



by unknown

We need kindness throughout our lives. Sometimes it is hard for people. When they are having a bad day we have to comfort them with a little bit of kindness. We need to help people who are having a hard time.

I think this quote means that you can give some kindness to everybody.

When you go to all kinds of different places you can at least be nice to them.

If you are nice to people they will return it back to you.

If you are not kind to people they will most likely not be nice to you.

A little kindness can make someone's day much better even if something bad happened or just in general.

I chose this quote because I liked how it said "Leave a glitter trail of kindness behind you."

It means wherever you go be kind to whoever you see or meet. I liked that part of the quote because it means you are a kind and caring person if you are kind everywhere you go.

I also chose this quote because it stood out to me from the rest of them.

The other ones said "A little kindness won't hurt" or "We rise by lifting others" but I really liked this one.

I can help spread kindness by saying hello to people or picking up something they dropped. Just walking by someone and saying "hello" or "good morning" could make them happy.

If you were not kind to other people it would affect their day just because of what you said or did. For example, if a person was sad you could go up to them and say it is going to be ok and give them a hug or comfort them. With a little kindness it could help them or make them feel better.

If a person was at a grocery store and they had way too many things in their hands you can go up to them and ask if you could help them. If they say yes, you could help them with their bags.

Once a person I didn't know so much said hello to me and that made me really happy (she made my day a lot better).