Vasculitis in the Emergency Room: The Pivotal Role of Imaging in Diagnosis and Management

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Abstract

Vasculitis encompasses a range of conditions characterized by blood vessel inflammation with diverse clinical presentations. Classified by vessel size, vasculitis includes large-vessel vasculitis such as giant cell arteritis, medium-vessel vasculitis like Kawasaki disease, and small-vessel vasculitis like granulomatosis with polyangiitis. Misdiagnosis can have severe consequences such as heart attack and stroke. While biopsy remains the diagnostic gold standard, imaging plays a crucial role given the challenge of tissue sampling. Imaging findings combined with clinical evidence are essential for accurate diagnosis and treatment. This article explores various vasculitis types and their clinical and imaging findings in emergency settings.

Keywords: Vasculitis, Large vessel vasculitides, Giant cell arteritis, Takayasu Arteritis, Kawasaki Disease, Granulomatosis with polyangiitis

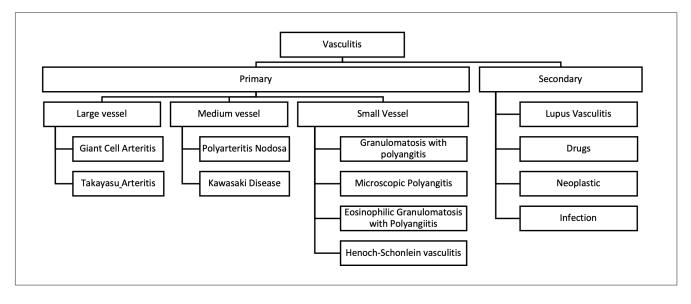
Vasculitis, encompassing a broad spectrum of disorders, is a beacon of medical intrigue, primarily characterized by inflammation within the vessels that nourish our organs ¹ Vasculitis can be primary or secondary, depending on etiology. According to the 2012 revised Chapel Hill Consensus Conference Nomenclature of Vasculitides, it is intricately categorized by the size of the involved vessels into large-vessel vasculitis (eg, giant cell arteritis, Takayasu arteritis), medium-vessel vasculitis (eg, Kawasaki disease, polyarteritis nodosa), or small-vessel vasculitis (eg, granulomatosis with Polyangiitis, microscopic polyangiitis, eosinophilic granulomatosis with polyangiitis, Henoch-Schonlein purpura, systemic lupus erythematosus, rheumatoid vasculitis, Behçet syndrome) (Figure 1).^{2,3} This classification framework is instrumental in comprehensively characterizing the diverse imaging manifestations of vasculitis, thus facilitating accurate diagnosis and timely management. For many vasculitis patients, their initial presentation occurs in the emergency department. Misdiagnosis and delays in achieving diagnosis can lead to a risk of heightened mortality and morbidities such as myocardial infarction, stroke, mesenteric ischemia, or ruptured aneurysms. The clinical presentation of vasculitis often exhibits similarities to other medical conditions, which can contribute to misdiagnosis (Table 1). The differential diagnosis must consider the possibility of

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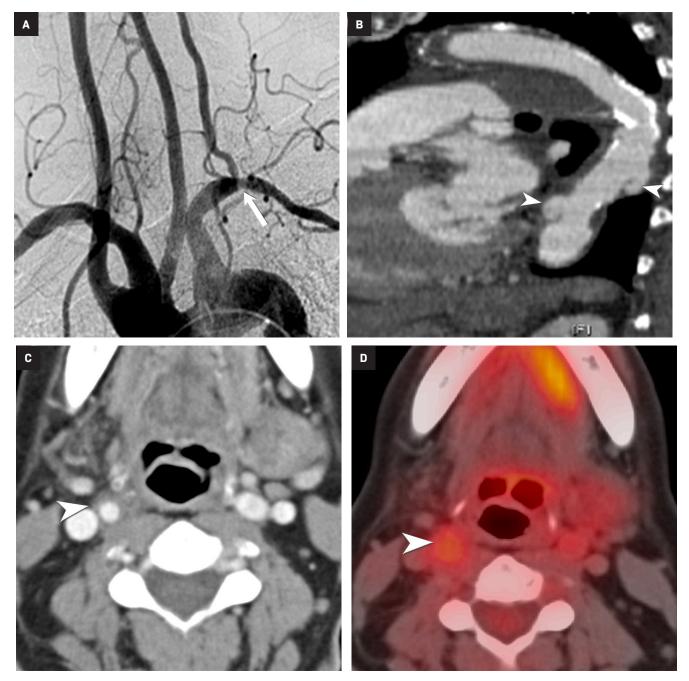
Figure 1. Flowchart of vasculitis classification.



