



# HIGH SCHOOL GUIDE



Commission scolaire English-Montréal

English Montreal School Board

**EMSB Marketing and Communications**

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# A message from the Director General

Dear students and their parents or guardians,

We have prepared this guide for those starting their approach into the world of secondary education. Here you will find a snapshot of what each of our mainstream high schools has to offer: What are the programs they excel in? What sets them apart? What are their extra-curricular activities they are most proud of? Important dates, such as open houses, admissions applications and placement exams, are listed for each school so you can mark these into your calendar.

As you'll see, the English Montreal School Board (EMSB) has a wide array of secondary school options for students all across the island of Montreal (see the map on p. 4). Whether you are choosing a school close to home or across the city, or favor a certain academic, arts or sports program, this booklet will give you a snapshot of what we have to offer. Social media sources are also listed, and we encourage you to consult these, as well as the school's website, to get a more intimate sense of the school.

Each EMSB high school follows the Quebec Ministry of Education curriculum, but they have the freedom to enrich their offering through a variety of different special programs. For example, some schools offer a range of French instruction levels. Others offer a concentration in sports, arts or music. Some are designed for students who require a smaller school setting or special training for the workforce.

With the highest success rate of any public school board on the island of Montreal, more than 75 percent of our youth sector students are enrolled in French immersion or bilingual programs, underlining the excellent quality of our French instruction. We support our students in graduating as fully bilingual Quebecers.

A variety of non-traditional study paths are also offered to students in our schools. These include specialized board-level initiatives such as physical literacy and numeracy literacy programs, and STEAM to provincial government programs, such as SportÉtudes and the Work-Oriented Training Pathway programs. Let's not forget the internationally recognized ones such as the International Baccalaureate Middle Years Program and the Advanced Placement Program.

Families have a wealth of choice at the EMSB! We hope you find this Guide helpful.

