



The Village

IMPACT REPORT

2021

Canadore»
FOUNDATION

INTRODUCTION

As **2021** is behind us, and the world continues to grapple with the global pandemic, it is clear that the far-reaching impacts of the COVID-19 pandemic may forever change the way postsecondary education is delivered. We collectively look forward to life returning to some sense of normalcy, but we acknowledge that there are still many challenges to face as we evolve to address an ever-changing world.

Canadore College and The Village exist for their students to help them maximize their potential, acquire skills for employment, set up a basis for further education, or all three combined. As we evolve, we will attract and support a diverse community of learners in a culturally-safe environment and we will focus on their success and satisfaction.

This includes linking with community support services and networks to create efficient partnerships and student opportunities.

We will continue to act as a catalyst for economic development by bringing together employers, agencies, and public and private sector partners to develop responsive and innovative programming to meet industry and community needs. We will continually seek to improve our connection to community through our employees and students being involved with local organizations, fundraising, partnerships and more.

We look forward to sharing a few of the initiatives and successes shaped by The Village and our health and human services programs over this past year, despite the unpredictability and challenges that we encountered.

As always, if you have any questions or feedback, we encourage you to reach out. Our doors are always open, and we look forward to staying in touch.



Message from George Burton

When we officially opened The Village in the fall of 2018 we noted that, while the facility is located on the grounds of Canadore College, it belongs to the communities we serve. That sentiment still holds true today. The Village is a holistic and community-centred resource for everyone, designed to improve the healthcare model from early years to golden years.

While the COVID-19 pandemic caused us to slow the pace, we were still able to welcome members of the community on campus to receive services such as the dental clinic and the mobility clinic. Safety precautions were gradually lifting at the end of 2021, and we began to welcome more people to visit the new Stanford International College Wellness Garden and to participate in exercise and walking programs.

The Village continues to plan for its expansion into intergenerational living opportunities for seniors with student-led clinics, assisted living, respite care, transitional beds and affordable housing. Look to spring 2022 for those plans to start becoming a reality.

In the meantime, we will continue our mission of educating the next generation of health and human care professionals.

We are thankful for the community support for The Village that makes great things happen here.

George Burton
Canadore College President and CEO



The Village expansion for intergenerational living for seniors will start to be a reality in 2022.





Message from Kirk Kelusky

On behalf of the dedicated volunteers of the Canadore College Foundation Board of Directors, thank you for the incredible difference you are making at Canadore.

The Foundation has two roles: first, to provide development and fundraising advice and support to the College; and, secondly, to oversee the governance of the College's endowments, financial donations and other gifted assets in a way that best benefits its students, services, programs and applied research.

We are so grateful to our alumni, friends, internal community members, and the numerous corporations and organizations who have and continue to support the Foundation's fundraising efforts for The Village. To say the past year and a half was challenging is truly an understatement; as we know, the COVID-19 pandemic has affected, and continues to impact, the well-being of Canadore's students and our entire community. The outreach and services offered through The Village to the communities served by Canadore have never been more important and needed. And now, we look forward to watching the next chapter in The Village's story unfold, as it expands into the development of exciting and unique new living opportunities for seniors in our region.

But of course, all of this could not have been done without you. Thank you again for investing in Canadore and its students and, by doing so, investing in our shared future.

