

# **Disclaimer:**

## **Only Valid For Fall 2025**

**This presentation was prepared for and delivered at the Canadore Fall 2025 International Orientation. Please note that the information contained herein was accurate at the time of presentation but may have since changed.**

**As such, the content may be outdated, inaccurate, or subject to revision without notice. For the most current information, please consult official Canadore College resources or contact International Office at [international@canadorecollege.ca](mailto:international@canadorecollege.ca).**

# **Welcome Home**

# **Fall 2025**

**Canadore International Orientation**

# Land Acknowledgement

As we gather in person for Canadore Orientation, we acknowledge that Canadore College is situated on the traditional lands of the Anishinaabeg, within the lands protected by the Robinson Huron Treaty of 1850. This land is home to the people of Nipissing First Nation, who have lived here since time immemorial.

We express our gratitude and respect to the Indigenous peoples who have stewarded this land throughout the generations and whose presence continues to enrich our community today.

# Traditional Drumming

**Gerald McComb**

Cultural Advisor, First People's Centre  
Canadore College





# Traditional Drumming

For Canadian Indigenous Peoples, the drum is not simply a musical instrument. The drum is representative of Mother Earth's heartbeat.

It is used for ceremonial purposes as well as for social settings. Many Indigenous nations and communities across Canada have their own drum. There are numerous variations of the drum, including the "grandfather" drum, the hand drum, and the water drum.

The most common place you would find the drum is at a Pow Wow. Pow Wows are gatherings and celebrations where drumming, singing and dancing take place and are generally open for everyone to attend.

For many Indigenous nations, drumming and singing is a form of prayer. We will often have a song to open up a ceremony, gathering or event in a positive way. Some of the songs consist of chanting, with some containing words in our Indigenous languages. There are social songs, and others that are for more specific ceremonial purposes



CANADORE  
STUDENTS'  
COUNCIL



NIPISSING  
UNIVERSITY



CANADORE  
FIRST PEOPLES' CENTRE

# 20<sup>TH</sup> ANNUAL WELCOME POW WOW

WELCOMING NEW AND RETURNING STUDENTS

**FRIDAY, SEPTEMBER 12**



100 College Drive, North Bay, ON  
Shared Education Centre  
Location: By The Pond

**GRAND  
ENTRY  
11 AM**

**EMCEE:** Christina Beaucage

**ARENA DIRECTOR:** TBA

**HOST DRUM:** Boys From The Island

**INVITED DRUM:** Juniper Singers

**HEAD ELDER:** Lorraine Liberty-Whiteduck

**HEAD VETERAN:** Jason Nakogee

**HEAD DANCERS:** Niibin Nakogee & Georgia  
Mianskum

- Everyone Welcome • BBQ & Giveaway For All Guests •
- Honoraria for Dancers in Regalia • Information Booths •
- Indigenous Vendors •

**Drug & alcohol free event**  
**No dogs please**

*Photo by: Joel Louiseize*

Please email [blindgen@nipissingu.ca](mailto:blindgen@nipissingu.ca) for any inquiries

**CANADORE**  
college.ca



# 20<sup>TH</sup> ANNUAL WELCOME POW WOW



**VOLUNTEERS NEEDED!**

**FRIDAY, SEPTEMBER 12**



100 College Drive, North Bay, ON  
Shared Education Centre  
Location: By The Pond

*Scan to sign up!*



Email [biindgen@nipissingu.ca](mailto:biindgen@nipissingu.ca) for any questions or concerns



**NIPISSING**  
UNIVERSITY



**CANADORE**  
FIRST PEOPLES' CENTRE

# Welcome Remarks

**George Burton**  
*President*  
*Canadore College*

# Welcome Remarks

**Dr. Ahmed Obaide**

Vice President, Academic

*Canadore College*

# Welcome Remarks

**Jeannette Miron,**

Registrar & Senior Director of Enrollment & Student Services  
on behalf of

**Shawn Chorney**

Vice President, Strategic Infrastructure, Indigenous & Learner Services  
*Canadore College*

# Welcome Remarks

**Laura Solano Moya**  
Director, International  
Canadore College

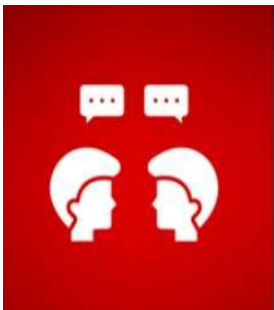


# Full Day Agenda

**08:30am-9:00am:** Registration

**9:00am-12:15pm:** Canadore Welcome & International Orientation

**12:15pm-1:30pm:** Lunch



## In-Person Orientation and Program Welcome

On September 2, **all morning classes will be cancelled**, and all first semester students will be attending the Canadore General Orientation and Program Welcome sessions. These sessions will provide first year students with essential information about Canadore that will help them during your first week as well as provide them with an opportunity to meet their faculty and other classmates.

Classes for all students not participating in the Village Expo will resume at 12:30 PM

**Aviation students: Please note that only your 8:30 AM classes will be cancelled, and regular classes will resume at 9:30 AM**



# Introduction to North Bay

**Natasha Penn**  
Economic Development  
*City of North Bay*



CANADORE COLLEGE

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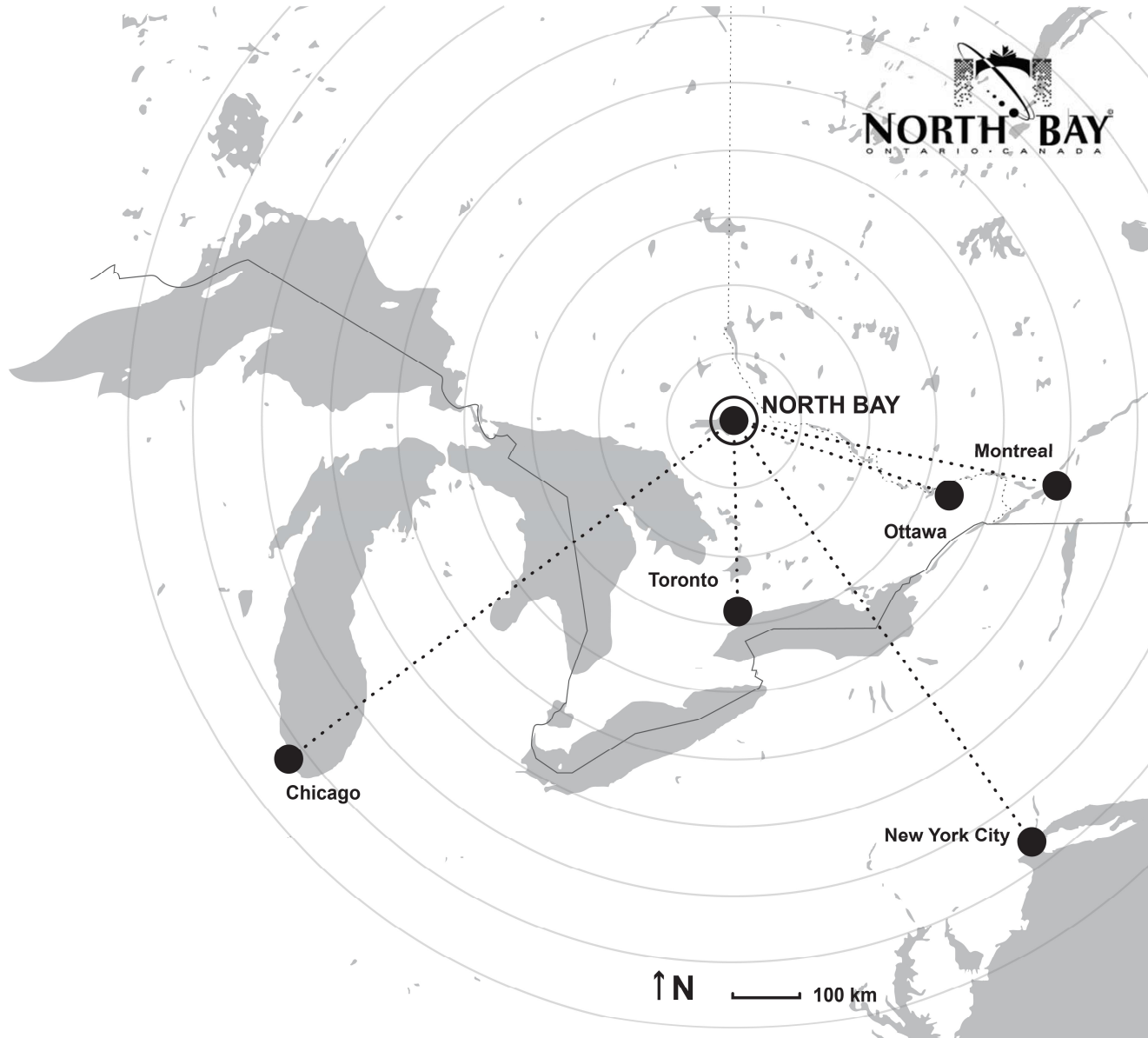
NORTH BAY

