

## **Canadore Student Emergency Food Bank - Acknowledgment Letter**

### ***Introduction***

Usage of the Canadore Student Emergency Food Bank has soared in recent months. Several competing factors are at play, including rising costs of living due to inflation and the ongoing lingering effects of the pandemic.

Starting in Winter 2023, Canadore College and Canadore Students' Council, in response to rising demands placed on the Canadore Student Emergency Food Bank, have implemented a process to better and more equitably manage the limited supply of food bank resources.

These protocols are being put in place to ensure that Canadore College's Food Bank continues to play a role as a measure available to students in emergencies. Food Bank usage is meant as a measure of last resort and is to be utilized in extenuating circumstances only.

### ***Access Protocols***

#### **Completion of Forms:**

- Students wishing to access the Canadore Student EMERGENCY Food Bank must now sign and upload this Letter of Acknowledgment and the fully completed Application Form to the EmailMeForm on the Canadore Students' Council website. Failure to upload BOTH completed documents will delay the review process and may result in the inability to access the Food Bank.

#### **Timings:**

- Students are advised that the Canadore Student Emergency Food Bank is available during limited hours. In particular, to better manage student demand, access to the food bank will be available from Monday-Friday between the hours of 10:00 am-2:00 pm. Please note that these hours are subject to change due to staffing, meetings, ect. They may also be reduced during the Spring/Summer semester.

#### **Limitations:**

- Students are advised that since the Canadore Student Emergency Food Bank is for emergencies only, it intended as a short-term solution. It is not intended to supplement OSAP or other methods of personal funds. There are many additional supports in place which can be explored such as bursaries, scholarships, student grants/loans (OSAP) and services such as the Centre for Career Development: <https://www.canadorecollege.ca/corporate/centre-for-career-development>, which assists students in finding employment both on and off campus.

- Access to the Emergency Food Bank will be limited to 1 bag per month, with a maximum of 3 visits per semester.
- Access is permitted to currently registered, full-time students who reside in North Bay and West Parry Sound only.
- Students must attend and present their current, valid student card in person.

International students are furthermore advised that Canadore College's International Office offers webinars, information sessions and written resources relative to healthy eating, money, personal finance and effective budgeting specifically designed with international students in mind; please drop by the International Office in room C210 for a discussion relative to these matters; they would be glad to offer support and guidance.

#### Proof of Extenuating Circumstances:

- Students are advised that each visit to Canadore's Food Bank will be monitored, and records maintained. Access to the Canadore Student Emergency Food Bank must be supported with an explanation of the extenuating circumstances that the student is facing. In addition, students will be required to complete an in-take questionnaire. At the discretion of the attending staff, proof of extenuating circumstances may be requested.

#### ***Good to Know Information***

##### What the Emergency Food Bank **is**:

For access by currently attending full-time Canadore College students only, to alleviate acute and urgent food scarcity concerns due to the acute onset of extenuating circumstances.

##### What the Emergency Food Bank is **not**:

- A mini-shopping centre to be used when/as desired by students to access food
- A way to save money/trips to the grocery store
- A substitute for authentic engagement and awareness of the importance of regular grocery shopping, awareness of nutritional guidelines, managing weight, etc.

- The only source of food assistance available in the North Bay community; many additional resources exist with a current listing available at the link below:
- <https://cdn.agilitycms.com/canadore-college/Attachments/support/North%20Bay%20Food%20Banks%202022.pdf>

### ***Student Acknowledgment***

I acknowledge that I have read and understood the information presented in this letter. I understand that this information is being shared with me to better manage resources for all Canadore College students. I understand I may choose to continue to access the Emergency Food Bank (noting the access protocols, outlined above) or decline and choose alternatives that best meet my needs.

**Signature**

**Date**