**Nick Katalifos**

EMSB Director General

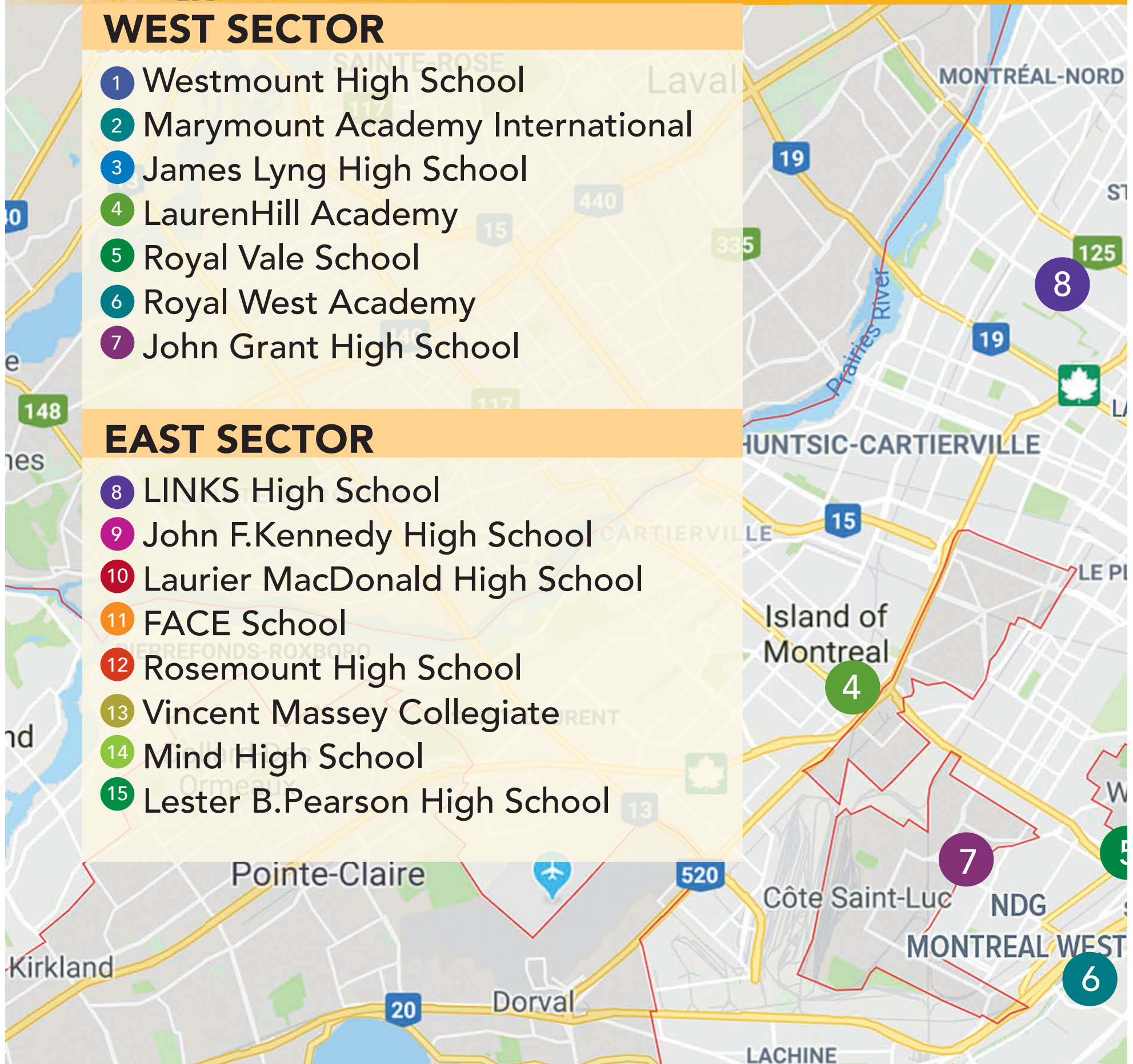


## WEST SECTOR

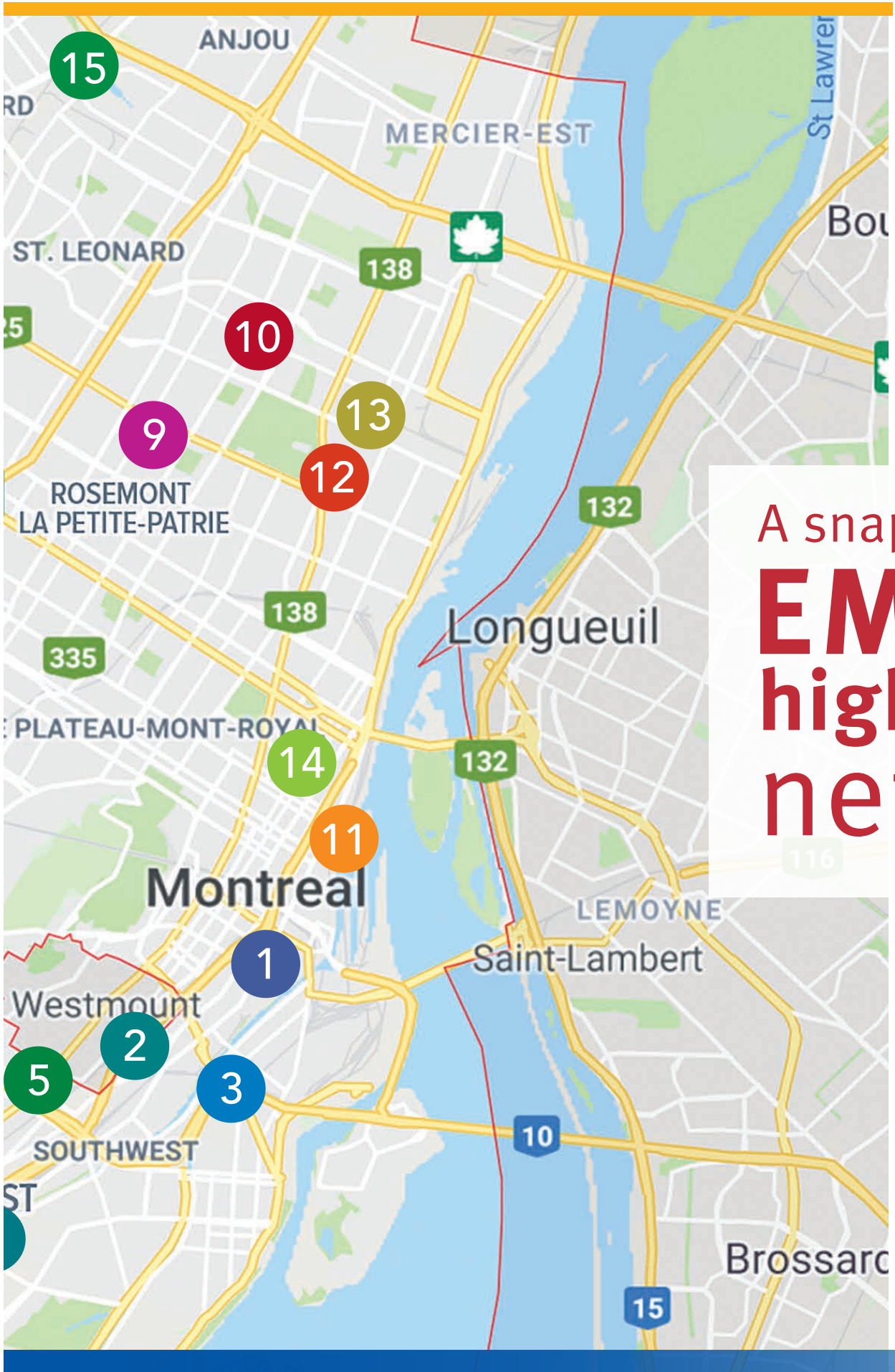
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A snapshot of the  
**EMSB**  
high school  
network



