towards the RA (yellow arrow).

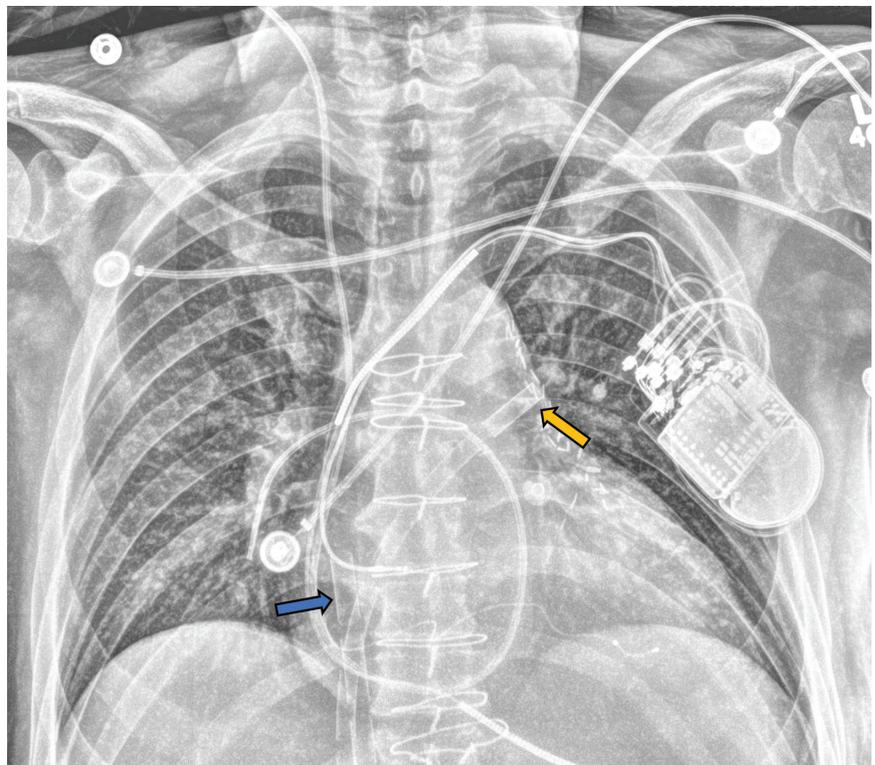


Table 1: Strategies for optimizing contrast-enhanced CT during ECMO.

TYPE OF ECMO		AORTA CTA	HEAD & NECK CTA	PULMONARY ARTERY CTA	CARDIAC CHAMBERS	PORTAL-VENOUS PHASE
VA-ECMO	Central / Upper body Peripheral	Contrast should be administrated through the oxygenator inlet without modifying ECMO flow.		Contrast should be administrated through a central venous line while reducing ECMO flow as much as possible, in order to avoid pulmonary circulation bypass.	Contrast administered through the oxygenator inlet. Aim for a delayed equilibrium phase as not all the cardiac chambers may opacify at the first pass of contrast bolus.	Administer contrast through the oxygenator inlet without modifying ECMO flow.
	Femoral Peripheral	<p>In patients with low cardiac output, contrast should be injected through the oxygenator inlet without modifying ECMO flow (retrograde filling).</p> <p>In patients with preserved cardiac function, use of a central venous line is recommended while reducing ECMO flow.</p>	Contrast should be administrated through a central venous line while reducing ECMO flow.			
VV-ECMO	IVC-RA	Contrast should be administered through the oxygenator inlet with a usual ECMO flow.				
	F-F	If a central venous line is required for injection, it is advisable to reduce ECMO flow to decrease recirculation of intravenous contrast				

VA-ECMO: Veno-arterial ECMO; VV-ECMO: Veno-venous ECMO; IVC-RA: Inferior vena cava-Right atrium; F-F: femoral vein-femoral vein. Based on references 40-43.

