



Promoting student wellness on campuses

One of the most urgent priorities on campuses today is student wellness.

Ontario has made great strides in recent years eliminating the stigma around mental illness and addiction. More people recognize the importance of seeking timely and effective help when they need it.

This is particularly true on Ontario's campuses, as the onset of mental health issues often occurs in early adulthood. The pressure to provide help was exacerbated these past two years by the added stress caused by the global pandemic.

Ontario has made important investments into mental health. To strengthen the help provided to students, candidates are urged to support:

- Increased funding for campus-based services such as front-line counselling and early-intervention supports.
- Policy measures to improve the access to care for people studying away from their home communities.