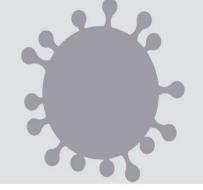
Coronavirus (COVID-19)





Montreal, June 15th, 2020

Dear Parents,

COVID-19 has caused major upheavals for the last several months, particularly in the education sector. Over the past few weeks, we know that you and your children are making considerable efforts and have shown great resilience so that your children can continue their schooling and development in exceptional circumstances.

For the past few weeks, the five school boards, the five *Centres intégrés universitaires de santé et de services sociaux* (CIUSSS), the *Direction régionale de santé publique de Montréal* (DRSP) and the city of Montreal have been working together to support children and families and respond to their needs during the pandemic. With the arrival of summer, we wanted to give you some important information.

First, until the end of the school year, we want to remind you that if you have any questions or concerns about your child, you can contact your school principal directly.

In addition, even during the summer, <u>health and social services are available through the CLSC closest to you</u>. More specifically, you will find the phone number for the psychosocial services of each CLSC if you experience personal, professional or family difficulties or if you have concerns for one of your loved ones. We have also added a <u>list of help lines and resources</u>, often available 24/7. In addition, the city of Montreal has made <u>line 211</u> available for its citizens for information and referrals to all available community and social resources.

Finally, to learn more about the coronavirus and to know the latest updates regarding health recommendations for Montrealers, you can visit the website of the Direction régionale de santé publique de Montréal.

In preparation for the start of the school year in the fall, we would like to reassure you that our top priority is the safety and well-being of each student and their family. We will continue to work together over the summer and will keep you informed on a regular basis of the next steps.

Finally, we sincerely thank you for your precious collaboration during this difficult period. We are aware that the decisions taken have had a huge impact on your daily life and your continued support remains essential.

Sincerely,

Directrice régionale de santé publique

Aylene Fromin

To translate this letter: https://translate.google.com/

Help lines and resources for the general population

Info-Social 811

Free and confidential telephone consultation service, available 24 hours a day, 365 days a year in order to get advice and answers about psychosocial issues. References can also be made to an appropriate resource in the health and social services network or to a community resource.

CLSC Accueils psychosociaux

Every CLSC has a psychosocial intake department. The CLSC staff assesses situation and needs, and provides follow-up or references the right department. Phone numbers are available on the next page.

Ligne 211 — Ressources Montréal

Free information and referral service available 7 days a week, from 8 am to 6 pm, 365 days a year regarding the social and community resources available.

Website: https://www.211qc.ca/

Tel-jeunes

Bilingual youth helpline, available 24/7 by phone, email, text or chat.

Phone: 1800 263-2266 or Website: https://www.teljeunes.com/Accueil

· Jeunesse, J'écoute

Bilingual youth helpline, available 24/7 by phone, email, text or chat.

Phone: 1800 668-6868 or Website: https://jeunessejecoute.ca/

Suicide Action Montréal

Support services for Montrealers who are either witnesses, distressed, worried or bereaved.

Phone: 1866 277-3553 or Website: https://suicideactionmontreal.org/nous-contacter/

Ligne Parents

Helpline for parents, by chat or email.

Phone: 1800 361-5085 or Website: https://www.ligneparents.com/LigneParents

SOS Violence conjugale

Bilingual, free and confidential helpline available 24/7 for victims of intimate partner violence (IPV) and anyone who is concerned about a situation of IPV.

Phone: 1800 363-9010 or Website: http://www.sosviolenceconjugale.ca/

Tel-Aide

Bilingual youth helpline, available 24/7

Phone: 514 935-1101 or Website: http://www.telaide.org/

• CLSC Psychosocial intake department (Accueils psychosociaux)

LOCATION	PHONE NUMBER
For the CLSCs of the CIUSSS du Nord-de-l'Île-de-Montréal CLSC Ahunstic	514 940-3300
CLSC Bordeaux-Cartierville CLSC de La Petite-Patrie CLSC de Montréal-Nord	
CLSC St-Laurent CLSC de Villeray	
For the CLSCs of the CIUSSS de l'Est-de-l'Île-de-Montréal	
CLSC de Mercier-Est	514 356-2574, poste 73102
CLSC de l'Est-de-Montréal	514 642-4050, poste 77409
CLSC de Saint-Michel	514 722-3000, poste 1422
CLSC de Hochelaga-Maisonneuve	514 253-2181, poste 65337
CLSC de Saint-Léonard	514 722-3000, poste 1422
CLSC de Rosemont	514 524-3541, poste 65337
CLSC de Rivière-des-Prairies	514 494-4924, poste 72252
CLSC Olivier-Guimond	514 255-2356, poste 65337
For the CLSCs of the CIUSSS du Centre-Ouest-de-l'Île-de-Montréal CLSC de Benny Farm CLSC de Côte-des-Neiges CLSC Métro CLSC de Parc-Extension CLSC René-Cassin	Info-Social 811
For the CLSCs of the CIUSSS de l'Ouest-de-l'Île-de-Montréal	
CLSC de Pierrefonds	514 626-2572, poste 3956
CLSC du Lac-Saint-Louis	514 697-4110, poste 1559
CLSC de LaSalle	514 364-2572
CLSC de Dorval-Lachine	514 639-0660
For the CLSCs of the CIUSSS Centre-Sud-de-l'Île-de-Montréal	
CLSC de Verdun	514-766-0546
CLSC de Ville-Émard	514-766-0546
CLSC de Saint-Henri	514-933-7541
CLSC de Saint-Louis-du-Parc	
CLSC du Plateau CLSC des Faubourgs – locations on Sainte-Catherine, Parthenais and Visitation	514-527-9565