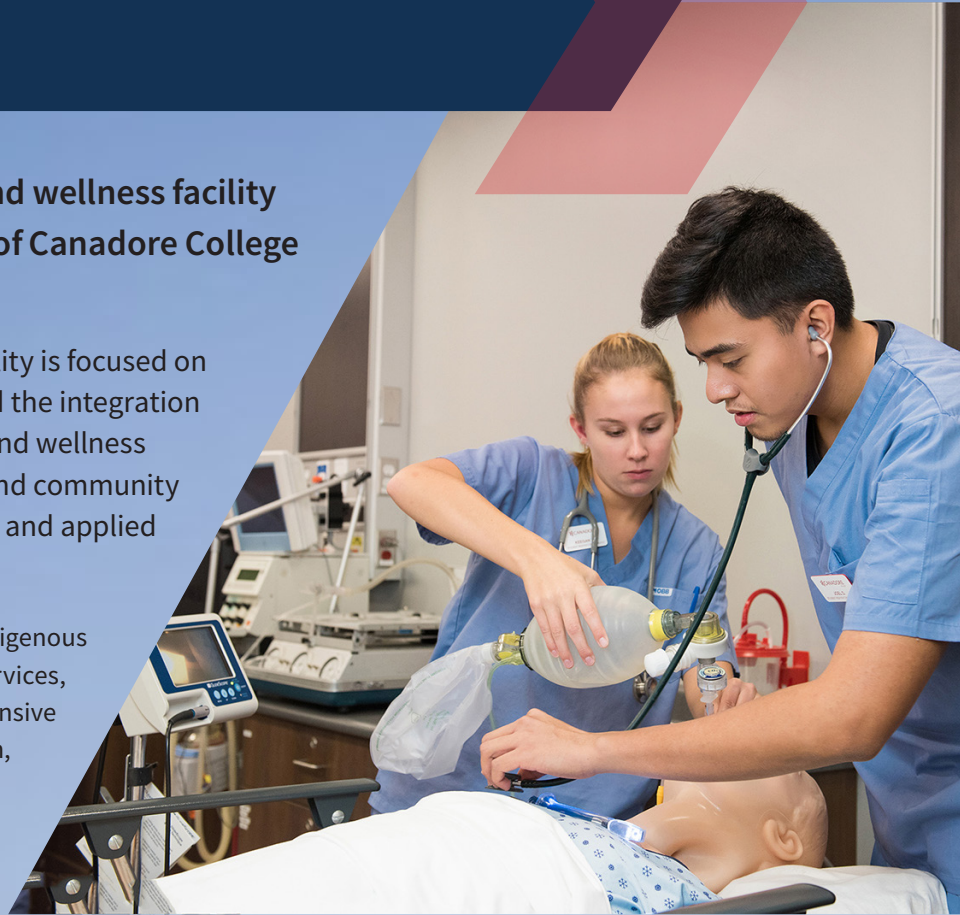
Kirk Kelusky, Chair
Board of Directors
The Canadore Foundation

History

The Village – the world-class health and wellness facility located on the College Drive campus of Canadore College – is a unique model in Canada.

The only model of its kind in Canada, the facility is focused on collaborative interprofessional education and the integration of Indigenous, Eastern and Western healing and wellness practices. The Village will integrate seniors' and community care with teaching, experiential skills training and applied research in one facility.

The Village encompasses Canadore's Schools of Indigenous Studies, Human Care, Health Science and Social Services, and Sport and Recreation, which offers a comprehensive suite of student-run clinics, including general health, Eastern medicine, dental hygiene and safe mobility. Other labs include cognitive stimulation and early childhood education on-site, as well as specialized Indigenous classrooms and ceremonial areas.



FIRST facility
of its kind in Canada



World-class health
and wellness facility



Indigenous, Eastern
and **Western** practices



Recognizing Our Supporters



Someone once said that whatever we possess doubles in value when we share it with others.

Looking around at the progress and advancements that have been made possible in the past five years in both the literal and figurative landscapes of Canadore College, thanks to the financial support of our donors and friends, we know that to be true. Thank you.

Not only must we thank those who have contributed financially to support the realization of The Village, we must also acknowledge and applaud the efforts of individuals who have given their time and energy to guide and drive fundraising efforts, and spread the great news of the exciting things that are happening at this incredible new facility.

Public Funders

We thank the following public economic development partners, without whom the construction of The Village would not have been possible: Federal Economic Development Agency for Northern Ontario (FedNor), Northern Ontario Heritage Fund Corporation (NOHFC), Canada Strategic Infrastructure Fund.

The Village Campaign Cabinet

The following individuals enthusiastically came on board with an ambitious mandate to:

- raise funds for the capital development of The Village project, and
- help build a wide base of understanding in the community of The Village as an innovative, holistic multigenerational educational community integrating Indigenous, Eastern and Western health and wellness programs, across generational boundaries.

