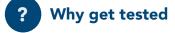
TESTING AND PREVENTIVE ISOLATION

FOR A YOUNG CHILD WHO HAS BEEN IN CONTACT WITH A COVID-19 CASE

This tool is designed to help you make an informed decision about having your child tested after being in contact with a confirmed COVID-19 case.

Public health recommends having your child tested, but this is not mandatory. However, before returning to the daycare, your child must stay in preventive isolation for 14 days. Preventive isolation involves staying at home and observing social distancing with other members of your household.

Keeping your child in preventive isolation and getting him or her tested are the best ways to protect other people.



- To determine if your child has COVID-19 (confirmed case)
- To help stop the spread of COVID-19 in your environment and at the daycare
- To protect your community and vulnerable individuals:
 - people aged 70 or over
 - people with weakened immune systems
 - people with chronic diseases or other risk factors



DEFINITIONS

- A confirmed COVID-19 case is someone who has COVID-19 and has had a positive test. This person must self-isolate for 10 days.
- A contact of a confirmed COVID-19
 case is someone who has been in
 contact with a confirmed COVID-19
 case. This person must self-isolate
 for 14 days.
- A person in contact with a contact of a COVID-19 case does not need to self-isolate and can continue regular activities.

For more information on precautionary measures, see the reverse.



My child self-isolates immediately

My child has symptoms

My child has no symptoms

I refuse the test

My child is a clinical case:

Isolation continues for 10 days after onset of symptoms. My child's isolation can end only when all criteria are met:

- No fever for 48 hours
- No symptoms of COVID-19 (excluding residual cough or loss of taste or smell) for 24 hours
- At least 10 days have gone by since symptoms appeared

All household members must self-isolate.

Parents and siblings of the symptomatic child are also in isolation.

Centre intégré universitaire de santé et de services sociaux du Centre-Sudde-l'Île-de-Montréal



I accept the test

My child gets tested immediately after the most recent contact with the COVID-19 case. The child and members of their household should self-isolate while awaiting their test result.

I accept the test

I refuse the test

My child gets tested 6 days after the first contact with the COVID-19 case.

THE TEST IS POSITIVE

My child is a confirmed case:

Isolation continues for 10 days from the date of the test or from when symptoms started. Before ending the confirmed case's isolation, all criteria must be met:

- No fever for 48 hours
- No symptoms of COVID-19 (excluding residual cough or loss of taste or smell) for 24 hours
- At least 10 days have passed since the date of the test or since symptoms appeared

All household members must be tested and must self-isolate.

Family members in close contact with the child begin a 14-day preventive isolation period from the date of the last contact with the child. If contact with the sick child could not be avoided during the child's 10-day isolation period, household members must isolate for a least 24 days, since their isolation must begin after the child's isolation period ends: 10 days for the child + 14 days for the contact = 24 days.

A new isolation period starts if:

- There is another positive COVID-19 test in the household.
- Parents or siblings develop symptoms.

THE TEST IS NEGATIVE

My child continues the **14-day isolation period after the most recent contact with the confirmed COVID-19 case.** Parents and siblings continue their regular activities. Everyone in the household watches for symptoms.

My child develops **symptoms**. The child must **get tested at least 24 to 48 hours after symptoms appear.** The child **and members of their household** should self-isolate while awaiting their test result.

THE 2ND TEST IS POSITIVE

THE TEST IS NEGATIVE

My child ends the isolation period 14 days after the most recent contact with the confirmed COVID-19 case. To end isolation of your child who is a contact, all criteria must be met:

- No fever for 48 hours
- No symptoms of COVID-19 (excluding residual cough or loss of taste or smell) for 24 hours

Parents and siblings continue their regular activities.