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# James Lyng High School







Located in the South-West borough, James Lyng High School prides itself on being able to identify the needs of its students and provide them with the support and resources to thrive in their school environment and be well prepared for the future.

The school welcomes students of all abilities, whether they require a more hands-on experience approach or the classic five-year academic program. With transition programs into high school for elementary students and additional programs for those transitioning into post-secondary life, the scope of success is vast, whether it be pursuing CEGEP, vocational training or entrepreneurship.



## Focus programs

- Supporting All Individual Learners (SAIL)
- Aim High Program
- STEAM Makerspace
- Leadership program
- Homework program

## Extra or co-curricular activities

- Student-run 'RnB Café'
- Professional audio-visual recording studio for music and video production
- Student-run art gallery
- Band
- Silkscreen printing press
- Bike club and repair shop
- Basketball team
- Multi-cultural cooking clubs (full kitchen)
- Woodworking club (full woodshop)
- Robotics club
- Green club
- G.E.M.S. club (Girls Empowered and Motivated to Succeed)
- Board games club
- Arts and crafts club
- Breakfast club



### Contact Informations

5440 Notre-Dame W. St., Montreal, QC, H4C 1T9

T: 514.846.8814



### Public transportation options

Bus lines: 191, 36, 37

Metro: Place St. Henri, Vendôme

### Social Media



JamesLyngHighSchool



Jameslynghighschool

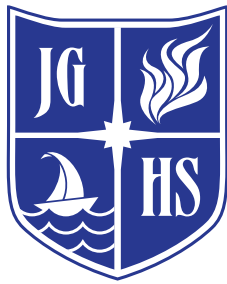
[jameslyng.emsb.qc.ca](http://jameslyng.emsb.qc.ca)



# John Grant High School







John Grant High School is an alternative high school serving students who learn differently. Following a modified curriculum, students are exposed to a variety of hands-on programming aimed at fostering independence, self-confidence and responsibility; reinforcing functional academics; improving literacy and numeracy; and developing life and work skills.