Mark Deacon, Co-Chair

Judy Sharpe, Co-Chair

George Burton

George Flumerfelt

Andre Purcell

David Silveri

Kayvan Rouhani

Corina Moore

Brad Gavan

Carrie Dokis



An Agency of
the Government
of Ontario



Thank You To Our Generous Donors

Stanford International College	\$1,000,000.00
Canadore College Student Council	\$275,000.00
Canadore Alumni	\$250,000.00
Deacon Family	\$200,000.00
Canada Life	\$125,000.00
Stefan Thomsen	\$125,000.00
TD Bank Group	\$100,000.00
The Rotary Club of Nipissing	\$75,000.00
Anonymous	\$50,000.00
George and Trudy Flumerfelt	\$50,000.00
Kennedy Insurance Brokers Inc.	\$50,000.00
John and Dawn Lechlitrer	\$50,000.00
George and Virginia Burton	\$30,000.00
Wendy Abdallah	\$25,000.00
BDO LLP	\$25,000.00
Campus Living Centres	\$25,000.00
Dean Decaire and Janet Stockton	\$25,000.00
Kayvan Rouhani	\$25,000.00
Anonymous	\$10,000.00
Lauren and Scott Bertrand	\$10,000.00
DiBrina Group	\$10,000.00
North Bay and District Dental Association	\$10,000.00
Northern Ontario Dental Association	\$10,000.00
Rebuilt Resources Skills Development Inc.	\$10,000.00
Judy and Larry Sharpe	\$10,000.00
In Memory of William and Grace Peters	\$6,000.00
Shawn and Jessica Chorney	\$5,000.00
Lisa and Michael McCool-Philbin	\$5,000.00
Rocheffort Family	\$5,000.00
Kimberley Devine	\$1,000.00
In Memory of Barbara Driver	\$750.00
Total Private Pledges to The Village to Date	\$2,597,750.00

In-Kind Support Cogeco/YourTV
MooseFM



The Village Grand Opening



On November 2, 2018, Canadore College officially opened The Village, its new 38,000 square foot living and learning wellness facility.

Phase 2 of The Village, a seniors' living facility, is anticipated to break ground in 2022.

The only model of its kind in Canada, the facility is focused on collaborative interprofessional education and the integration of Indigenous, Eastern and Western healing and wellness practices. The Village will integrate seniors' and community care with teaching, experiential skills training and applied research in one facility.

Phase 1 of the facility's construction and technology is valued at \$20 million. The federal government invested \$5.63 million and the province of Ontario committed \$1.78 million. Through generous donations, The Village's fundraising campaign raised close to \$2.7 million from non-government sources.

“The most striking aspect of this entire five-year project has been the exceptional level of consultation and teamwork contributed from every possible corner,” said Canadore College President and CEO, George Burton. “Thanks to the confidence of the federal and provincial governments, our students and donors, our employees and amazing community leaders across the province, Canadore has been able to accomplish something that has never been done before. The Village is an unprecedented model of health care that redefines a stronger future grounded in a healthy mind, body and spirit.”

Phase 2 of The Village, a seniors' living facility, is anticipated to break ground in 2022.



Indigenous Education at The Village

Canadore College offers programs grounded in Indigenous educational practices that draw on the rich languages, histories and cultural practices of Indigenous learners and communities. The Village design includes an Indigenous ceremony space.



“We will be able to do ceremonies and we will be able to just open the door and go out on the land. Finally, we’re getting a place. Finally at a college campus we’re actually going to have a place.”

- Lorraine Liberty, Canadore’s Grandmother in Residence



Indigenous STEAM:

The partnership between Canadore’s Kikandaaswiwin Mookiisin (KM) team and Actua Canada — the country’s leading science, technology, engineering and mathematics youth outreach network — has opened up tremendous opportunities for the College’s Indigenous science, technology, engineering, arts and mathematics (STEAM) program.

More than 150 students have been engaged in the program.



**INDIGENOUS
STEAM**

Science • Technology • Engineering • Arts • Mathematics
Youth Leadership & Outreach • Experiential Learning • Land-Based Education •
Cultural Knowledge & Traditions



Indigenous Education at The Village

Mentorship Program

In addition to launching the KM website, the team also developed a virtual secondary school mentorship program.

“Mentorship programs are incredibly important because they provide leadership and personal development opportunities for Indigenous students. These opportunities allow Indigenous students to explore self-identity and self-awareness while gaining valuable workplace experience.”

– Dakota Heon, Project Lead

“This program helped me develop a larger understanding of my culture.”

– Kiefer Spence, Mentorship Program Participant

Biigiweyan Cross Cultural Competency Microcredential

Biigiweyan (which means Coming Home) has trained more than 150 health and justice professionals in an inter-professional Indigenous Cultural Safety program. The program is built on the Canadian Institutes of Health Research (CIHR) seed grant on cultural safety.