VASCULITIS	CLINICAL FINDINGS	LABORATORY FINDINGS
Giant Cell	Young or middle-aged, especially Asian and female Claudication of upper extremities with absent pulses	Elevated ESR/CRP
Takayasu	Above 50 years of age New headaches with visual disturbances Symptoms of polymyalgia rheumatica Jaw claudication	Elevated ESR/CRP
Polyarteritis Nodosa	Renal failure Gastrointestinal bleeding, nausea Neuropathy and skin lesions	Elevated ESR/CRP Perinuclear-ANCA Positive Hepatitis B serology
Kawasaki	Conjunctivitis (90%) Shock syndrome Rash with Polyarthritis Edema and erythema of extremities	Elevated ESR/CRP Leukocytosis
Granulomatosis with Polyangitis	Oral, nasal, and sinus inflammation Hemoptysis, chest pain, and stridor Renal failure with hematuria Scleritis, uveitis, conjunctivitis	Positive C-ANCA / Anti-PR-3 (85-90% sensitivity)
Microscopic Polyangitis	Pulmonary hemorrhage Renal failure Skin lesions	Positive P-ANCA/ Anti-MPO (35-70% sensitivity)
Eosinophilic Granulomatosis with Polyangiitis	Late-onset Asthma Sinusitis Neuropathy	10% Eosinophilia P-ANCA/ Anti-MPO positive (35-70% sensitivity)
Henoch-Schonlein purpura	Children 3-10 years Skin rash, arthritis, hematuria, and abdominal pain with bleeding	Elevated serum IgA levels in 50 to 70%
Systemic Lupus Erythematosus	Malar rash, discoid rash, photosensitivity, oral ulcers arthritis, serositis, and renal failure, neurologic	Positive ANA (100% sensitivity) Positive Anti-Smith and Anti-DNA

ESR, Erythrocyte sedimentation rate; CRP, C-reactive protein; ANCA, Antineutrophilic cytoplasmic antibody; MPO, Myeloperoxidase.

Figure 2. An adult patient with left arm claudication and chest pain. Angiogram of the aortic arch (A) shows focal stenosis of the left subclavian artery (white arrow). A sagittal reformatted chest CTA image (B) in another patient with chest pain shows multiple pseudoaneurysms of the descending thoracic aorta (white arrowheads). Pathology confirmed giant cell arteritis in both patients. An axial CT image of the neck (C) in a different patient presenting with tender right neck swelling displays hypoattenuating mural thickening of the right common carotid artery (white arrowhead), accompanied by surrounding soft tissue stranding. Corresponding increased metabolic activity is evident in the axial PET/CT image (D). Subsequent confirmation revealed giant cell arteritis in this patient as well.



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Figure 3. An adult with dizziness and stroke symptoms. Coronal head MRA (A) shows complete occlusion of distal cervical and intracranial left internal carotid artery (white arrowhead). Coronal neck MRA (B) demonstrates multifocal stenoses involving the right brachiocephalic artery origin (thick black arrow), the left common carotid artery origin (black arrowhead), the proximal left subclavian artery (curved black arrow), and the left vertebral artery origin (thin black arrow). Pathology confirmed Takayasu arteritis.