ports drain deoxygenated blood and should be located in the superior and inferior vena cava, respectively. The mid port reinfuses oxygenated blood from the ECMO circuit and should rest in the RA, aiming towards the tricuspid valve.^{9,18} While dual-lumen VV-ECMO presents greater technical challenges compared to double cannulation methods, it offers advantages such as reduced recirculation rates and reduced bleeding risk due to the need for just a single vessel puncture. This is largely because most of the deoxygenated blood is drained from the proximal part of the cannula at the SVC (Figure 3).^{19,20}

Veno-Arterial ECMO: Subtypes and Normal Appearances

VA-ECMO has evolved as a salvage strategy for patients with cardiogenic shock or cardiac arrest unresponsive to conventional treatments.^{21,22} However, lack of clear evidence has resulted in a low-level recommenda-

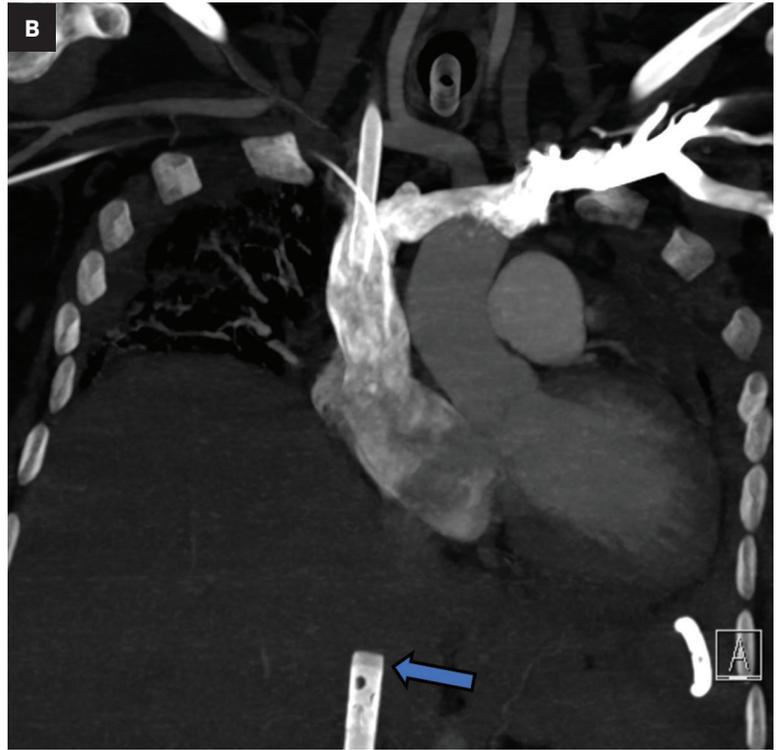
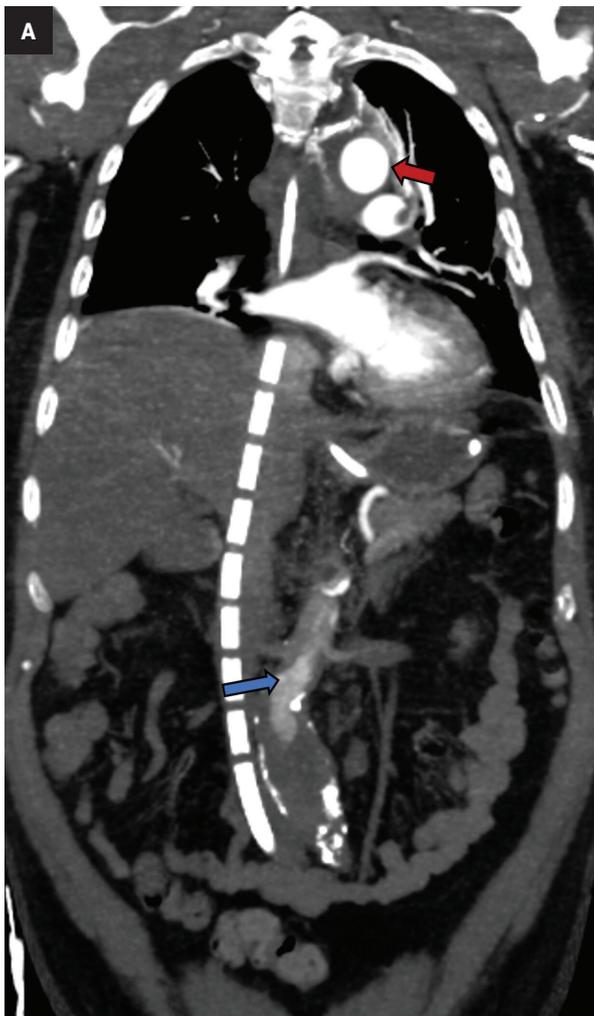
tion and no clear society-endorsed guidelines.^{23,24} In individuals experiencing severe yet potentially reversible cardiac injury like myocarditis, post-cardiotomy shock, or myocardial ischemia, VA-ECMO can serve as a bridge to recovery. Alternatively, for those with acute exacerbations of chronic cardiac failure or extensive myocardial infarction, VA-ECMO might be employed as a bridge to candidacy for a longer-term left ventricular assist device or heart transplantation.^{25,26}

