



COVID-19 EXCLUSION CRITERIA AND TESTING/ISOLATION RECOMMENDATIONS

Can I report to work in the following situations?

IN CASE OF A VARIANT, INSTRUCTIONS FROM PUBLIC HEALTH MUST BE FOLLOWED

SITUATIONS	CAN REPORT TO WORK?	WHAT TO DO?
<p>1. I present:</p> <p><u>For children 6 and over AND adults:</u></p> <p>A - One (1) of the following symptoms:</p> <ul style="list-style-type: none"> • Fever: 38.1 ° C (100.6 ° F) • Loss of smell (without nasal congestion) or taste • Cough (new or worse), no cause • Shortness of breath or difficulty breathing • Sore throat • Runny nose or congestion <p>OR</p> <p>B - Two (2) of the following symptoms:</p> <ul style="list-style-type: none"> • Headaches (unusual) • Intense fatigue • Significant loss of appetite • Generalized muscle pain • Nausea or vomiting • Diarrhea • Stomach ache <p><u>For children 5 and under:</u></p> <p>A - Any of the following:</p> <ul style="list-style-type: none"> • Fever, rectal: 38.5 ° C (101.3° F) • Cough, shortness of breath or difficulty breathing • Runny nose, congestion or sore throat AND fever • Stomach ache, vomiting or diarrhea AND fever 	<p>NO</p>	<ul style="list-style-type: none"> • I call my immediate superior • I stay at home in isolation <ul style="list-style-type: none"> • Per Public Health’s recommendations, testing <u>at the onset of symptoms</u> (1 symptom from A or 2 symptoms from B) is strongly advised • To find a testing clinic or to determine isolation requirement, contact: <u>Info-COVID line (514-644-4545)</u> <p><i>*The other household members must self-isolate while I wait for the test result.</i></p> <ul style="list-style-type: none"> • If testing is <u>negative</u>, GO TO 4. • If testing is <u>positive</u>, GO TO 3. <p><i>*If I present only 1 symptom from group B, then I don’t have to self-isolate or go for a screening test. I can go back to work when feeling better.</i></p>
<p>2. I am awaiting a test result for covid-19</p>	<p>It Depends</p>	<ul style="list-style-type: none"> • YES: If I have NO symptoms AND was NOT identified as a close contact of a COVID-19 case AND did NOT travel out of the country, then YES, I may return to school/work • NO: If I have symptoms (1 from A or 2 from B) or have been identified as a close contact of a COVID-19 case, then I must remain in isolation
<p>3. I received a POSITIVE diagnosis for covid-19</p>	<p>NO</p>	<ul style="list-style-type: none"> • I stay in isolation until cleared by Public Health (usually 10 days from first day my symptoms appeared AND I am fever free for 48hrs AND symptom free for 24hrs) • If symptoms have not disappeared after 10 days (except for cough or loss of smell), I contact the Info-COVID line • The other household members also have to isolate
<p>4. I received a NEGATIVE test for covid-19</p>	<p>It Depends</p>	<ul style="list-style-type: none"> • YES: If I was NOT identified as a close contact of a COVID-19 case AND did not travel, then YES, I may return to work when the symptoms have improved • NO: If I was identified as a <u>close contact</u> of a COVID-19 case or I traveled, then NO, I may not return to work and must observe the isolation period as per Public Health’s instructions • The other household members can resume their activities



<p>5. I traveled outside the country in the last 14 days</p>	<p>NO</p>	<ul style="list-style-type: none"> • I must quarantine for 14 days. • If I develop symptoms compatible with COVID-19, a test is recommended without delay
<p>6. I was identified as a close contact * of someone who has covid-19 (*less than 2m, more than 15min., with no protective equipment) at school or at home (e.g. family member, student, co-worker or other contact who has covid-19)</p>	<p>NO</p>	<ul style="list-style-type: none"> • I stay in isolation for a minimum of 14 days until cleared by Public Health. • Isolation begins on the last day of contact with the COVID-19 case. The isolation may be longer than 14 days if living in same household as COVID case. • If I am tested negative, the isolation period still continues to complete the 14 days or until cleared by Santé publique
<p>7. I live with a suspected * case of covid-19 <i>*someone who has symptoms (1 symptom from A or 2 symptoms from B)</i></p>	<p>NO</p>	<ul style="list-style-type: none"> • While the suspected case gets tested, the other household members must remain in isolation GO TO 8.
<p>8. I live with someone who is awaiting a test result for covid-19 *In case of a COVID-19 variant, follow Public Health's instructions</p>	<p>It Depends</p>	<ul style="list-style-type: none"> • YES: If the family member awaiting the test result has NO symptoms, then the other household members can continue their regular activities and I can return to work • NO: If the family member awaiting the test result has symptoms, all other household members must remain in isolation. • If the person tests positive, GO TO 6 • If the person tests negative, then all other family members can resume their regular activities
<p>9. I live with a person who has traveled and is quarantined for 14 days AND has no symptom of covid-19</p>	<p>YES</p>	<ul style="list-style-type: none"> • I can report to work. The other household members can continue their regular activities
<p>10. I live with someone who is in isolation because of a close contact at work or school with a confirmed case of covid-19 AND has no symptom (I am a contact of a contact) *In case of a COVID-19 variant, follow Public Health's instructions</p>	<p>YES</p>	<ul style="list-style-type: none"> • I can report to work. The other household members can continue their regular activities. • If the family member develops symptoms, then all other members must isolate while he awaits the results GO TO 7 and 8