



Adult Dual Credit - Counselling

Dual Credits: two high school credits and two college courses

*To be eligible for this program students must be 21 years of age or older, aiming to complete an Ontario Secondary School Diploma.

Mental Health Across the Lifespan – HIB4T (College Course: HSP165)

This course offers an introduction to the basic concepts related to mental health and mental illness. It takes a lifespan perspective moving from mental health issues that occur from birth to death. As well as introducing what abnormal behavior is, how it is assessed and classified through the appropriate diagnostic tools.

Introduction to Substance Abuse – HDX4T (College Course: MHA180)

This course provides an introduction to the history of substance use, including its social and economic context. The course outlines various theories of substance use from their origins to present day, highlighting the cultural and societal influences that impact use patterns. This course examines the most prevalent drugs, the common myths surrounding addiction, and the state of current drug policy in Canada. An overview of substance abuse screening and assessment, treatment settings and approaches, and concurrent disorders is considered.

Notes:

- Tuition, textbooks and transportation fees will be covered through the Dual Credit program.
- All students are expected to attend an orientation session prior to taking part in any Dual Credit program.
- Delivery: College Drive Campus, September to December, 2023.

For more information & registration, please contact:

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