Through exploring their talents and interests, students work towards earning a MEQ certificate in the Work-Oriented Training Pathway (WOTP) programs or an EMSB certificate in the Challenges (DÉFIS) program. They benefit from partnerships between the school and local organizations and businesses that allow them to participate in meaningful activities and work placements. Students are referred to John Grant by the professionals at their current school, and with their families, meet with John Grant's dedicated school team at case conferences in the spring and fall. A personalized school tour outside of the regular open-house date can be arranged to learn more.



## Focus programs

- Competency-Based Approach to Social (CASP)
- Work-Oriented Training Pathway (WOTP) program (pre-work training and/or training for a semi-skilled trade)
- Modified Academic Program (MAP)
- Challenges (DÉFIS) program
- Autonomy Preparation Program (APP)

## Extra or co-curricular activities

- Student-run cafeteria
- Woodworking and entrepreneurship clubs
- Visual arts club, music program and concert
- Intramural sports and fitness programs
- Hair salon and fashion show
- Volunteering and advocacy programs
- Peers social skill program
- Horticultural and apiculture programs, and in-house pet care program
- Digital literacy and media smarts



### Contact Informations

5785 Parkhaven Ave. Côte St-Luc, QC, H4W 1X8

T: 514.484.4161



### Public transportation options

Bus lines: 104, 138, 161, 162

Metro: Plamondon (then bus 161)

Door-to-door van and mini-bus transportation (for qualified students)

### Social Media



JohnGrantHighSchool



johngranths

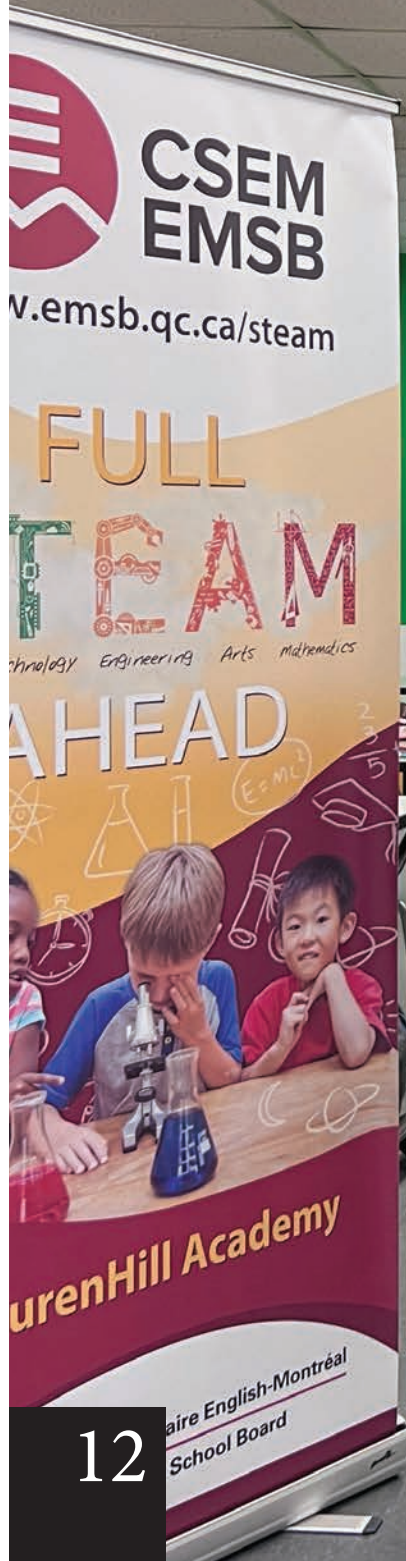


johngranths

[johngrant.emsb.qc.ca](http://johngrant.emsb.qc.ca)



# LaurenHill Academy



CSEM  
EMSB  
[www.emsb.qc.ca/steam](http://www.emsb.qc.ca/steam)

FULL  
TEAM  
Technology Engineering Arts Mathematics

AHEAD

LaurenHill Academy

12

aire English-Montréal  
School Board

The banner features a logo with three horizontal lines in a red circle, a photograph of children in a science lab, and various icons representing STEAM subjects. The text is arranged vertically, with the school name at the bottom.