Indigenous Coding

Workshops on Indigenous computer coding were offered in the fall of 2020. By teaching coding, Kikandaaswiwin Mookiisin is providing opportunities for Indigenous students to deeply explore the technological and digital tools readily available to them. Content was developed for students from elementary to secondary school.

“I wanted my students to participate, to be exposed to the language of coding. Students use technology on a regular basis. Being a First Nation school, they were interested in many of the examples relating to their culture; conversations about symbols and pictures depicted on rocks in their local area of Dokis First Nation and how they can relate this to the language of code.”

– Kaitlin Commanda,
Grade 4 Teacher



Functional Genomics Lab

As part of The Village, the Functional Genomics Lab at Canadore officially opened at the end of August 2019.

This new laboratory is equipped with some of the most leading-edge technology available in Canada, including two DNA sequencers that will create the capacity for research to better understand and prevent disease. The lab allows Canadore to enhance current biotechnology programs; develop new curricula for a postsecondary program in genomics; create professional development courses in functional genomics; develop testing aimed at physicians and advanced healthcare providers; and develop industry partnerships to enhance research opportunities in the field.

Canadore College became part of an Ontario-wide coalition that is sequencing and characterizing coronavirus strains affecting the province. The world-leading research team, ONCoV Genomics Coalition (www.oncov.ca/), was brought together by Ontario Genomics, an organization funded by the Ontario government. Canadore is the only college in the coalition.

Canadore's participation in the ONCoV Genomics Coalition provides tremendous exposure to the College and its partners for the investment in the Genomics Lab.

“It is phenomenal to see such quick capacity building at Canadore College to support our province-wide efforts for increased sequencing to identify COVID-19 variants of concern,” said Bettina Hamelin, President and CEO at Ontario Genomics. “These training opportunities are essential for a sustainable pandemic response that reaches all parts of Ontario. Colleges, like Canadore, have a real opportunity to become the biotech training hubs we need right now and for decades to come.”





Student Engagement through Applied Research at The Village

Applied research is an important part of engaging students in their own education and involves active reflection, an important skill for most professions. Integrating applied research in a course can look any number of ways; from integrating the steps of an applied research project, to considerations of ethics in working with vulnerable and human populations, to creating or engaging a community-based applied research project.

Lindsay Hayhurst teaches the course Evaluating Information to students in the human services fields. This course is aimed at developing overall student understanding and appreciation of social science research techniques, findings and evaluations in their work with clients as well as in the development and assessment of social service interventions. Lindsay includes a project in which students design an applied research proposal aimed at addressing a community problem or need. The project includes consideration of the standard components of a research proposal, including the proposal application of findings. Lindsay believes that, with the growing interest and appreciation for the value of experiential learning, and the growing connection between the College's community-based research initiatives and course learning activities, students in The Village's Health and Human Services programs will be provided with strategic opportunities to practice and enhance their knowledge and skills and, ultimately, set themselves apart from their peers when entering the workforce.



Research with Indigenous Peoples, Communities and Nations

Canadore College recognizes that Indigenous peoples have control over data collection processes in their communities, and they own and control how this information can be stored, interpreted, used or shared.

To help guide research practices at the College, Canadore's First Peoples' Centre has released an innovative and culturally relevant Indigenous research framework: Transforming Indigenous Peoples Inquiry (TIPI). This framework is informed by the guiding principles of Ownership, Control, Access, and Possession (OCAP) and the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP), as well as instrumental policy documents such as the Truth and Reconciliation Commission report. This work builds on Canadore's recently adopted Indigenous Quality Assurance Standards and is supported by newly developed policies and procedures as well as an inaugural Indigenous Research Advisory Council.



*Artist: Paige Restoule, Indigenous Student
Researcher: Nathalie Restoule*

This is a multimedia piece that came from Canadore's recent Indigenous Physical Wellness Research Project. The artwork is one of five pieces that represent key themes identified by Indigenous learners as important to their physical health while studying at Canadore.

Student Awards Spotlight



Barbara
Duckworth Oates



Canada Life Indigenous Health Studies Bursaries

In 2018, the Canadore College Foundation was pleased to work with the Canada Life Assurance Company to secure a \$125,000 gift to The Village campaign.

Of this, \$20,000 was directed to create the **Canada Life Indigenous Health Studies Bursaries**: two bursaries of \$2,000 each for five years, to be designated to Indigenous learners in the College's School of Health Sciences.