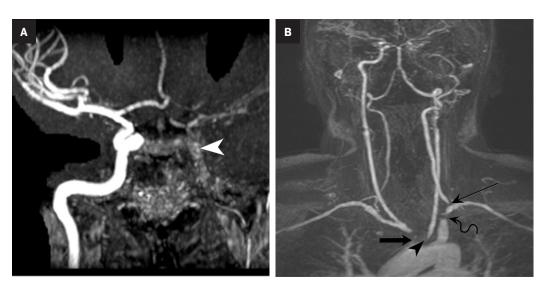
infections, coagulopathies, and drug toxicities.^{1,4} Although biopsy is the gold standard of diagnosis, tissue sampling can be challenging, and biopsy may be negative in up to 42% of cases.⁵ In this intricate maze, radiologists emerge as invaluable navigators, leveraging imaging to elucidate the causes of vasculitis. In addition, it is essential to image these patients before initiation of therapy, since the sensitivity of imaging notably decreases a few days after the initiation of corticosteroid therapy.⁶

A multidisciplinary approach that harnesses radiological and clinical evidence is essential to enhance diagnostic accuracy, assess disease extent, and enable better treatment selection and monitoring. ⁷ This article endeavors to traverse the intricate nature of vasculitis, spotlighting the confluence of clinical presentations and imaging findings, especially in the emergency department.

Large-vessel Vasculitis

Giant Cell Arteritis

Giant cell arteritis (GCA) is an autoimmune chronic granulomatous inflammation of the large vessels

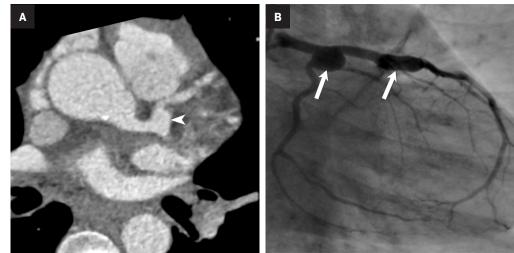


that stands as the most common inflammatory vasculitides.⁸ It often occurs in people over 50 years of age, with a predilection for those of northern European descent.7 The primary pathology in GCA is transmural inflammation of the vessels, causing luminal occlusion, aneurysm formation, dissection, hemorrhage, and rupture 7, most commonly involving the carotid arteries and, rarely, the central pulmonary arteries.9 Key clinical presentations in the emergency setting that should trigger a heightened index of suspicion for GCA include the main clinical features outlined in the 2022 American College of Rheumatology

(ACR)-European Alliance of Associations for Rheumatology (EULAR) Classification Criteria such as sudden monocular visual disturbances, new onset headache, jaw claudication, limb claudication, asymmetric blood pressure, or vascular bruits.^{8,10-12} Polymyalgia rheumatica is the most common extracranial manifestation in GCA, seen in 45-50% of patients who classically present with severe pain and stiffness of the shoulders, neck, and less frequently the pelvic girdle.^{5,8} Suspicious clinical presentation and elevated inflammatory markers should prompt a thorough diagnostic workup for GCA.

Doppler ultrasound (US) of the temporal artery reveals noncompressible hypoechoic circumferential vessel wall thickening, known as the "Halo sign." Computed tomography angiography (CTA) and magnetic resonance angiography (MRA) assess large-vessel involvement, demonstrating vessel wall thickening, arterial stenosis, aneurysms, or dissections (Figure 2). Delayed CTA images can help delineate vessel wall enhancement whereas noncontrast images differentiate true wall thickening from intramural hematoma, seen in acute aortic syndrome.8 In addition, magnetic resonance imaging (MRI) can accurately assess large-vessel involvement as an increased signal on fat-suppressed T2 images and late enhancement in delayed post-contrast imaging. Cardiac MRI and echocardiography can also assess valvular involvement, most commonly aortic insufficiency, coronary artery disease or, less commonly, myocarditis and pericarditis.7,13 Steady-state free precession (SSFP) cine sequence in cardiac MRI helps to assess the cardiac function and valvular involvement while delayed enhancement images

Figure 4. Axial coronary CTA in a child with chest pain (A) shows a 9 mm coronary artery aneurvsm (white arrowhead) at the bifurcation of the left anterior descending and circumflex coronary arteries with no thrombosis or stenosis. A coronary angiogram of the left main coronary artery in another child presenting with chest pain (B) shows a saccular aneurysm at the left main coronary artery bifurcation and fusiform aneurysm of the proximal left anterior descending artery (white arrows). Both cases were diagnosed as Kawasaki disease.