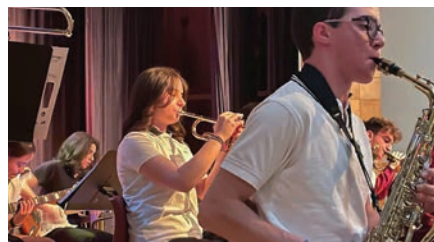






The only English Montreal School Board school in Ville St. Laurent, Lauren Hill Academy has both a junior campus (Grades 7 and 8) and a senior campus (Grades 9, 10 and 11) in close proximity.

Our school is committed to providing an environment in which students are motivated to achieve academic excellence in preparation for the challenges and expectations of an evolving society. The school boasts an exceptional STEAM program, as well as a fine arts core program. Students can choose from a wide array of extra-curricular activities.



## Focus programs

- STEAM
- Fine Arts Core (media arts, visual arts, film, drama, music)
- French programs: Français programme enrichi; and Français, langue d'enseignement
- Dance program
- Cycle One Allongé (as recommended by the elementary school)
- Outdoor education course
- Yearbook course

## Extra or co-curricular activities

- Junior and senior Student Council
- Green Club
- Public speaking
- Cooking Club
- Video Games Club
- Coding Club
- Chess Club
- GMAA teams including hockey, basketball, soccer, futsal, swimming and more
- Intramural sports



### Contact Informations

**Junior Campus: 514.331.8019**

2355 Decelles St., Ville St. Laurent, QC H4R 1P3

**Senior Campus: 514.331.8781**

2505 Côte-Vertu Blvd. Ville St. Laurent, QC, H4R 1P3



### Public transportation options

Bus lines: 16, 72, 121, 128, 371

Metro: Côte Vertu

### Social Media



lhaemsb



lhaemsb



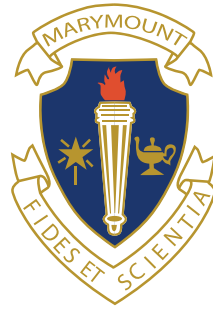
lhaemsb

[laurenhill.emsb.qc.ca](http://laurenhill.emsb.qc.ca)



# Marymount Academy International





Marymount Academy International has a student population that consists of a multitude of different ethnicities, cultures and backgrounds, reflective of the neighbourhood, NDG/ Côte des Neiges, in which it is situated.

It hosts the largest population of international and temporary stay students for all EMSB high schools and is a true example of inclusivity. The International Baccalaureate Middle Years Program option challenges students to become critical thinkers, global citizens and lifelong learners. Our STEP Resource Centre is a resource support for students who need structured help, an altered pace and occasional individual instruction.



## Focus programs

- International Baccalaureate (IB) Middle Years Programme – French Immersion in Years 1 and 2
- Enriched math, science and technology
- French program: Français, programme de base and Français, programme enrichi
- Visual arts and multimedia
- STEP Resource Centre

## Extra or co-curricular activities

- IB Community & Service activities (e.g. Elementary Tutoring Team)
- Art exposition
- Chess club
- Cultural show
- Leadership activities
- Student Council
- Cooking club
- Junior and senior public speaking
- Yearbook club
- Bike club
- Science fair
- Senior concert band
- Steel pan band
- GMAA and intramural Sports – (basketball, volleyball, badminton, soccer, futsal and more)
- Music program – wind and percussion Instruments