Barbara Duckworth Oates Bursaries

We had the privilege of accepting a generous donation of \$200,000 from Barbara Duckworth Oates in late 2019 to establish a named endowment at Canadore that will forever help support students in need. In early 2021, Canadore was pleased to award its first Barbara Duckworth Oates bursaries to ten deserving students, including individuals in our Practical Nursing, Personal Support Worker and Mental Health and Addictions programs.

New Awards for Students in Canadore's Health, Human Care and Wellness Programs

In addition to existing financial assistance and awards available to students in the College's School of Health, Human Care and Wellness programs, the following new awards have been recently established:

- **Bridget Jocelyn Brown Memorial Métis Wellness Award** (\$5,000 available annually)
- **TD Bank The Village Bursaries for Indigenous Learners** (\$25,000 endowment to fund up to four bursaries annually)
- **Canadore Students' Council First Generation Learners/Mental Health Bursaries** (\$25,000 endowment)



The Village Collective Impact Project

In November 2019, The Village at Canadore College received nearly **\$2 million dollars** in funding through the Government of Canada's New Horizons for Seniors Program. Over five years, The Village Collective Impact Project (CIP) will work collaboratively with seniors and Indigenous seniors (60+), their caregivers, stakeholders, regional community organizations and agencies to focus on developing new models of healthy aging and inclusion efforts to improve the health outcomes of seniors and Indigenous seniors living in the Nipissing-Parry Sound districts.

Data to consider from the Nipissing Parry Sound District 1:

Our population is nearly
130,000

Majority of people live in
rural areas



Nearly **23%** of our population in the North is over **65 years old** (compared to 17% for the province)

There are **more women than men**; older women are the fastest growing demographic in the North



Nearly **15%** of those **over 65** have **low income status** compared to 12% in Ontario



Majority (**92%**) of seniors live in **their homes** and nearly 30% live alone

1/4 of all seniors are caregivers to other seniors

78% of First Nations communities are located in the North



Twenty-four collaborating and partner organizations are part of the collective in addition to several other consultation organizations (The Collective has a shared vision for change in our region that “every senior and Indigenous senior is socially connected and engaged in their community.”)

Our long-term goal is twofold: to use inter-cultural, inter-professional and inter-generational approaches that support an age-friendly and dementia-friendly inclusive community, and to improve our community's connectedness to prevent isolation in the future.

All the work of The Village CIP is supported by a team of students called Community Connectors. The engagement of the students ensures that we build capacity in our community and make sustainable changes in the community that help improve services for seniors in the region. This work has proven to be a reciprocal relationship where seniors, in turn, are helping to better prepare students for the workforce.

Students describe their work with the project as a meaningful experience that prepared them for the workforce.

The Village Collective Impact Project

Some highlights of 2021:

The project team remains focused on building successful, sustainable community partnerships, and has three areas of focus to achieve its mission:

- **Support** an innovative, age-friendly and dementia-friendly community;
- **Promote** social participation and inclusion by addressing barriers; and
- **Generate** meaningful, intergenerational learning experiences for students, seniors and Indigenous seniors.

In March, Canadore hosted a virtual intergenerational summit. Community leaders, service groups and seniors from the Nipissing-Parry Sound district came together to help draft a framework for the common agenda. More than 110 people attended, representing nearly 50 organizations.

In June 2021, The Village CIP launched a call for grant proposals to help lead change in the community. This led to the identification of four collaborating organizations, one Indigenous collaborating organization and seven seed grant partners (jointly referred to as The Collective), which distributed \$150,000 in grants for new programming across the region. There will be a second round of grants in the third year of the project.

Funded projects:

- Moose's Cookhouse is developing age-friendly and dementia-friendly dining experiences, gathering perspectives from seniors, their families and caregivers on menu planning, designing accessible and comfortable physical spaces, training staff, and creating social events;
- YMCA is offering the Digital Inclusion, Seniors Connection and Opportunities (DISCO) Hub, a Digital Literacy Program;
- The Callander Library is offering a book delivery service for rural seniors;
- Home Instead is developing specialized day programming and has provided Alzheimer's training for its staff;
- East Ferris Club Action 50+ and North Bay Golden Age Club have a simplified tablet lending program for their members; and
- Nipissing Serenity Hospice is developing legacy projects for its residents.



“Collaborating organizations and seed grant partners will help move our community towards the collective vision of having every senior in our region socially connected and engaged. Together we can improve the lives of seniors in our region.” said Micheline McWhirter, Project Manager.