accurately depict fibrosis and inflammation.⁷ Temporal artery biopsy is the standard but invasive diagnostic test. ¹¹

Takayasu Arteritis

Takayasu arteritis (TAK) is a rare granulomatous large-vessel vasculitis affecting 1.11 per million people yearly. It commonly affects those younger than 50 years old, distinguishing it from GCA.^{6,14} TAK tends to cause panarterial inflammation, leading to luminal narrowing and occlusion,⁷ and can present with various clinical manifestations depending on the affected vessels, similarly to GCA.¹⁵

Early-stage TAK may present with nonspecific symptoms; as result, it is often misdiagnosed, emphasizing the importance of a high clinical suspicion index and comprehensive imaging studies. Alarming clinical presentation in the emergency department for TAK includes one of the key clinical features in the 2022 ACR-EULAR Classification Criteria such as angina, claudication, vascular bruit or systolic blood pressure difference in arms ≥ 20 mm Hg.¹²

Noninvasive imaging modalities are the current standard for diagnosing and assessing disease extent. Ultrasound demonstrates intima-media thickness greater than 1mm and vascular stenosis in TAK involving the carotid and subclavian arteries. However, ultrasound is limited in assessing the aorta or major aortic branches, those most commonly involved in TAK.16 CTA and MRA are the diagnostic imaging modalities primarily used to diagnose wall thickening (low attenuation ring in delayed phase) and luminal stenosis (Figure 3).¹⁷ Using the fat-suppressed black-blood technique during contrast-enhanced MRI scans enables the identification of early inflammatory vascular changes such as mural thickening, potentially revealing reversible stages, even before there is an appreciable wall thickening.^{6,13} Like GCA, cardiac MRI and echocardiography can assess cardiac involvement.7 PET/CT can help determine disease activity. Conventional angiography used to be the gold standard for evaluating affected vessels; however, it is invasive and cannot assess vascular wall involvement, which occurs earlier in the disease pathogenesis.15,18

Medium-vessel Vasculitis

Kawasaki Vasculitis

Kawasaki disease (KD) is a pediatric, medium-vessel vasculitis prevalent in children under five years old. The incidence of KD is notably higher in Japan, with 265 cases per 100,000, in contrast to the 20-25 cases per 100,000 in the United States.^{7,19,20} Kawasaki disease is believed to stem from abnormal immune responses. The classic presentation includes fever persisting for at least five days and the presence of at least four of the following criteria: bilateral nonexudative conjunctivitis, oropharyngeal mucosal changes, erythema and desquamation of hands and feet, non-vesicular truncal rash, and cervical lymphadenopathy.^{7,19,20}

Kawasaki disease is a major contributor to acquired pediatric cardiovascular diseases, with the most common complication being coronary artery aneurysm, occurring in 15-25% of untreated cases and posing a potential risk of thrombosis and myocardial infarction.²¹ Additional possible complications include pericarditis, myocarditis, valvular regurgitation, and aneurysmal formation in noncoronary arteries.

Echocardiography is the preferred diagnostic modality to detect coronary aneurysms, owing to its ability to reveal accular or fusiform arterial dilatation. In chronic phases, echocardiography depicts mural thrombosis of the aneurysm as hyperechogenicity and luminal stenosis.¹⁹

Figure 5. Elderly patient with abdominal pain. Coronal (A) noncontrast abdominal CT image shows multifocal bowelwall thickening involving the small bowel (black arrows) and cecum (black arrowhead) with free air in the right lower abdomen quadrant (white arrow) indicating bowel perforation. Selective angiogram of the renal artery (B) shows multiple distal small saccular aneurysms (thin black arrows). Pathology confirmed the diagnosis of polyarteritis nodosa.