ONTARIO • CANADA

## LOCATION

Known as the gateway to Northern Ontario, North Bay is a 3-hour drive north of Toronto, and 3½-hour drive west of Ottawa.

With a population of approximately 52,000.





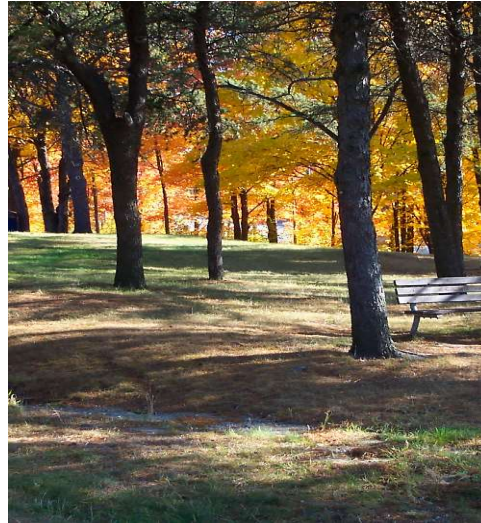


# SUMMER

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**NORTH BAY**  
ONTARIO • CANADA





FALL





WINTER

  
**NORTH BAY**  
ONTARIO • CANADA





SPRING





## EDUCATION

- › North Bay is home to Nipissing University and Canadore College, several private colleges, training institutions, vocational schools and four school boards.
- › Wide a wide range of educational institutions and programs, students have the opportunity to begin learning in junior kindergarten and complete their studies with a masters degree, without ever leaving North Bay.
- › North Bay offers a variety of childcare services, including after-school and youth programs.







## HEALTH CARE

- › The North Bay Regional Health Centre (NBRHC) provides acute care services to North Bay and its surrounding communities.
- › It is the specialized mental health service provider serving all of Northeast Ontario.
- › One Kids Place provides community-based rehabilitation and related support services for children and youth, and their families.





## TRANSPORTATION

- › City transit
- › PHARA bus
- › Ontario Northland
- › YYB Jack Garland Airport







# FAITH & WORSHIP

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## COMMUNITY CONNECTIONS

› Moving to a new community brings the opportunity to meet new people and make new friends.

- › Community groups
- › Organized clubs
- › Sports teams

› Local programs, clubs and networks are available to help with gaining professional contacts and learning more about events in North Bay.

- › Young Professionals
- › North Bay Chamber of Commerce
- › North Bay Toastmasters



# WELCOME TO NORTH BAY

Free Event

If you are new to the city or want to connect with local organizations, this event is for you!

Come out and explore:

- Community Information
- Family Fun
- Kids Activities
- Giveaways



**Saturday, September 13**

11 a.m. - 2 p.m.

West Ferris Arena  
42 Gertrude Street E.

For more information contact  
[natasha.penn@northbay.ca](mailto:natasha.penn@northbay.ca)  
or 705.474.0400 x2431.

This event is proudly organized by





## VIDEO LINKS

- › Life in North Bay
  - › [youtu.be/-TVddboQ9c4](https://youtu.be/-TVddboQ9c4)
- › City of North Bay – Do It All
  - › [youtu.be/Y-rDI5NQ0u8](https://youtu.be/Y-rDI5NQ0u8)
- › Fall and Winter in North Bay
  - › [youtu.be/0aWiciIX50Q](https://youtu.be/0aWiciIX50Q)
- › Summer in North Bay
  - › [youtu.be/VroHrR3XJJY](https://youtu.be/VroHrR3XJJY)
- › North Bay Industry
  - › [youtu.be/tQnzFinajc0](https://youtu.be/tQnzFinajc0)

## WEBSITE LINKS

- › North Bay Immigration
  - › [www.northbayimmigration.ca/](http://www.northbayimmigration.ca/)
- › Move Up North Bay
  - › [moveup.northbay.ca/](http://moveup.northbay.ca/)
- › Invest North Bay
  - › [www.investinnorthbay.ca/](http://www.investinnorthbay.ca/)
- › City of North Bay
  - › [www.northbay.ca/](http://www.northbay.ca/)

## CONTACT INFORMATION

**Natasha Penn**

Economic Development

City of North Bay

[Natasha.penn@northbay.ca](mailto:Natasha.penn@northbay.ca)

705.474.0400 x2431

# Time for a Quick Break!

Let's get moving!

STOMP, STOMP, CLAP – STOMP, STOMP, CLAP

“We Will Rock You!”

[https://www.youtube.com/watch?v=2flzgcqCrW8&list=RD2flzgcqCrW8&start\\_radio=1](https://www.youtube.com/watch?v=2flzgcqCrW8&list=RD2flzgcqCrW8&start_radio=1)



# Resources for International Students


**Jessica Boissonneault**  
Office Assistant  
*Canadore College*



# What information can you trust?

It is **your responsibility** to use official and accurate information.

 **Do not** depend on agents, WhatsApp groups, or friends for important details.

 **Do** check Canadore College's website, with our International Student Advisors, with IRCC, or other *official* websites.

If you need clarity, you can **email** the International Department, or **visit** us in person at:

**College Drive: C210**

**Commerce Court: E101**

**Aviation: Y119**

# Common Practices and Expectations

Understanding the common practices and expectations in classrooms and workplaces is important. These include how people communicate, collaborate, and show respect for others. Being aware of these shared practices helps students feel comfortable, build positive relationships, and thrive while living and learning here.

- Be on time for class and work.
- Respect other people's personal space and boundaries.
- Be respectful of others' input and opinions even when you do not agree.
- Communicate politely and clearly.
- Be open to learning and following the policies and procedures of your workplace/classroom.
- Maintaining good personal hygiene is an important aspect of well-being and daily life.