As in VV-ECMO, different circuit configurations account for distinct imaging appearances. The two main approaches are central and peripheral cannulation (Figure 4).²⁷ Central VA-ECMO is typically initiated in the operating room for post-cardiotomy patients who cannot be weaned off cardiopulmonary bypass. The drainage and reinfusion cannulas are generally positioned directly into the RA and ascending aorta, respectively (Figure 5).²⁸ With this configuration,

the reinfused, oxygenated blood circulates in an antegrade, physiological direction. Owing to its invasive character, central VA-ECMO is primarily used during surgery when a patient is experiencing cardiogenic shock while the chest is still open.²⁹

Peripheral VA-ECMO is established by cannulating a peripheral vein and artery. A key advantage of peripheral VA-ECMO is more rapid initiation; this method can be implemented outside of the operating room and even during ongoing chest compressions.³⁰ The venous cannula may be strategically placed within the SVC, RA, or IVC with insertion through a femoral vein or, less frequently, the IJV.³¹ The arterial cannula is most commonly inserted through a femoral artery, terminating in the external or common iliac arteries or within the distal abdominal aorta (Figure 6).³¹ Though this approach is faster and technically less complex, the reinfused oxygenated blood takes a nonphysiological route towards the upper body, con-

Figure 9. Contrast CT studies in ECMO patients. (A) Thoracic aorta CT angiography of an adult connected to peripheral VA-ECMO. Contrast was administered through a peripheral venous line while decreasing ECMO flow. Coronal reformat shows adequate opacification of the thoracic aorta (red arrow) and poor opacification of the abdominal aorta (blue arrow) as there is decreased antegrade flow secondary to cardiac failure. (B) Coronal reformat of a CT pulmonary angiogram in an adult VV-ECMO patient with respiratory failure resulting from influenza pneumonia. There is sufficient opacification of the pulmonary arterial vasculature. Contrast was administered through a left peripheral venous line. ECMO flow was decreased during acquisition to avoid recirculation, and no contrast was seen entering the inflow cannula (blue arrow). (C) Coronal reformat of a portal venous phase CT in a VV-ECMO patient. A peripheral contrast injection was performed while maintaining ECMO flow, followed by a delayed CT acquisition (90 seconds after injection). There is adequate parenchymal and cardiac chamber opacification.