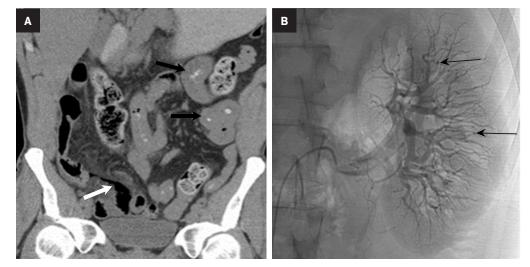


Figure 6. A patient with massive hemoptysis, eye pain, and blurry vision. Axial chest CT image (A) shows bilateral thick wall cavitating masses (black arrows). Axial postcontrast CT image of the orbit (B) shows thickening of the sclera and marked enhancement (black arrowheads), secondary to episcleritis. Pathology confirmed the diagnosis of granulomatosis with polyangiitis.



Coronary CTA is a rapid modality that can accurately diagnose coronary artery stenosis in the emergency setting with negative predictive value up to 99%. However, optimal imaging techniques should be applied to lower radiation doses given most of these patients are pediatrics.²¹ CTA can also evaluate coronary anomalies, particularly those involving the distal arteries (Figure 4).

MRI is valuable for assessing cardiac function and myocardial viability using a three-dimensional SSFP sequence or non-enhanced black-blood MRA to assess coronary arteries involvement. ^{7,21,22} Patients can also develop other presentations with nonspecific imaging findings, including pseudo-obstructions, hepatitis, pancreatitis, arthritis, and myositis.¹⁹

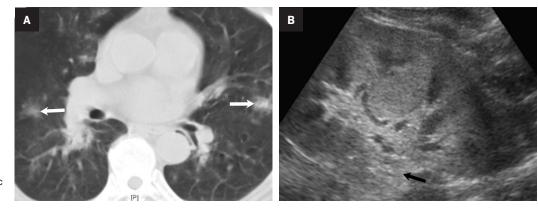
Polyarteritis Nodosa

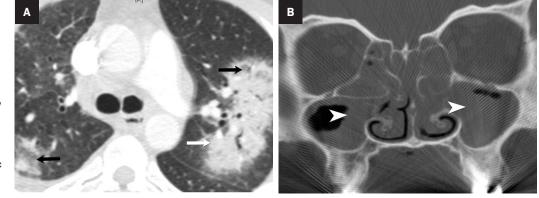
Polyarteritis nodosa (PAN) is a systemic necrotizing vasculitis that may be triggered either idiopathically or by viral infection such as hepatitis or human immunodeficiency virus (HIV). Compared with Kawasaki disease, PAN typically presents with subacute onset and is more commonly observed in the adult population, particularly among Alaskan and Kuwaiti natives.⁷ The diagnosis of systemic PAN is established by the presence of three of the following: significant weight loss, livedo reticularis, testicular pain, myalgia, neuropathy, hypertension, elevated renal function, hepatitis B infection, angiographic abnormalities demonstrating aneurysms or occlusions and biopsy-proven vasculitis.

A hallmark of PAN is multiple aneurysms, most commonly in the kidneys (80-90%), followed by the gastrointestinal tract (50-70%), liver (50-60%), coronary arteries (50%), spleen (45%) and pancreas Figure 7. A patient with hemoptysis and rapidly progressing renal failure. Axial chest CT (A) demonstrates patchy ground-glass opacities in both lungs (white arrows) secondary to pulmonary hemorrhage. Greyscale abdominal US image (B) shows an echogenic kidney (black arrow) in keeping with medical renal disease. The patient was later diagnosed with microscopic polyangiitis.

Figure 8. A young

patient with asthma and eosinophilia. Axial chest CT image (A) shows consolidative (white arrow) and ground-glass (black arrows) opacities in both lungs. Coronal reformatted CT image of the paranasal sinuses in the bone window (B) shows opacification of bilateral maxillary sinuses, consistent with sinusitis. The patient was later diagnosed with eosinophilic granulomatosis with polyangiitis.