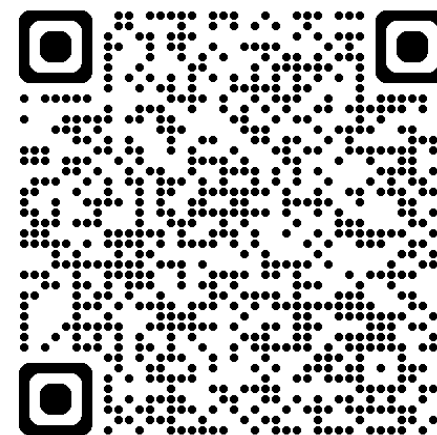
# Racism in canada

Canada is a welcoming and diverse country, but you may still face discrimination or racism. If this happens:

- **You are not alone.** We are here to help and support you.
- **You have rights.** Everyone has the right to be treated with respect and fairness.
- **We can help.** Please report any concerns to the International Department. We will work with you to make sure you feel safe and supported.

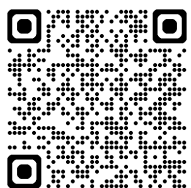
We encourage you to participate in activities, meet new people, and share your culture. This helps build understanding and friendships.

For more information about your rights, please scan this QR code:



# Getting your questions answered

Here are the quickest ways to get your answers:



## Step 1: Download the iCent app!

Your guide to everything at Canadore, including booking with the Advisors!

## Step 2: Visit our Website

[canadorecollege.ca/canadore-international](https://canadorecollege.ca/canadore-international)



## Step 3: Check out our FAQs

Found on our website, find answers on admissions, registration, health insurance, travel, and more.

## Step 4: Check out the Coming to Canada series

Sent straight to your email, and available in our FAQ, these emails are packed with essential tips to prepare you for your journey and settle in. Keep an eye on your email for the **Welcome to Canada** emails to help you settle here at Canadore. Coming soon!

## Still Have Questions?

For your application/registration: [international.admissions@canadorecollege.ca](mailto:international.admissions@canadorecollege.ca)

For all other inquiries: [international@canadorecollege.ca](mailto:international@canadorecollege.ca)

# Immigration Advising

**Inderjit Kaur Khokhar, RCIC**  
International Student Advisor

Our Offices are located at:  
C210 - College Drive  
E101 - Commerce Court  
Y119 - Aviation Campus

# Immigration Matters

- Travelling As a Student
- Study Permits and Conditions
- Temporary Resident Visa
- Co-op Work Permits
- Working as a Study Permit Holder
- Post-Graduation Work Permit
- Inviting Family Members to Canada



Canada Citizenship and Immigration Canada / Citoyenneté et Immigration Canada

TORONTO ON CANADA

Application/Demande: UCI/UC:

**STUDY PERMIT/PERMIS D'ÉTUDES**

CLIENT INFORMATION/INFORMATION DU CLIENT

Family Name/Nom de Famille: \_\_\_\_\_  
Given Name(s)/Prénom(s): \_\_\_\_\_  
Date of Birth/Date de naissance: \_\_\_\_\_  
Sex/Sexe: \_\_\_\_\_  
Country of Birth/Pays de naissance: \_\_\_\_\_  
Country of Citizenship/Citoyen de: \_\_\_\_\_  
Travel Doc No./N° du document de voyage: \_\_\_\_\_

MALE  
RUSSIA  
RUSSIA

PASSPORT

ADDITIONAL INFORMATION/INFORMATION SUPPLÉMENTAIRE

**Protect yourself:**  
detecting, avoiding  
and reporting  
immigration scams



**HM1** [ @Singh, Dig Paul] Out of scope and in scope to add

Hill, Marly, 2024-11-27T15:24:48.859

**SD1 0** [ @Hill, Marly ] explaining out of scope and in scope is important and correct.

I believe the ppt should carry the support we provide and look like positive and welcoming students.

Negative approach by saying things we cant/ do not provide can lead to a negative interpretation of the department.

If we ever get a student in person, we take time to clearly explain thier options, which is a better approach

Singh, Dig Paul, 2024-11-28T16:47:54.168

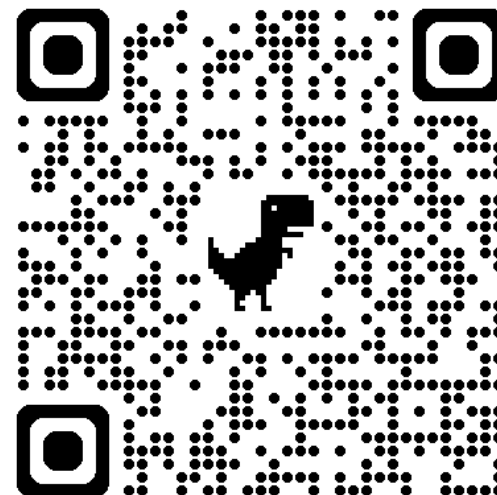
## Reaching Out to the Right Person

For **general inquiries**, reach out to the team at  
**[International@canadorecollege.ca](mailto:International@canadorecollege.ca)**

For **immigration matters**, reach out to our International Student Advisors directly.

For **international health insurance**, reach out to Kristopher at  
**[International.Insurance@canadorecollege.ca](mailto:International.Insurance@canadorecollege.ca)**

For **international study abroad opportunities**, reach out to Lianne at  
**[Study.Aboard@canadorecollege.ca](mailto:Study.Aboard@canadorecollege.ca)**





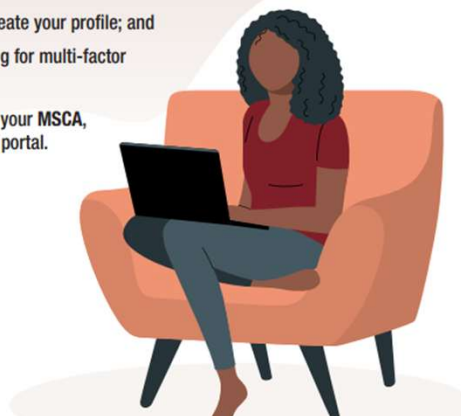
# Your Social Insurance Number

The Social Insurance Number (SIN) is a nine-digit number that is required to work in Canada.

## > Are you new to Canada and need a SIN?

1. Apply for your SIN online at [sin-nas.canada.ca](https://sin-nas.canada.ca).
2. You will receive an email confirming your application with a SIN Application Number (SAN).
3. Within 5 business days you will receive a second email confirming that your application has been processed.
4. Go to My Service Canada Account (MSCA) to register for an account. You will need your SAN and your unique client identifier, from Immigration, Refugees and Citizenship Canada.
  - a. Follow the verification steps to create your profile; and
  - b. Secure your account by registering for multi-factor authentication.

Once you have successfully created your MSCA, you can view your SIN in the secure portal.



Service  
Canada

## What do I need to apply?

To apply for a SIN, you must provide identity documents:

1. An original valid **primary identity document** that proves your identity and your legal status in Canada, such as:



A Permanent Resident Card or a Confirmation of Permanent Residence, issued by Immigration, Refugees and Citizenship Canada (IRCC); or



A work permit; or a study permit, which indicates the permit holder "may accept employment" or "may work" in Canada, issued by IRCC; or a visitor record showing that you are authorized to work in Canada, issued by IRCC; or



A diplomatic identity card and a work authorization, issued by the Department of Foreign Affairs, Trade and Development.