Additional projects supported by The Village CIP include:

- The AIDS Committee of North Bay leading a 2SLGBTQ+ seniors program;
- CARE Calls – reassurance calls programs; and
- Women10 – Living Fit Inside Out – women's fitness programming.

In August 2021, three working groups were formed to support project objectives to address barriers faced by seniors, engage and support seniors experiencing vulnerabilities, and to build capacity in the community to support seniors and influence future programs. Their work falls into three main areas for change:

1. You Belong Here – promoting inclusive and accessible spaces for seniors;
2. Digital Literacy and Access to Technology – creating a strategy for the region; and
3. Northern Seniors Resource Guide – Promotion Social Inclusion – a guide to services available in the community.

In the fall of 2021, in-person programming for seniors began on campus at The Village and at the West Parry Sound Campus. These include VON exercise classes, Occupational Therapist Assistant/Physiotherapist Assistant student-led indoor walking groups, outdoor walking groups, seniors' yoga and gentle fit classes.

The Village Collective Impact Project

Our Reach

As of fall 2021, the CIP has engaged and provided programming to over 500 seniors, including 5% Indigenous seniors, with the support of over 120 students. The Village dental program and respiratory therapy clinic, as well as programming at the West Parry Sound Campus, support an additional 300 seniors annually. The project team and our student placement team have supported an increase in capacity of 15 organizations that work with over 1000 seniors in our region. We have provided over 40,000 hours of community support through student placements. This has increased social participation of seniors, reducing the risk of social isolation, and has increased interaction between seniors and students.

Collaborative Organizations and Partner Organizations

- Moose's Cookhouse
- St. James United Church - The Mary Street Centre, Parry Sound
- North Bay Golden Age Club
- Callander Public Library
- Shawanaga First Nation Healing Centre
- East Ferris - Club Action 50+
- YMCA of Northeastern Ontario
- Third Age Learning
- The North Bay Choral Society
- Home Instead
- Nipissing Serenity Hospice
- AIDS Committee of North Bay and Safer Spaces
- Christian Horizons
- Human Endeavour
- North Bay Parry Sound District Health Unit
- Older Adults Centres Association of Ontario
- Women10 - Living Fit Inside Out, North Bay
- Age Friendly Committee
- Nipissing Wellness Ontario Health Team
- West Nipissing Health Centre
- Canadian Red Cross - Nipissing
- VON - North Bay
- Retired Teachers of Ontario Association - District 43

THE **VILLAGE**
#CANADORE

Has provided over
40,000 hours
of community support
through student
placements

Learning and Teaching in The Village

The Village continues to educate and train the next generation of health and wellness professionals. Theory delivered in the classroom seamlessly becomes practical experience in student-led clinics.

“Learning by doing is very valuable, especially in a program like ours,” said [Madeline Marshall, a third-year Dental Hygienist student](#). “Everything really comes together and makes more sense when we are able to apply what we have learned in our theory classes.”

“I find learning in this setting is extremely beneficial to becoming a dental hygienist,” said student [Krista Scott](#). “The dental clinic gives all of us an opportunity to know how being a dental hygienist works. We have an operatory similar to how we will work when we graduate.”

Canadore College’s Human and Social Science, Sport and Recreation, Indigenous, Early Childhood Education, and Eastern Medicine programs are offered directly in The Village.

“Teaching in The Village helps me provide the best education possible to our students,” said [Mabel Plourde-Doran, Professor in the Occupational Therapist Assistant and Physiotherapist Assistant Program](#). “The state-of-the-art facility and equipment allow students to authentically practice physiotherapy and occupational therapy skills.”

“The Village facilitates and promotes collaboration of our students and those in other programs/professions. Therefore, students easily practice interprofessional health care, which we know is the best practice to promote patient-centered care,” said Plourde-Doran.

“The Village offers a comfortable teaching and learning space for staff and students,” said [Terra Bourre, coordinator and faculty member in the School of Health Science](#). “Its design offers lots of natural light, and it has a very calm and welcoming atmosphere. The dental hygiene clinic is equipped with state-of-the-art technology to support students as they gain the practical experience working with clients from the community to meet their oral health needs.”

“Learning in The Village environment has not only been easier to comprehend, but I believe most importantly creates confidence and comfort in performing skills which I believe will show in a placement or work place,” said [Occupational Therapist Assistant/Physical Therapist Assistant student Chloe Lashbrook-Boucher](#).