(25-35%). Computed tomography (CT) and MRI vascular findings include segmental mural thickening, submucosal edema, abnormal hyperenhancement with a striated pattern, arterial stenosis, and visceral aneurysms (Figure 5).^{23,24} Imaging can also reveal renal or bowel infarcts, perforation, hemorrhage, or intramuscular hematoma.^{25,26} The diagnosis often relies on angiographic findings of aneurysms up to 1 cm in diameter with a pathological correlation of fibrinoid necrosis.^{7,25}

Small-vessel Vasculitis

Granulomatosis with Polyangiitis

Granulomatosis with polyangiitis (GPA), formerly known as Wegner's granulomatosis, is an angiogenic multisystem necrotizing disease characterized by a triad of upper and lower respiratory tract granulomas, vasculitis, and renal involvement (necrotizing crescentic glomerulonephritis). GPA primarily affects adults between the ages of 64 and 75, with an incidence of 3 cases per million people in the United States. Diagnosis requires at least 2 of the following: urinary sediment containing red blood cell casts, abnormal chest radiograph, presence of oral ulcers or nasal discharge, and granulomatous inflammation on biopsy.²⁷⁻²⁹

Magnetic resonance imaging reveals increased T2 signal and postcontrast enhancement in early disease and low T2 nonenhancing fibrosis in late-stage disease, which can manifest as enophthalmos and subglottic or tracheal stenosis.^{27,30} About 25% of GPA patients present with sinonasal disease with nonspecific maxillary mucosal thickening on CT. Late-stage disease may show osseous destruction involving the nasal septum, turbinates, and anterior ethmoid region, potentially leading to a saddle-nose deformity, a hallmark of GPA.²⁷ Pulmonary findings in CT are nonspecific they include nodules, consolidations, and ground-glass opacities. ²⁸ Renal involvement appears on ultrasound as enlarged echogenic kidneys in early stage- and shrunken kidneys in late-stage disease.

Meanwhile, MRI shows wedgeshaped T2 hyperintensity and hypoenhancement in nephritis or ischemia (Figure 6).²³ Gastrointestinal manifestations encompass segmental hyperenhancing bowel-wall thickening with mesenteric engorgement and, less commonly, granulomatous colitis, granulomatous pancreatic mass, splenic infarct or hemorrhage, and gastritis.²³ Figure 9. A patient with lower gastrointestingal bleeding and lower extremity rash. Axial (A) and coronal (B) contrast-enhanced abdominal CT images show thickening of the cecum and ascending colon with mucosal hyperenhancement (black arrows) and moderate abdominal ascites (white arrows). The patient was later diagnosed with Henoch-Schonlein purpura.

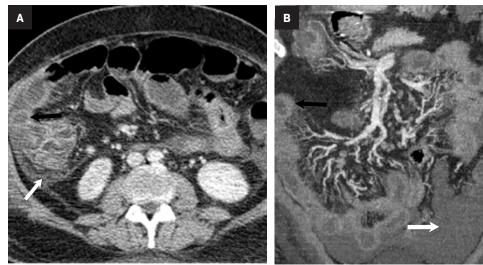
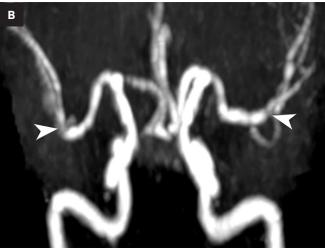
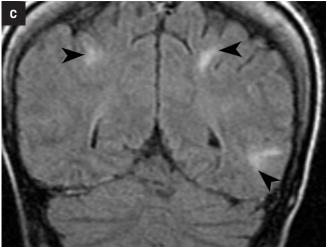


Figure 10. A child with abdominal pain and neurological symptoms. Axial contrast-enhanced abdominal CT image (A) shows diffuse smallbowel wall thickening (black arrow), resulting in Target appearance. Magnetic resonance angiography of the cerebral vessels (B) shows multifocal stenoses in both MCAs (white arrowheads). The patient was later diagnosed with systemic lupus vasculitis. Coronal FLAIR MRI of the brain (C) shows multifocal subcortical white matter lesions (black arrowheads).