2. An original valid **secondary document** to confirm your identity, such as a passport or a provincial or territorial identification issued by a Canadian Government (federal, provincial, or territorial). Examples:



A passport, (Canadian or foreign)



A single journey travel document



A provincial or territorial health card or driver's license

**Sign up for our SIN clinic coming on September 8 at Commerce Court!**

# Your Social Insurance Number

## Protecting your SIN

Your SIN is confidential. Do **not** use it as identification or provide it for job applications, rental applications, etc.

In the wrong hands, your SIN could lead to:

- an invasion of privacy
- identity theft
- loss of government benefits, tax refunds or bank credits

If someone uses your SIN to commit fraud, it could ruin your credit rating. Someone could also use your SIN to work illegally. In this case, the Canada Revenue Agency (CRA) may expect you to pay tax on income you did not receive.

## When to provide your SIN

Your SIN is confidential. The most common uses of your SIN is:

### when you are hired for a job and begin working

- Employers must collect your SIN to report your income to the government for tax and social benefits purposes

### when dealing with the government for certain transactions

- You need to provide your SIN to:
  - file your taxes
  - access programs and benefits like employment insurance, student loans and grants, and public pensions

### when you open an account that earns interest income at a bank or other financial institution

- Financial institutions must collect your SIN to report your income (such as interest and dividends) to the government for tax purposes

For the lists of federal programs that are permitted to collect and disclose the SIN consult The [Social Insurance Number Code of Practice \(https://www.canada.ca/en/employment-social-development/services/sin/reports/code-of-practice.html#h2.1\)](https://www.canada.ca/en/employment-social-development/services/sin/reports/code-of-practice.html#h2.1)

## When not to provide your SIN

Some businesses may ask for your SIN. This is strongly discouraged, but not illegal.

For example, you **do not** have to provide your SIN:

### when you apply for a job

- Employers don't need your SIN until they hire you for the job and you begin working and earning income

### when dealing with non-government entities for most transactions

- You don't need to provide your SIN to:
  - rent a property, fill out a rental application, or negotiate a lease
  - sign up for telecommunication services (like phone, internet, or cable services); an exception is Hydro Quebec, which must collect the SIN by provincial law
  - rent a car
  - complete a medical history questionnaire
  - write a last will and testament
  - apply for post-secondary education

### when you perform general banking transactions and for financial transactions that don't earn you interest income

- You don't need to provide your SIN to:
  - apply for a credit card
  - apply for or renew a mortgage
  - apply for a loan or line of credit
  - cash a cheque

### when you request a credit report

- You don't need to provide your SIN to get a credit report
- Offer to provide other documents instead of your SIN for identification purposes or for credit purposes

## What to do if someone asks for your SIN when it's not required

If someone asks for your SIN, ask questions. Ask why they need it, ask how they will use it, and ask who else will receive it. Explain that your SIN is not required by law and that you do not want to provide it. Offer to use a different proof of identity.

# Admissions and Registration

**Jeannette Miron**

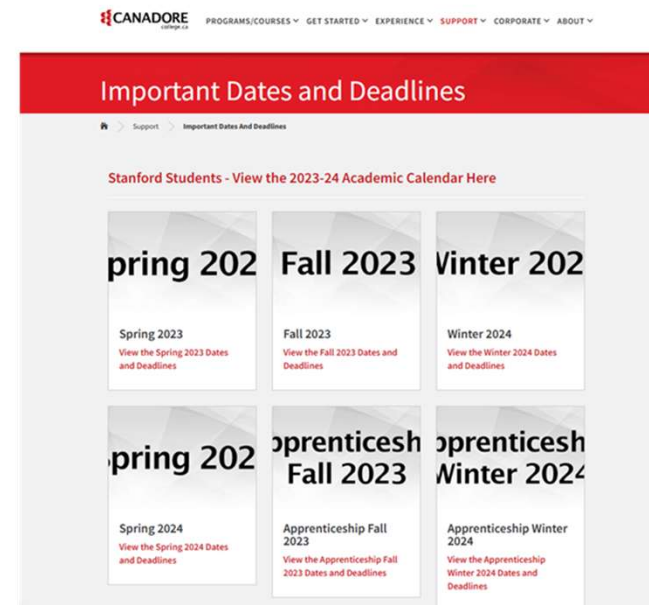
Registrar and Senior Director, Enrolment and Student Services

*Canadore College*

- Important Dates and Deadlines
- Admissions Forms
- Curriculum, Schedule, Courses
- Registration Process
- Recognition of Prior Learning
- Getting Started on the Right Path
- Scholarships and Bursaries
- Canadore Work Study Program

# Important Dates and Deadlines

- Navigate to [canadorecollege.ca](https://canadorecollege.ca)
- Select the Support tab, Important Dates and Deadlines, and then the term you would like to view.



- Last day to withdraw or add courses
  - September 15 without academic penalty.
- Fee due dates
  - First year fee estimates are located on page 2 of your LOA, the website is the source of approved fees. If you are a returning upper-year student, you will receive a fee statement and reminder a few months prior to your next registration.
- Grades
  - Official grades are posted to your Self-Service account at the dates denoted on the important dates and deadlines pages. Once final grades are released, final credential audit processes begin.
- Convocation dates
  - Also posted on the Important Dates and Deadlines pages.



Navigate to [canadorecollege.ca](https://canadorecollege.ca)

- Select the Support tab, and then Admissions



All important forms can be found here such as Transcript Requests and much more.

Online Forms	
Add/Drop Form	Pay for Testing
Authorization to Release Personal Information	Photo Release Form
Bus Pass Opt-in / Student ID Form - Spring/Summer 2023	Request for Appointment with the Dean
Certificate Request Form - Continuing Education	Request to Graduate - North Bay/Parry Sound
Diploma Reprint Request	Request to Graduate from a Program Not Currently Registered in
Domestic Internal Application	Student Name Change
Letter Request	Transcript Requests
Pay for Peer Tutoring	

- Review and save your program curriculum (found under programs and courses on the website).
- In person courses are denoted with a classroom location on your schedule.
- Failed subjects must be repeated and may incur additional fees at the PT rate (higher cost).



- Registration Process:
  - By now you would have received an email with instructions, including a how-to guide. If you are having problems with your registration, please see an admissions team member (have your student number ready).
- Check your student account to ensure your fees are paid. Your account must be in good standing to register, receive letters and documents.

- Pathways Officer – Jonathan Cranston
- <https://www.canadorecollege.ca/get-started/credit-transfers>.
- Apply early and follow instructions carefully.
- Official documents required (course outline & and transcript).
- Reviews take up to 10-15 business days, must attend courses until results are provided.
- Many programs have pathways to provincial, national and international institutions, listed in our [Transfer & Pathways Guide](#).

- Bus Pass – scan the QR code
- Finding your schedule in Self Service
  - Log in, select student, registration, choose schedule view preference.
- Overload Fees – Add and Drop Courses
  - Additional fees may be incurred when adding courses.
- What to expect when you complete your program
  - Graduation packages (six to eight weeks from the date of final grades being posted – No exceptions).
- Second Program Application Process
  - You will be emailed around the seventh week of class, informing you of the process.