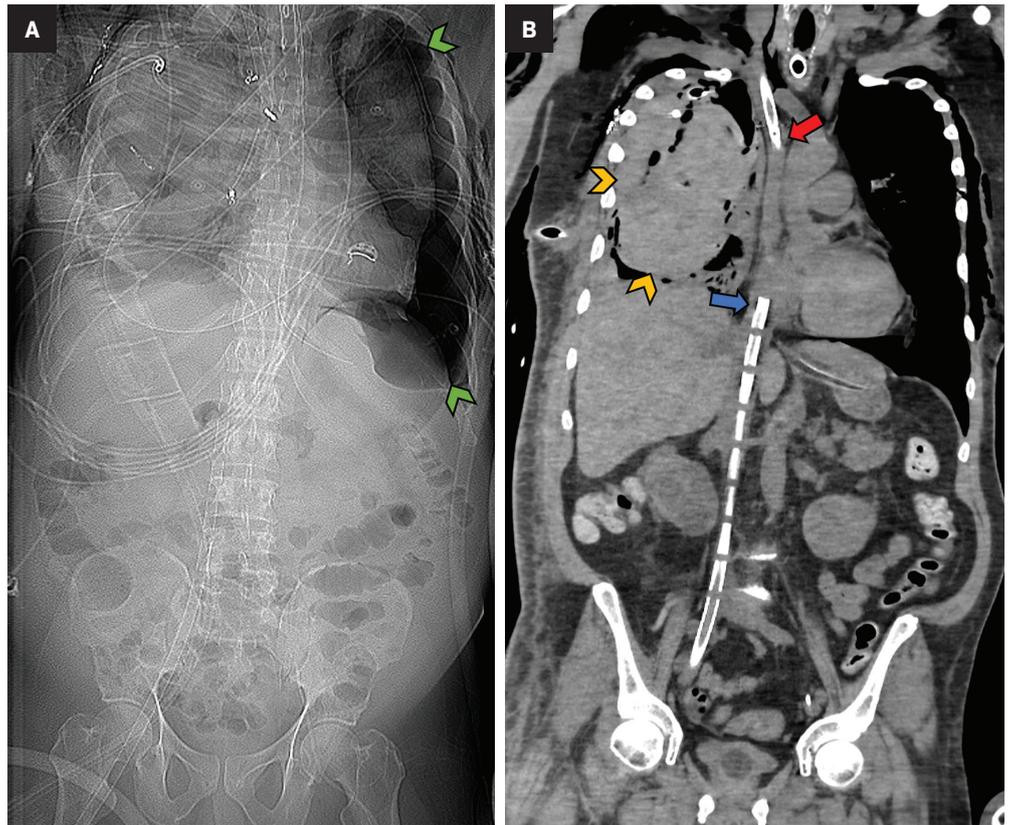
trary to the natural direction of the antegrade cardiac output.³² This can lead to a phenomenon termed “dual circulation,” also known as “Harlequin syndrome” or “North-South syndrome.” In this scenario, the lower

body receives adequate oxygenation while the upper body experiences hypoxemia. The reinfused oxygenated blood supplies the lower body and then is drained by the IVC cannula. In contrast, the upper body is supplied

mostly with desaturated blood from the left ventricle, which then drains to the SVC and circulates through the failing lungs without passing through the ECMO machine (Figure 7).³³

Less frequently, the arterial cannula

Figure 10. An adult connected to VV-ECMO owing to severe COVID-19 presented an abrupt decrease in hemoglobin. Chest, abdomen, and pelvis CT scout views (A) and coronal reformats (B) show a large, right-pleural hematoma (yellow arrowheads). There is also a large left pneumothorax (green arrowheads). The inflow (blue arrow) and outflow (red arrow) cannulas are located within the SVC and inferior cavoatrial junction.



may be inserted through the axillary, common carotid, innominate, or subclavian arteries toward the ascending aorta.³⁴ This approach provides a more physiological anterograde flow of deoxygenated blood, facilitates ambulation, diminishes the risk of limb ischemia, and may increase cerebral oxygen saturation levels. However, it is associated with an increased risk of bleeding and requires surgical placement.³⁵