### Contact Informations

5100 Côte St. Luc Rd., Montreal, QC, H3G 2W9

T: 514.488.8144



### Public transportation options

Bus lines: 103, 162, 24, 66

Metro: Villa Maria

### Social Media



MarymountAcademyIntl



marymountacademyinternational

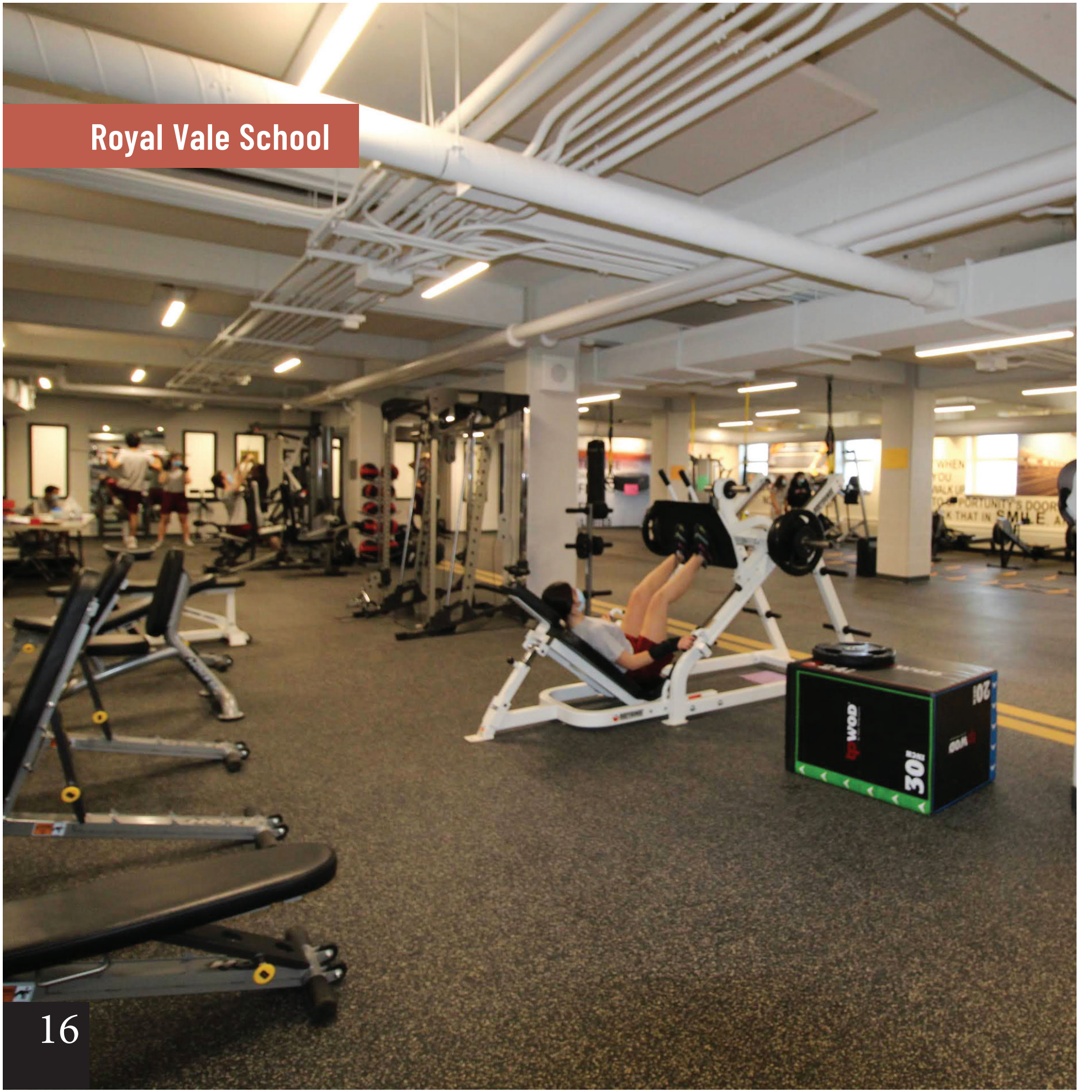


mmacougars

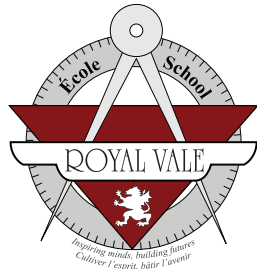
[marymount.emsb.qc.ca](http://marymount.emsb.qc.ca)



# Royal Vale School







Royal Vale School, located in NDG, is a Kindergarten through Grade 11 school, with a math and science focus.