Everest Digital Identity

1. Download the app



- Navigate to [canadorecollege.ca](https://canadorecollege.ca)
- Select the Support tab and select Paying for College.
- Read the criteria for eligibility and ensure you apply by the designated deadlines.
- We can help students with budgeting effectively.
- Canadore Work Study Program
  - Apply online
  - Contact [finaid@canadorecollege.ca](mailto:finaid@canadorecollege.ca) for support.

# We are here to help!

Please reach out to a team  
member for support.

[International.admissions@canadorecollege.ca](mailto:International.admissions@canadorecollege.ca)

# International Student Services

Kristopher Smith

*Coordinator, International Student Services  
Canadore College*

# Services for International Students

- Health Insurance, *guard.me*
- Cultural Events and Programs
- Workshops and info sessions
- Community Connections
- Exchange Programs
- Language and Social Support
- Canadore Connections
- Advocacy





## Health Insurance

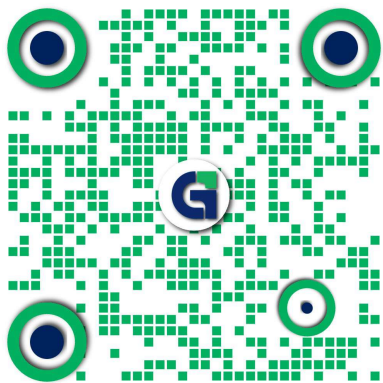
All International Students at Canadore College - **North Bay Campuses** benefit from inclusion in a health insurance plan with GuardMe, a leading provider of health insurance services to international students. The Health Insurance Plan is mandatory and included as part of international students' ancillary fees.

→ **A GuardMe rep will be at Pantherfest Expo on September 3 to answer your questions!**

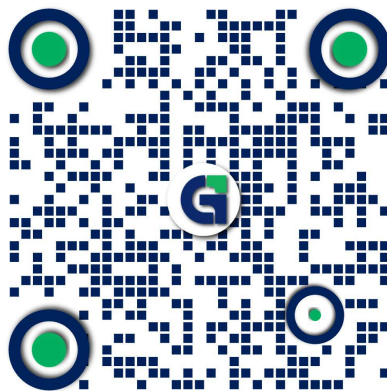


# Download the GuardMe app!

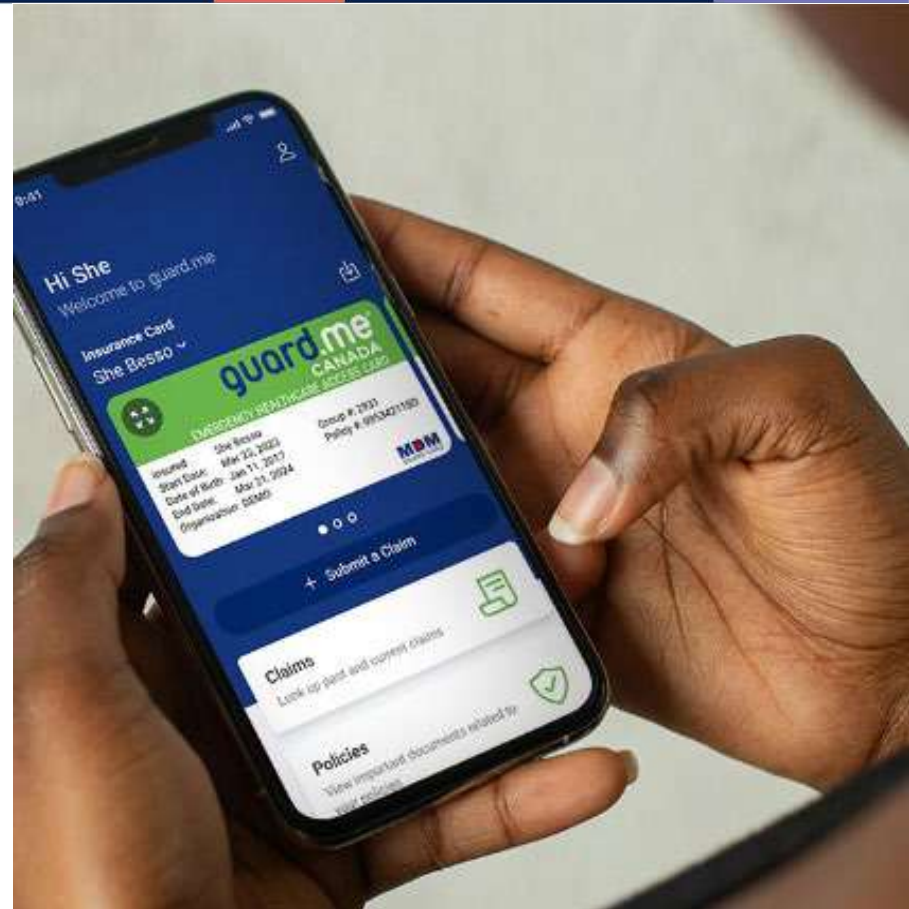
- View your healthcare access card
- Find medical providers
- Submit claims
- Access translations of policy documents
- Easily contact Customer Care

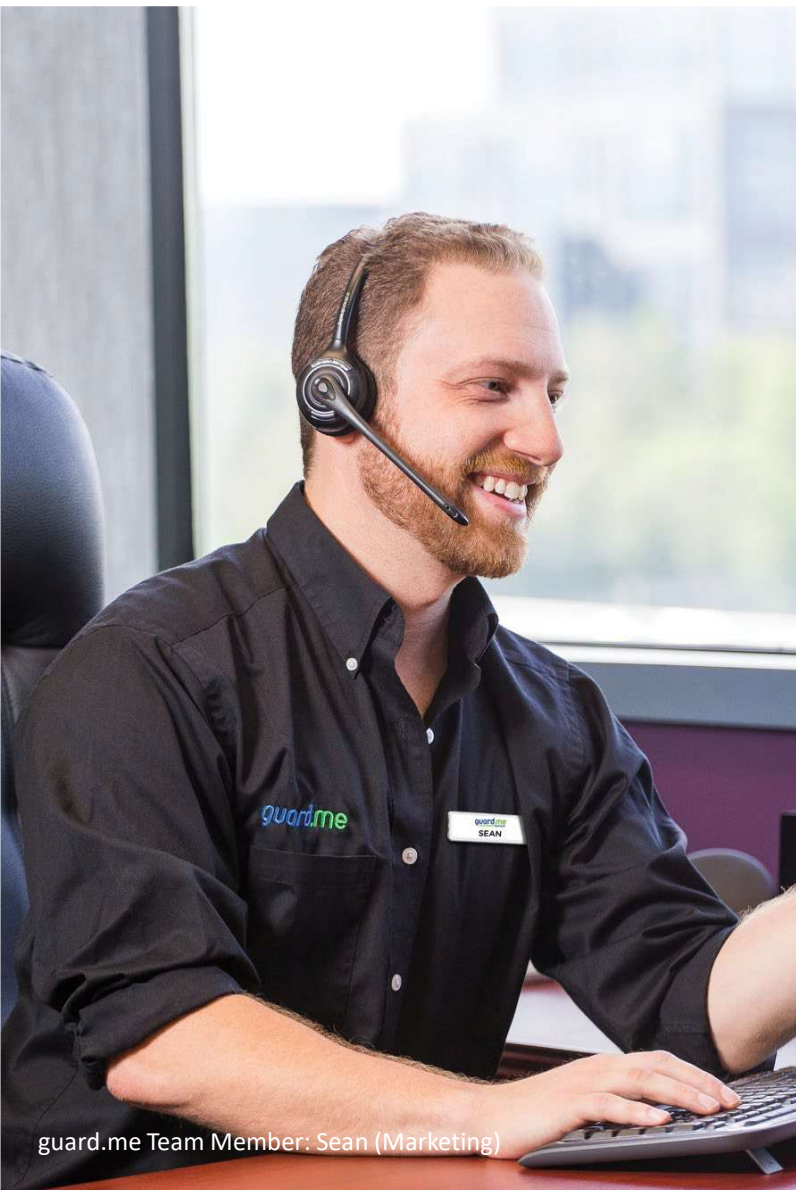


Apple



Android





guard.me Team Member: Sean (Marketing)

