

COVID-19 Update – Friday, March 18, 2022

The Government of Ontario is lifting more of its COVID-19 public health protocols, including ending the requirement to wear masks in most indoor public settings. There are also new COVID-19 isolation requirements.

Here is what you need to know:

As per the provincial regulations, Canadore College has decided to maintain its COVID-19 mask mandate and vaccination policy until Friday, April 22, 2022, the end of the Winter Semester for most programs, as per the provincial regulations.

Canadore College will continue to supply all those entering its campuses with an approved 3-layer procedure mask. Until further notice, cloth masks will not be permitted.

No additional personal protective equipment is required where individuals are masked.

For details on Canadore's vaccination requirement, [click here](#).

The Government of Ontario's new isolation requirements are as follows:

If you have symptoms or have tested positive for COVID-19

Employees and students who are experiencing COVID-19 symptoms (most common: fever/chills, cough, shortness of breath, decrease/loss of smell or taste, extreme tiredness not associated with a pre-existing condition) should assume they have a COVID-19 infection or may be contagious and must not attend campus.

For those who are fully vaccinated, you must isolate for at least five days

- If you reach the end of your isolation period **and** have a fever and/or other symptoms, you must continue to isolate until your symptoms have improved significantly for at least 24 hours (or 48 hours if the symptoms affect the digestive system), and you have no fever.
- If you feel sick but your symptoms are not in the list above, stay home until you feel better for at least 24 hours (or 48 hours if the symptoms affect the digestive system).

If you live with someone who has symptoms or has tested positive for COVID-19

You **do not** need to isolate if one of the following applies to you:

- you have previously tested positive in the last 90 days and do not have symptoms;

- you are over 18 years old and have received a COVID-19 booster dose; or
- if you are under 18 years old and are fully vaccinated.

Instead for 10 days after exposure you must:

- self-monitor for symptoms;
- wear a mask and avoid activities where mask removal would be necessary; and
- not visit anyone who is at higher risk of illness or any highest-risk settings (unless you previously tested positive in the past 90 days).

If you do not meet any of the criteria above, you must isolate while the person with symptoms/positive test result isolates (or for 10 days if you are immunocompromised)

If you have been exposed to someone outside your household who has symptoms of COVID-19 or a positive test result.

No isolation is required; however, you must:

- Self-monitor for symptoms for 10 days after last exposure;
- Wear a mask, avoid activities where mask removal is necessary (dining out, high contact sports) and follow all other public health measures if leaving home; and
- Do not visit any high-risk settings (long-term care or retirement homes), or people who may be at higher risk of illness, for 10 days after last exposure.

If you live, work, attend, volunteer or have an academic placement in a highest-risk setting

You are required to:

- tell them you have been exposed; and
- avoid going there for 10 days from your last exposure, **unless you have tested positive for COVID-19 in the last 90 days and have no symptoms.**

The highest-risk settings include:

- hospitals and health care settings, including complex continuing care facilities and acute care facilities;
- congregate living settings, such as long-term care and retirement homes, First Nations elder care lodges, group homes, shelters, hospices, temporary foreign worker settings, correctional institutions, provincial demonstration schools and hospital schools; and,
- home and community care settings.

To help ensure sufficient staffing levels, workers in these settings may be asked to return to work earlier than 10 days, with additional precautions such as testing. Speak with your employer for more information.

Access to Campus

All Canadore College campuses remain in restricted access. Please access the campus for academic programming, a specific event, or for obtaining support or services through a college department.