Royal Vale has limited enrolment with admissions granted in Grade 7 by application and qualifying examination results. It stands apart with a strong French program encompassing three levels, a dedicated Math/Science curriculum, and a program that teaches critical thinking skills, acceptance, leadership and democratic values, and a wide variety of extra-curricular activities and courses that promote leadership roles. The school's philosophy stresses lateral enrichment, learning through discovery, manipulation and experimentation, and application of knowledge.



## Focus programs

- Enriched math, science and technology
- French programs: Français, programme enrichi and Français, international
- Pre-advanced placement and accelerated AP math program (pre-calculus)
- Music concentration
- Sports concentration
- Performing Arts concentration (drama/dance)
- Computer science/Robotics
- Optional grade-level trips

## Extra or co-curricular activities

- Annual math competition
- Student Leadership Program
- Student Life Group
- Science fairs
- Advanced robotics
- Numerous sports teams including basketball, cross-country running, golf and more
- Cooking club
- Crafting for the Soul
- Dance, Drama club
- Fencing club, Games club
- Gardening club, Glee Club
- Library volunteers
- Photography, Band
- Yearbook Committee



### Contact Informations

5851 Somerled Ave., Montreal, QC, H3X 2A5

T: 514.481.2463



### Public transportation options

Bus lines: 51, 66, 102

Metro: Villa Maria

### Social Media



RoyalValeEMSB



royalvaleschool



royalvale

[royalvale.emsb.qc.ca](http://royalvale.emsb.qc.ca)



Concrete Ideas About Broken Glass

# RELAX IT'S JUST STRESS

## Introduction

The topic being studied is stress, it is defined as a state of mental or emotional strain or tension resulting from adverse or worry arousing circumstances, by the Oxford online dictionary. Students are commonly referred to as people who are stressed, which can have a negative effect on people, or lead to substandard performance.

## Objective

To understand the stress levels of students in the classroom.

## Hypothesis

If a student is placed in a stressful environment then their grades will be affected negatively.

## Results



## Analysis

With the results gathered, it was found that 60% of students were stressed during the memory game, while 40% were stress-free.



RWA Project #14





Situated in Montreal West, Royal West Academy (RWA) is an alternative high school for students committed to academic achievement.

It has limited enrolment with admissions granted in Grade 7 by application and qualifying examination results. It fosters bilingualism, computer literacy, an appreciation of the arts, an understanding of social issues and a sense of community responsibilities. RWA also has a strong French program, offering both enriched and French mother tongue courses. A mandatory extra-curricular activity program offers options in the arts, sports and leadership development.



## Focus programs

- Français, langue d'enseignement
- Français enrichi
- Accelerated Math Program including pre-calculus and calculus
- Music program at all levels
- Visual Arts and drama programs
- Educational Technology and programming
- Large number of electives in Technology, Science, the Arts and Psychology
- Leadership and leisure courses

## Extra or co-curricular activities

- Honour Band
- Jazz Band
- Marching Band
- Environment Committee
- Social Justice
- Athletic teams
- Musical
- Dance show
- Variety show
- Sound/Light Club
- Student Leadership Association
- Junior and Senior Robotics



### Contact Informations

189 Easton Ave., Montreal West, QC, H4X 1L4

T: 514.489.8454



### Public transportation options

Bus lines: 51, 90, 105, 162, 123

Train: Montreal West station

### Social Media



RoyalWestAcademyHighSchool



royalwestacad



RoyalWestAcad

[royalwestacademy.com](http://royalwestacademy.com)



# Westmount High School







Established in 1873, Westmount High School offers courses from the College Board's Advanced Placement Program.

This internationally recognized curriculum allows students to obtain university-level credit while simultaneously attaining their Quebec high school diploma. We encourage each of our students to develop their qualities and capabilities to the highest standard of excellence. We are dedicated to the enrichment of our students by promoting critical thinking through transformational learning experiences in a safe, meaningful and engaging environment.