When VA-ECMO is used in the setting of severe left ventricular dysfunction, left-heart, end-diastolic pressures can increase significantly and cause pulmonary congestion and edema. Left-heart unloading or venting can be achieved by various interventions, including placement of a transeptal cannula connected to the venous ECMO circuit within the left atrium,³⁶ which should not be misinterpreted as an abnormally positioned cannula (Figure 8). Additional temporary devices such as a heart pump or an intra-aortic balloon pump may be used

in conjunction with VA-ECMO to help further unload the left ventricle.³⁷⁻³⁹

Contrast-enhanced Computed Tomography

Several factors must be considered to ensure the success of contrast-enhanced CT studies for patients undergoing ECMO circulation (Table 1, Figure 9). The contrast distribution patterns can differ from those with normal physiology and are determined by the unique hemodynamic changes induced by the ECMO circuit.⁴⁰

Patients with VV-ECMO typically have normal cardiac output and similar hemodynamics to patients without extracorporeal support. For such patients, intravenous contrast should be administered through the oxygenator inlet within the ECMO machine. While a fraction of the contrast might recirculate through the ECMO circuit before entering the systemic arterial circulation, the amount is generally

not significant and ECMO flow can be maintained during the examination. Recirculation of IV contrast is higher when a venous line is used for injection. In these instances, it is advisable to reduce ECMO flow during injection.⁴¹

Different strategies are required for VA-ECMO contingent upon the imaging target, arterial cannulation strategy, and the patient's cardiac output.⁴² When systemic arterial enhancement is required, the oxygenator pathway is recommended for patients with either central or upper body peripheral cannulation. For those undergoing femoral cannulation, the contrast delivery method hinges on the interplay between cardiac output and ECMO flow rates. In patients with low cardiac output, oxygenator injection with retrograde filling of the aorta is favored while maintaining the ECMO flow. Conversely, injection through a venous line is preferred for patients with higher cardiac outputs while ECMO flow should be decreased, if safe to do so,

