

IS YOUR CHILD SICK? ARE YOU CONCERNED ABOUT HIS OR HER CONDITION?

VARIOUS HEALTH RESOURCES ARE AVAILABLE,
DEPENDING ON THE SITUATION.



VISITING THE EMERGENCY ROOM

Emergency departments in pediatric hospitals and throughout the network should be reserved for patients who are seriously ill or injured.

Cases typically prioritized in children are:

- Difficulty breathing
- Severe injury, fracture or need for stitches
- Vomiting as a result of injury
- Fever over 38°C (100.4°F) in a child younger than three months of age
- Fever with drowsiness
- Rash with skin that does not turn white when pressed
- Diarrhea and vomiting, no tears, very dry mouth and decreased urination (fewer than three times in the last 24 hours)

CONSULTING A DOCTOR

If you **need to see a doctor for your child** who is ill but whose condition **does not require a visit to an emergency department**, there are other resources available:

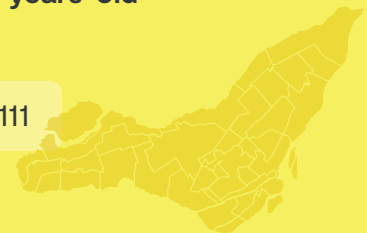
- Your pediatrician or family doctor
- The CLSC in your area
- A walk-in medical clinic
- The Québec Medical Appointment Scheduler (rvsq.gouv.qc.ca/en): establishments that offer services near your home, whether you have a family doctor or not

If you cannot find a doctor for your **child aged 0 to 16-years-old** and you **live in Montreal**:

ONE CALL, ONE APPOINTMENT 514 890-6111

Monday to Friday: 8 a.m. to 8 p.m.

Saturday, Sunday and holidays: 8:30 a.m. to 4:30 p.m.



NON- URGENT SITUATION

For a worrying but non-urgent problem:

- Info-Santé hotline **811**
- Services Québec (for COVID-19): **1 877 644-4545**