

Understanding My Preschooler's Transition

This workshop event is created to provide parents with a deeper understanding of their preschooler's development and tools for managing current life stressors.

Topics include:

- *Routine & Balance*
- *Potty Training*
- *Caregivers impact on preschoolers*

Join using the Zoom link:

<https://us02web.zoom.us/j/86415055543pwd=aVZibElQdUdvZCs2cUdNZlV4ZGVVQQT09>

MARCH 17, 2022
7:00-8:30pm



Rosetta Sowkey, BSW is a social worker, trained trauma informed practitioner and a college professor. She has extensive experience working with youth, parents and marginalized communities and is dedicated in working towards a future in which all individuals and systems are trauma aware

@reflectionswithrosetta