Microscopic Polyangiitis

Microscopic polyangiitis (MPA) is a necrotizing vasculitide, like GPA, with predominance in Asian countries such as China and Japan.³¹ Clinical and imaging presentation can be variable depending on the affected organs and include kidney failure, hemoptysis, dyspnea, pleuritic pain, and constitutional symptoms (Figure 7).³² Upper airway complications are less common in MPA compared to GPA. ³³ The 2020 ACR-EULAR Classification Criteria for small vessel vasculitis include ANCA subtype as a major criterion between GPA and MPA. ¹²

Patients with pulmonary symptoms suspected of having MPA should undergo chest CT, which can demonstrate nodules with or without cavitation, alveolar opacities, or pleural lesions. Non-contrast CT is the preferred imaging study, as these patients may also have renal impairment.³¹

Eosinophilic Granulomatosis With Polyangiitis

Eosinophilic granulomatosis with polyangiitis (EGPA), previously known as Churg-Strauss syndrome, is an eosinophil-rich multisystem necrotizing granulomatous inflammation. The typical clinical presentation typically includes asthma, eosinophilia, palpable purpura, and a positive PR3-ANCA test found in 50% of cases. EGPA commonly involves the lungs, heart, gastrointestinal tract, spleen, and kidneys (Figure 8).

Cardiac involvement carries an unfavorable prognosis and is an independent predictor of mortality. Cardiac MR can assess the extent of cardiac involvement, including cardiomyopathy (30%, with late gadolinium enhancement), pericardial effusion (22%), and valvular disease (mainly affecting the mitral valve).^{3,7}

Henoch-Schonlein Vasculitis

Henoch-Schonlein vasculitis, also known as IgA vasculitis, is an IgA-mediated immune vasculitis that primarily affects the kidneys, gastrointestinal tract, skin, lungs, joints, and central nervous system. The condition is commonly observed in pediatric males and typically presents with either an upper respiratory or gastrointestinal infection.³⁴ Diagnostic criteria include purpura/petechiae with lower limb predominance and at least one of the following: arthritis, diffuse abdominal pain, renal involvement, or histopathology revealing IgA deposits or leukocytoplastic vasculitis.35

The gastrointestinal system, commonly the ileum, is involved in 60% of patients, with radiography showing smooth fold thickening, known as thumbprinting or irregular wall thickening.36 CT features are nonspecific and may include bowel-wall thickening, mural hyperdensity in noncontrast images, indicating submucosal hemorrhage, or focal mural hypoenhancement, indicating ischemia (Figure 9). Differential diagnoses include inflammatory bowel disease, enteritis, ischemic bowel, and malignancy. Imaging also plays an essential role in diagnosing complications such as intussusception, perforation, and obstruction.23,37

Lupus Vasculitis

Systemic lupus erythematosus (SLE) is a chronic autoimmune inflammatory condition with a broad spectrum of manifestations, including vasculitis, which can lead to severe morbidity and mortality.³⁸ Cutaneous lupus vasculitis (19-28%) presents with palpable purpura, petechiae, splinter hemorrhages, and superficial ulcerations.³⁹ Neuropsychologic SLE secondary to

vasculitis (31%) presents with multiple high T2-weighted/FLAIR focal lesions in the subcortical white matter and basal ganglia in MRI.^{40,41} Lupus enteritis (0.2-14.2%) presents with dilated bowel, focal, or diffuse bowel-wall thickening, abnormal bowel-wall enhancement, engorged mesenteric vessels, ascites, and lymphadenopathy in abdominal CT (Figure 10). Renal vasculitis coexisting with lupus nephritis increases the risk of end-stage renal disease.⁴² Pulmonary vasculitis often leads to diffuse alveolar hemorrhage with ground-glass opacifications and pleural effusions in chest CT.43

Conclusion

Vasculitis represents a complex spectrum of disorders characterized by inflammation of blood vessels. Given its myriad presentations in the emergencies and potential for severe complications, timely and accurate diagnosis is paramount.

Although tissue biopsy remains definitive, its limitations underscore the critical role of imaging in diagnosis within emergency settings.

Radiologists equipped with a deep understanding of vasculitis' imaging manifestations are essential to the diagnostic and management process. Collaborative efforts, melding clinical and radiological insights, are vital for optimal outcomes for emergent cases of vasculitis.

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