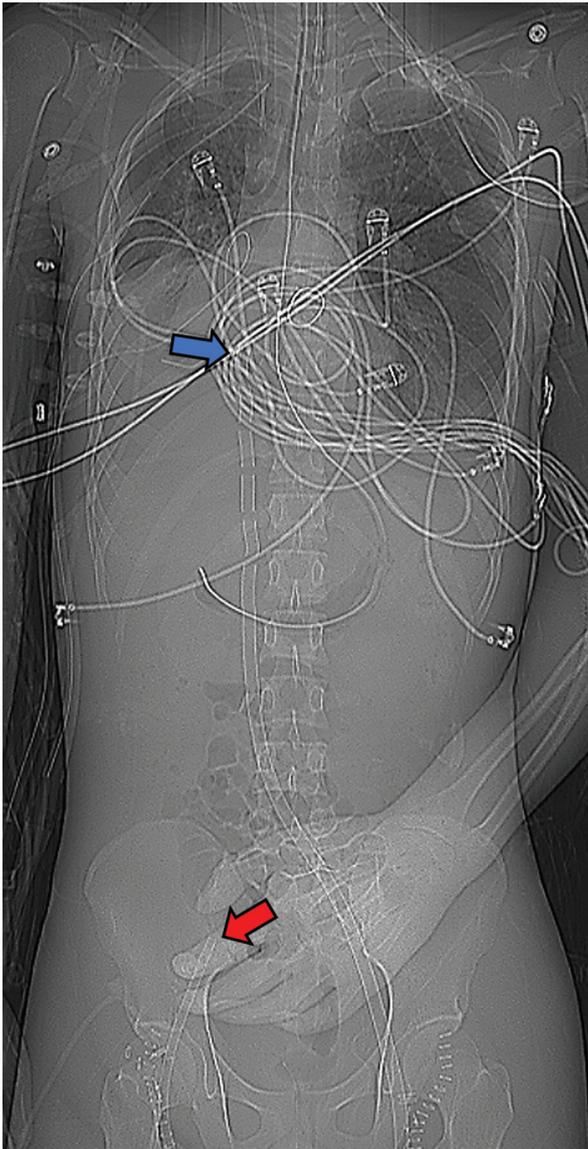


Figure 11. An adult with altered mental status after decannulation of VA-ECMO. Pre-cannulation CT scout image (A) shows the inflow (blue arrow) and outflow (red arrow) cannulas at the level of the inferior cavoatrial junction and left common iliac artery. Axial (B) noncontrast brain CT obtained post-decannulation show a large acute left frontal intraparenchymal hematoma with mild adjacent edema (yellow arrow).



during the acquisition phase.⁴¹⁻⁴³

Pulmonary artery evaluation is challenging for all VA-ECMO configurations, as blood bypasses the pulmonary arteries. Contrast should be administered through a venous line while reducing the pump flow rate as much as possible.⁴²

If parenchymal enhancement is required (ie, a portal-venous phase), contrast should be injected through the oxygenator, and ECMO flow can be maintained (applicable for all cannulation strategies).⁴¹

To ensure patient safety, it is recommended that contrast-enhanced CT studies be performed with a perflu-

orinated oil-based contrast agent, particularly when adjustments to ECMO flow are required.

A Range of Potential Complications

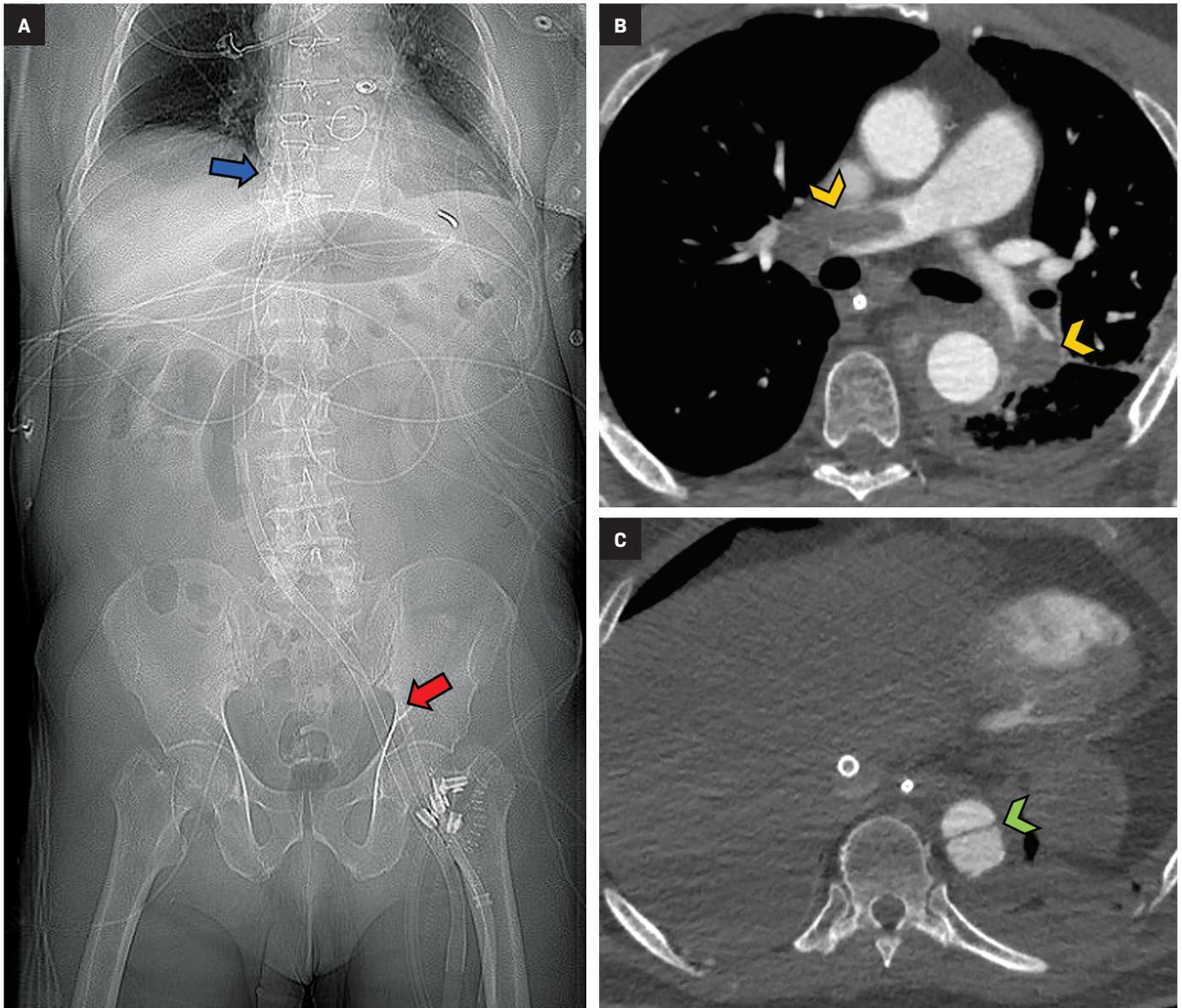
The overall benefit, incidence of adverse events, and mortality associated with ECMO remain topics of ongoing debate. Various meta-analyses and registries report overall in-hospital survival rates for patients with ECMO in the range of 38-43%.^{4,44-47}