## Contact Us Anytime!



**Emergency Assistance Number:** Located  
on your **GuardMe** card  
**1-888-756-8427 / 905-731-8291**



**customer@guard.me**



**[www.guard.me/canadoreinternational](http://www.guard.me/canadoreinternational)**

**CUSTOMER SERVICE**  
**24 HOURS A DAY 7 DAYS A WEEK**

**GuardMe**



## Canadore Employment Solutions

**Located:** C211, College Drive Campus

**Email:** [employmentservices@canadorecollege.ca](mailto:employmentservices@canadorecollege.ca)

**Follow us on Facebook, Instagram and LinkedIn!!**

### Help with:

- Resume writing
- Cover letters
- Interview preparation
- Job seeking
- **Campus Work Study Program (CWSP)**
  - Work on campus
  - Up to 10 hours per week per semester

**KS1** Put in script, positions for international students (ISNs) upcoming  
Smith, Kristopher, 2025-08-27T18:12:16.241

# Canadore Student Life

Lise Paxton

*Student Life Coordinator, Student Services  
Canadore College*



CANADORE  
**STUDENTS'  
COUNCIL**

**CANADORE**  
college.ca

CSC is your elected student leaders!  
They plan events, support student life, share your ideas, and make campus a better place for everyone.

**Looking to meet new people?**

Want to share your interests with others?

Join or start a club!



Visit us @ [CanadoreStudentsCouncil.ca](https://CanadoreStudentsCouncil.ca)



Follow us on Insta: @CanadoreStudentsCouncil

[Facebook.com/CanadoreStudentsCouncil](https://Facebook.com/CanadoreStudentsCouncil)

Visit us on campus in the Welcome Centre at College Drive or at any of our campus events!





# PANTHERFEST

September 2025

 **CANADORE**  
college.ca

MON

TUE

WED

THU

FRI

SAT/SUN

01  
College closed for  
Labour Day

02  
First Day of  
Classes

03  
Pantherfest Expo  
@CD  
Thrive in College  
Booth @CC

04  
Retro Gaming w/ FPC

05  
Beach Bash at  
Armstrong Beach

06 / 07

08  
Postcards Home @CD  
SIN Clinic @CC  
Beading Drop-In w/  
FPC

09  
NB Transit Info Booth  
&  
Chai & Connections  
@ College Drive

10  
Pantherfest Expo &  
NB Transit @CC  
Gender-Based  
Violence Awareness  
Booth @All Campuses

11  
Retro Gaming w/ FPC  
Postcards Home &  
North Bay Transit @AV

12  
Panther Palooza  
Welcome Pow Wow  
Postcards Home @CC  
Varsity Exhibition Games

13 / 14  
Welcome to North  
Bay Event

15  
Strength Stones @CD  
Beading Drop-Ins w/  
FPC

16  
Strength Stones @AV  
Mood Walks @CD

17  
Pantherfest Expo @  
Aviation  
Thrive in College  
Booth @CD

18  
Retro Gaming w/ FPC  
Chai & Connections &  
Mood Walks @CC

19  
Flight Deck @  
Aviation  
Strength Stones @CC

20 / 21  
1:00 pm  
Bay Beats Music  
Festival at  
Waterfront

22  
Global Goals Week  
Beading Drop-Ins w/  
FPC

23  
Global Goals Week  
Mood Walks @CD

24  
Global Goals Week  
Thrive in College  
Booth @CC

25  
Global Goals Week  
Retro Gaming w/ FPC  
Work Smarter, Not  
Harder Workshop &  
Mood Walks @CC

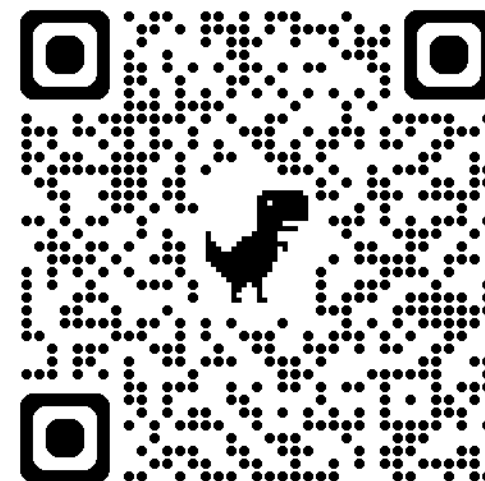
26  
Global Goals Week  
Panther Trail Quest  
& Backyard Bash  
@ College Drive

27 / 28

29  
Beading Drop-Ins w/  
FPC

30  
The Balanced Lab &  
Mood Walks @CD  
Orange Shirt Day &  
Day of Truth and  
Reconciliation

AV = Aviation Campus / CC = Commerce Court Campus / CD= College Drive Campus  
Please click each event for more information  
Check iSucceed for the full list, registration information and more  
Please note: Dates and times are subject to change. Watch our socials and web for the  
most up-to-date info!



**CANADORE  
STUDENTS'  
COUNCIL**

# Time for a Quick Break!

**Form into Small Groups (3–4 students)**

**Each student can take a turn sharing a little about themselves. You might talk about:**

- What's your name and the program you're enrolled in?
- Which campus are you attending, and what's one thing you're looking forward to there?
- How was your flight or journey here? Any interesting or funny travel stories?
- What's your first impression of North Bay/Canada?
- Share one surprising or interesting fact about yourself.
- What's a hobby or activity you enjoy in your free time?
- Is there one thing you're excited to do or try while in Canada?

We have **10 minutes** for this game, please have fun and be polite and respectful to each other!