“I absolutely love The Village Mobility Clinic,” said [Cassidy Williams, a student in the Occupational Therapist Assistant/Physical Therapist Assistant program](#). “My first impression of the clinic was far beyond my expectations. I immediately felt relieved with my decision to choose Canadore.”

Connecting at The Village

Research shows that regular social contact reduces the risks and anxiety associated with being isolated. That is why The Village was happy to end 2021 with its doors open, welcoming the community back. The Village launched two programs in November – an indoor walking program, led by students, and an exercise program run in partnership with the VON.

“It’s great. I think we need to be organized with our exercising or else we just do not do it at home,” said [Rona Currie](#) who participates in both programs. “It’s nice to come out to be with our friends, get out of the house and socialize, as well as exercise.”

“I need to come out and do some exercise. I don’t do very much at home, so I need this, in the winter particularly,” said [Judy Armstrong](#). “I need the social activity too.”

Working with older adults is a great learning experience for the students too.

“The highlight of working with older adults for me is getting to learn so much about the perspective of an older adult,” said [Jazmin Foreshow](#), a [Canadore Behavioural Science student](#). “Doing research about the needs and interests of the older members of our community has really made me realize how few differences – but how many rich differences – there are between an older adult and a college student. We all want to learn, be with our friends, have meaningful experiences, and feel both safe and included. It has also given me a much more educated perspective on aging!”

“I have realized that working with the elderly is a very enriching experience for me and even for my family,” said [Social Service Worker student Cenayda Serrano Vergara](#). “First, because I have learned a great deal about very important issues of the human being. I have known more closely the needs of life at this age. I have grown in the knowledge of care and the best way to work with this population. I have had the happiness of giving my best to all these special people who need my support.”

“The thing I’m impressed with the most is the students,” said [Laurel Brooks](#). “We meet them every week, so it’s like meeting our friends. Most of us are living alone. The part of the program with the kids – I call them kids – is we feel young being with them. But, they’re also learning something that is very vital for our future.”

“It takes a village to take care of senior ladies,” said [Penny McCracken](#), a regular participant in the seniors’ program.



Student Mental Health and Well-Being Strategy



College might be the first time being away from home for some, and the first real academic challenge for others.

These challenges are often magnified during periods of change in personal circumstances, and with students ranging in age from 18 to 70 studying at Canadore College from around the world, the mental health environment can be complex to navigate.

In October 2020, Canadore College launched its three-year Student Mental Health and Well-Being Strategy, a framework that will enhance and guide the development and evolution of student support services in the contemporary environment.

The plan is focused on community partnerships, measuring the efficacy of interventions and the launch of additional, proven intervention strategies. The plan can be viewed at www.canadorecollege.ca/mentalhealth and community partners are invited to team up with Canadore on the implementation of the plan in support of a stronger community both on and off campus.

A working group of Canadore students and employees from various departments reviewed and analyzed available supports to assess what is working and what is not. The pan-college team then developed a holistic approach to guide, execute and maintain the plan in support of the campus community.

“We could not have foreseen the global pandemic and the complicating challenges it has created in terms of social isolation, or the limitations we have to deliver our support programs and services, so this strategy could not be more timely,” said Shawna Nielsen, Director of Student Experience and Success.

Wellness Garden



“The Village is our holistic approach to health and wellness training and education based on the practices of Indigenous, Eastern and Western cultures, all of which encompass a healthy mind, body, and spirit,” said George Burton, Canadore President and CEO. “The garden is a key attribute supporting Canadore’s vision of The Village and provides another teaching and learning element for students, employees and the community.”



Stanford International College Wellness Garden

Made possible by a generous gift from Stanford International College

WELCOME

to the Stanford International College
Wellness Garden, an Eastern medicine
garden that embodies...



Wind



Water



Sound



Fire



Soil

The garden symbolizes fulfillment found in harmony and tranquility of *mind, body, and spirit*, and was designed to create an admiration and sense of harmony with nature. The design is influenced by Eastern cultures, but utilizes plant species that are hardy to our northern climate.

Much like the spirit of The Village, the garden can be seen as a bridge connecting Canadore College to world cultures and practices. Each structure, sculpture, stone, shrub and tree was carefully built, placed, or pruned with a respect for the space and the materials.