Patients with ECMO are at increased risk of bleeding, given their need for anticoagulation and higher prevalence of coagulopathies com-

pared to the general population.⁴⁸ Nearly half of patients experience hemorrhage, with the cannulation and surgical areas as the most common sites of bleeding, followed by hemothoraces and hemopericardium.^{44,48} Chest radiography is useful for identifying hemothoraces and hemopericardium as new pleural collections or enlargement of the cardiopericardial silhouette, respectively, which can be confirmed by CT (Figure 10).

Neurological complications, while less frequent, are associated with significant morbidity and mortality. Intracranial hemorrhage and ischemic

Figure 12. Vascular complications in an adult VA-ECMO patient, status post-aortic valve replacement. CT scout image (A) shows the inflow (blue arrow) and outflow (red arrow) cannulas at the level of the inferior cavoatrial junction and left external iliac arteries. Contrast-enhanced axial chest CT (B) shows a large central pulmonary embolism (yellow arrowheads). Axial abdominal CT (C) shows acute dissection of the abdominal aorta (green arrowhead), probably resulting from vascular injury during arterial cannulation.



stroke may be observed in approximately 3% and 1.4% of patients, respectively, although they carry a mortality rate as high as 80% (Figure 11).⁴⁹

Thromboembolic disease is frequent in patients connected to extracorporeal life support. The incidence of deep vein thrombosis is estimated at 53% and is more prevalent in VV-ECMO than in VA-ECMO.⁵⁰ Hemocompatibility within the ECMO circuit may trigger an inflammatory response and initiate the clotting

cascade. Moreover, the mechanical stress may affect the arrangement of coagulation factors, posing a significant challenge for anticoagulation (Figure 12).⁵¹

Vascular complications, including access vessel obstruction with resultant limb ischemia, traumatic arterial dissection, and transection can occur in up to 30% of patients, are more frequent with VA-ECMO,⁵² and are associated with increased mortality.⁵³ Other complications

include renal failure, superimposed infection, sepsis, disseminated intravascular coagulation, and ECMO circuit component clots.⁴⁴

Conclusion

As ECMO utilization increases in the treatment of severe cardiopulmonary failure, familiarity with the different types of ECMO circuits, expected locations of cannulas, optimal CT imaging protocols and possible

complications is essential for radiologists to ensure accurate imaging interpretation and diagnosis.

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