# The North Bay Police Service

**Cst. Russ Moyer**

*Community Engagement/Crime Reduction  
North Bay Police Service*

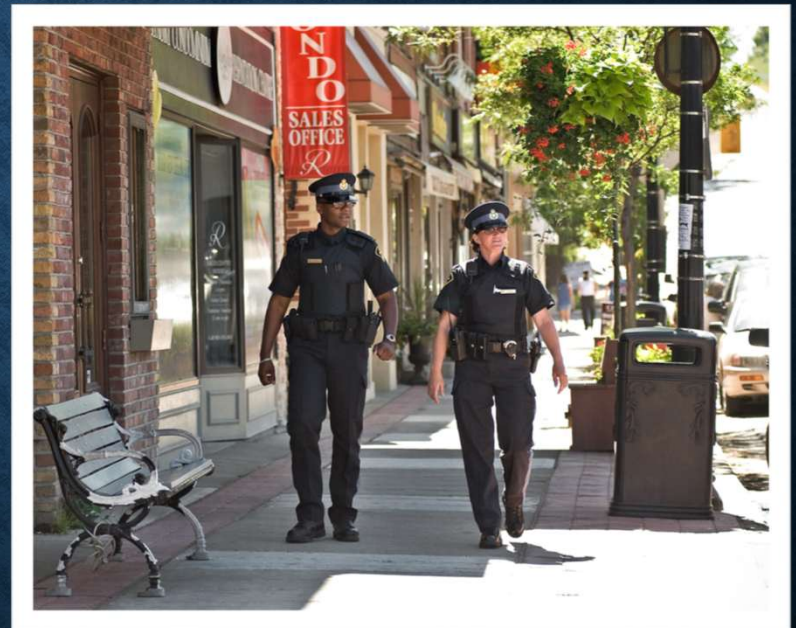
**ES1** International team to followup if they will be a speaker. If they cant speak give some information on what we should share with our team.

Small, Evelyn, 2024-10-31T18:33:05.281



## WHAT THE POLICE DO

- Community Engagement and Crime Reduction Officer.
- Public Speaking on various topics from social media awareness and safety to visiting elementary schools
- Organize and participate in community events.
- Beginning this year we will have an officer, at the University/College for 2 hours per week so students can ask any questions or voice any concerns





## **911 & WHEN TO USE IT**

- To Report a crime in progress or about to occur
- For a situation when serious injury can occur
- Suspicious activity
- To report a fire
- When an ambulance is required
- If you need police assistance but it does NOT fall into those categories then the number to call is 705-472-1234.

## WHAT IF I DIAL 911 BY ACCIDENT?

- Am I in trouble???? NO
- Will this affect my future VISA applications???? NO IT WILL NOT
- What do I do?
  - If you hung up after hearing a dispatcher call back on the non-emergency line 705-472-1234.
  - If you receive a call from NO CALLER ID shortly after, answer it, it is our dispatchers trying to ensure everything is ok and you are SAFE
  - The dispatchers will have questions for you, answer them as best you can.
  - If we are unable to reach you by phone, an officer will have to attend your residence to ensure your safety which takes up a lot of police resources.



## **PREVENT ACCIDENTAL 911 DIALS**

- Complications due to India's country code being 91
- Be certain of your dialing
- Disengage automatic emergency on phone so that once 9-1-1 are dialed it does not automatically call the emergency line without pushing send
- 2024, January 1 to August 9.
  - 3500 accidental 911 calls
  - 425 where people stayed on line and answered questions so that no further investigative steps were taken to ensure their safety.
- If you dial 1-1-2 you will be automatically directed to 9-1-1

## PEDESTRIAN ROAD SAFETY



- Be alert
- At lights, ensure traffic stopped and pedestrian symbol is lit.
- Use designated crossing spots when crossing the street when available
- Try to make eye contact with drivers in stopped vehicles to ensure that they see you before crossing in front of them
- At night, wear light and reflective coloured clothing so that drivers can see you
- If you are wearing earphones, make sure that you can still hear the traffic around you
- Do NOT walk on highway!

# English Language and Academic Support

**Ksenia Gvozdikova**

*ESL Technologist*

*Language, Access and Preparatory Studies*

*Canadore College*



# We Help You Get Better Marks!

## Come to **C106** College Drive

### INTERNATIONAL ACADEMIC SUPPORT HUB

#### English Language & Academic Support Available

##### **COLLEGE DRIVE CAMPUS** – C106

In-person academic support, workshops, Conversation Club and other resources

Weekly in-person support also available at **Commerce Court** and **Aviation campuses**.

##### **VIRTUAL APPOINTMENTS AVAILABLE**



Scan the QR code for available hours and to book an appointment.



#### CONTACT US!

Ksenia Gvozdikova, ESL Technologist  
Ksenia.gvozdikova@canadorecollege.ca

Julia Tignanelli, Faculty  
julia.tignanelli@canadorecollege.ca



#### We help **ALL Canadore students** with:

- Speaking English/ Pronunciation
- English Grammar
- Understanding class assignments
- Presentations
- Writing
- APA
- Preparing for IELTS or CELPIP tests (for work permits)
- Networking/ Making friends
- Connecting to other services

**Canadore Conversation Club** is a great place to meet interesting people and practice speaking English!



**Everyone is  
welcome!**

- Come to Conversation Club in Room C106 College Drive (International Academic Hub)
- Every **Tuesday** and **Thursday** 4:30 to 5:30pm
- Practice for CELPIP / IELTS
- Learn from guest speakers
- Discuss interesting topics
- Meet friends
- Enjoy snacks  
(provided by the International Department)

Stop by **C106 CD** or e-mail any time :  
[Ksenia.Gvozdikova@canadorecollege.ca](mailto:Ksenia.Gvozdikova@canadorecollege.ca)