The garden highlights the passing of the seasons - cherry blossoms shower the garden in spring, irises bloom in the summer, maple leaves glow red and yellow in fall. Trees - both native and Japanese - are pruned in the Japanese tradition to frame the garden in winter. No matter what time of year, stone paths that cross water features create a peaceful atmosphere that invites you to reflect on both the beauty of nature and its place in your life.

Please use this garden to relax your mind and
help you focus on basic ideas and principles.
Let it help you find an inner peace.

The Stanford International College Wellness Garden is connected to The Village, a world class health and wellness facility dedicated to educating the next generation of Canada's health professionals. It blends Indigenous, Eastern and Western practices, and offers student-led clinics, custom built classrooms, and the Village Ceremony Room. The Village fosters a spirit of collaboration that enhances the delivery of community-based services while inspiring a new ideal for holistic care and healing - across all life stages.

Canadore College and the Canadore Foundation dedicated the Wellness Garden in **September 2021**, and thanked their Toronto partner, Stanford International College of Business and Technology, for its generous gift to The Village capital campaign.

“The Wellness Garden provides an opportunity for people to experience a part of Eastern culture. We love the people of North Bay and hope they become more and more familiar with Eastern culture by visiting the garden,” said David Ding, President of Stanford International College.

The garden changes with the seasons: cherry blossoms flower in the spring; irises bloom in the summer; and maple leaves glow red and yellow in the fall. The trees, both native and Japanese, are pruned in the Japanese tradition to frame the garden in the winter. No matter what time of year, stone paths that cross water features create a peaceful atmosphere that invites visitors to reflect on both the beauty of nature and its place in their life.



Stanford International College Wellness Garden

The Future

Intergenerational Living

The Village has its eyes firmly fixed on the future, as it looks to build capacity in long-term care and affordable housing for seniors. The COVID-19 pandemic has shone a bright light on the need for improved long-term care options for our seniors. The Village is ready and willing to support the province in building new capacity in long-term care that puts residents first.

As part of Phase 2 of The Village, Canadore College is partnering to develop a new world-class, seniors living facility with 160 new beds in North Bay, where residents will have access to diverse and client-centric health care options, including a fully functioning pharmacy and a healthcare provider on site.

THE VILLAGE
CANADORE

Phase 2

Canadore College partnering
to create
capacity

NEW

seniors living
facility with
160 beds
in North Bay

The Village
anticipates
breaking
ground on
Phase 2
in the spring
of 2022.



The Village Reflection Space

Seven Clans

Bear, Bird,
Crane, Deer,
Fish, Loon,
Marten

The Village Reflection Space will be located outside, beneath The Village walkway. It will feature seats and tables, and pillars depicting the seven Indigenous clans of the Anishinaabe people. The design is being guided by well-known artist and philanthropist, **Dan Commanda**. The outdoor space will honour and reflect the treaty lands on which Canadore College is located, serve as an outdoor educational space, and support reflection on the legacy and impact of residential schools.

The space will feature tile mosaics with eleven 12-foot high pillars, with interpretive plaques placed on each pillar. Work is expected to begin in the spring of 2022. Donors who wish to support the project or to sponsor a pillar can reach out to the Canadore College Foundation at 705.471.9678 or carrie.dokis@canadorecollege.ca.

The shortage of affordable housing units for seniors who require supports contributes to high alternate levels of care in hospitals and long-term care waitlists.

Future plans for The Village include affordable housing units for seniors in Northeastern Ontario.



The Village by the Numbers



The following programs have been successfully launched or expanded:

- Honours Bachelor of Science – Nursing
- Practical Nursing
- Personal Support Worker
- Behavioural Science Technician/Technologist
- International Licensing Preparation
- Health Care Administration
- Health Care Administration – Indigenous
- Dental Hygiene program expansion

All resulting in the full-time postsecondary enrolment growth of **230 full-time students.**

Jobs created:

25 full-time jobs
(faculty and support services)

more than **35 part-time jobs**
created (faculty, support services and cultural programming)

20 paid student positions on campus

Community Relationships beyond the Collective Impact Project:

Fifteen industry partnerships including research, concept development, food and water security, health promotion and services have been created and are underway. For more information, visit The Village website at www.canadorecollege.ca/the-village



CONNECTING WITH US

The Canadore College Foundation wholeheartedly supports the College's commitment to student success. This dedication to our students means that we welcome feedback from our community members as we strive to enrich the Canadore experience for all.

To connect with us, reach out any time to:

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