# International Student Guide to NB

Akhilesh Sharma

*International Student Navigator  
Canadore College*

# Get Active

- **Sports**

- Badminton
- Cricket
- Bike program
- Varsity(Volleyball/Basketball)
- Gym

- **Outdoors Activities**

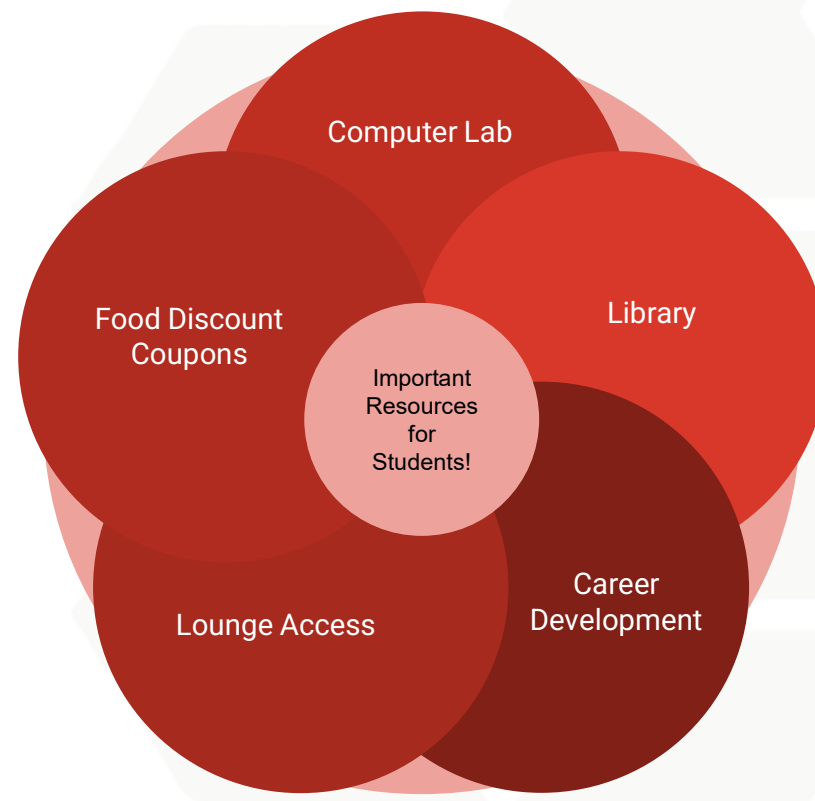
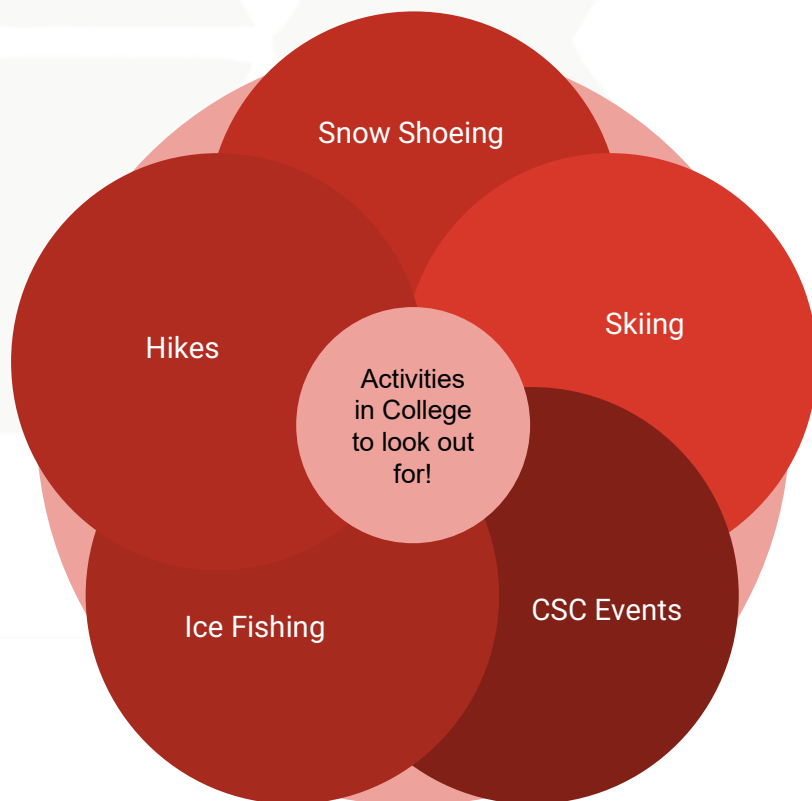
- Swimming
- Cycling in City (Kinsmen and Kate Paceway) and Off-Road (Behind College/Residence, Ski club)
- Water Activities - Kayaking, Paddle Boarding
- Hiking (Duchesnay, Laurier Woods, behind Campus and Residence)
- Ice Skating/Ice Fishing
- Geocaching
- Sledging
- Cold Plunge

- **Spots/Locations**

- Lookout Point (Behind College)
- Waterfront (Nipissing Lake)
- Kinsmen Beach
- Birchhaven Cove (Trout Lake)
- Parks: Sunset Park, Champlain Park, Skate Park, Lee Park
- Laurentian Conservation Area(Skill Hill)
- Bowling/Pool Arena



# Get Involved





# **Sustainable Canadore**

**Jesse Russell**

Sustainable Development Project Leader

*Canadore College*

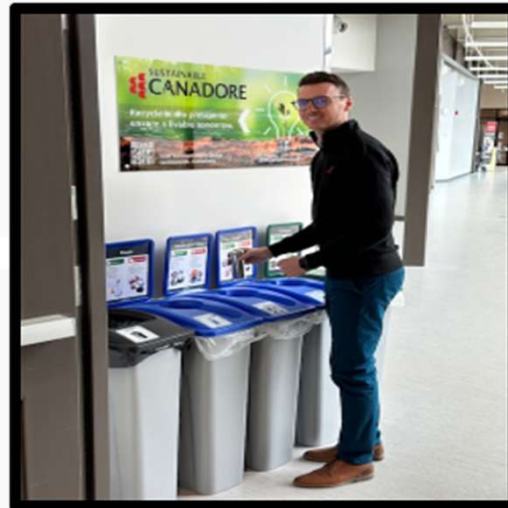
# Sustainable Canadore

## How Can You Help?

Help us to reduce landfilled waste by using one of our 25+ sorting stations.

### **We also recycle:**

- Batteries
- Masks
- Used Cell Phones
- Eyeglasses



### **Fill it Forward:**

Get your bottle for only \$1 and fill it up at one of our many water stations.



# Peer Support

**Karen Bell**

Peer Support & Outreach Coordinator

*Canadore College*

# Canadore College Peer Support



## Connect with CARES Peer Support!

- Drop In's and Pop Up's
- Activities
- Workshops
- Games
- 1 to 1 Connections
- Monthly Social Events
- Joint Events with Nipissing University's Peer Support Team
- Contests and Give Aways
- ...And More!



Scan to see where CARES will be next -  
We can't wait to see you there!



## CARES Peer Program Campus Allies for Resilience, Empowerment and Support

Student-to-Student Support

A program within the Student Success  
Services of Canadore College

**Monday to Friday 8:30 am to 4:00 pm**

**705.474.7600 ext. 6253**

**Commerce Court, room E135**

**\*Watch for us at College Drive and Aviation  
Campuses - Join Us!**

# **Student Success Services**

**Jillian Gear & Ziyaad Rajabalee**

Transition, Retention & Support Coordinators

*Canadore College*





### **Transition Support:**

Adjusting to Canadore college  
and life in North Bay



### **Academic Skill Development:**

Improve skills like studying,  
notetaking, time-management  
& organization, etc.



### **Ongoing advocacy & support:**

Do you have questions but  
aren't sure who or how to ask?

**Phone: 705-474-7600 x5205**

**Email: [studentsuccessnow@canadorecollege.ca](mailto:studentsuccessnow@canadorecollege.ca)**

# On-Campus Health Services

**Danalie Meyer**

Team Lead, Integrated Care Services  
Canadian Shield Health Care Services Inc.  
*The Village, Canadore College*

## Services

- **Nursing Services:** Completion of student health forms, First Aid, stitches removal, blood pressure monitoring, TB screening/reading and immunizations and more...
- **Physician Services:** Annual Health Exams, sexual health, minor illnesses and infections, referrals, non-narcotic prescription refills, and more...
- **Mental Health Services:** Individual/family counselling, service navigation, psychoeducation, support issues and more...
- **Rehabilitation Services:** Assessment and treatment of injuries, functional movement assessments, concussion treatment, and more...

## Booking an Appointment

### **Option 1:**

- Download the CHR connect app and create an account



### **Option 2:**

- Scan the QR code and create an account



### **Option 3:**

- Call the clinic at 705-618-7233 ex. 1105



## Location and Hours

### Location

#### Nursing and Physician Services

- V304 (The Village)

#### Mental Health and Rehabilitation Services

- B205 (Next to Security Services)



### Hours of Operation

#### Monday thru Friday

8:30am- 5:00pm

#### Saturday

8:00am - 4:00pm or 9:00am – 5:00 pm

\*Saturday hours are subject to change\*



# Closing Remarks

**Laura Solano Moya**  
Director, International  
*Canadore College*

# Thank You for Joining Us!

## Welcome to the Canadore Family!

**Grab your giveaway bag on your way out!**

**Lunch is ready in the Cafeteria**

**Visit the Photo Booth in front of the Caf – capture your memories!**



**Help us stay green:** use the recycling and trash bins according to their labels, and place plastics in the green cardboard bins (chip bags, juice boxes, sunglass bags, etc.).