## Focus programs

- French program: Français, programme de base; Français, international; and Français, langue maternelle
- Core English programs
- College Board Advanced Placement courses including English literature and composition, psychology, comparative government and politics, and pre-AP art and design
- Advanced math and science stream, including AP calculus and AP environmental science
- Elective courses including Philosophy, consumer science, woodworking and E.C.H.O
- Dynamic arts program: Visual arts, music, drama and media arts
- Robotics (Cycle 1)

## Extra or co-curricular activities

- Prefect board
- Student Council, Student leadership
- Robotics
- Yearbook Committee
- WHS Europe trip
- Athletic teams including: Basketball, hockey, indoor and outdoor soccer, flag football, volleyball, curling, track & field
- Arts clubs including Jazz band, dance club, drama productions, improv. club, variety shows, photography



### Contact Informations

4350 St. Catherine St. W., Westmount, QC, H3Z 1R1

T: 514.933.2701



### Public transportation options

Bus lines: 90, 63

Metro: Atwater, Vendôme

### Social Media



RoyalWestAcademyHighSchool



royalwestacad



westmounthigh

[westmount.emsb.qc.ca](http://westmount.emsb.qc.ca)





## **EAST SECTOR**

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F.A.C.E.

École Fine Arts Core Education School







FACE is entering its 48th year of delivering a fine arts education program. The school has a track record of serving a diverse student body united by a common bond: the arts.

Students from the English Montreal School Board and the Commission Scolaire de Montréal have common classes in vocal and instrumental music and often come together for extra-curricular activities. The fine arts program respects the Minister of Education requirements by developing the competencies of interpretation, creation and appreciation. Students gain knowledge in each one of the arts by engaging in the rigor and discipline that comes through exploration, analysis and application. They excel by developing their artistic talents with the support of art specialist teachers, tutors and artists. Musical instruments are provided by the school



## Focus programs

- Art education in visual art, theater/drama, vocal music, instrumental music and dance
- French: Français, programme de base et programme enrichi (from grade 7 to 9)
- Enriched math and science

## Extra or co-curricular activities

- Jazz bands
- Junior, intermediate and senior symphony orchestras
- Ensemble Con Brio (wind ensemble)
- Green Club
- Science Fair
- Sports (basketball, soccer, futsal, etc.)
- Midi-Jazz (vocal ensemble)
- Boys' choir
- Theatre
- Field trips to museums and theatres
- Dance classes



### Contact Informations

3449 University St., Montreal, QC, H3A 2A8

T: 514.350.8899



### Public transportation options

Bus lines: 24, 61, 125, 168, 356

Metro: Peel, McGill

### Social Media



ecoleFACE



ecolefaceschool



ecolefaceschool

[face.emsb.qc.ca](http://face.emsb.qc.ca)



**John F. Kennedy High School**







John F. Kennedy High School offers both a competitive and stimulating academic program and a tremendous resource program – all in a respectful, inclusive and nurturing environment.

The building is outfitted with high-quality facilities to best equip students in their studies. A wide variety of extra-curricular activities offers students an opportunity to further their learning. Enrichment is offered in English, French, science and math. Students from Secondary 1 to 5 have the option of taking Media Arts and Technology courses. The Aim High Program is designed to achieve success for students who may have experienced challenges and helps support students transitioning from elementary school to high school.



## Focus programs

- Aim High
- Work-Oriented Training Pathway (WOTP)
- Pathways
- Science path
- French programs: Français, programme de base and Français, programme enrichi
- Scientific math and advanced science
- Computer technology integration
- Intensive media courses
- Athletic leadership
- Media Arts path

## Extra or co-curricular activities

- Cheerleading
- Student Council
- Robotics Club
- Music Club, Art Club
- Chess Club, Cooking Club
- Public speaking/Storytelling competitions
- Yearbook/Film Club
- School dances
- Variety show/fashion show
- Hockey program
- Trips and outings
- Rock school



### Contact Informations

3030 Villeray St. East, Montreal, QC, H2A 1E7

T: 514.374.1449



### Public transportation options

Bus lines: 41, 67, 99, 357 and 476

Metro: St. Michel

### Social Media



JohnFKennedyEMSB



emsbjfk

[jfkhighschoolmsb.com](http://jfkhighschoolmsb.com)



# Laurier Macdonald High School

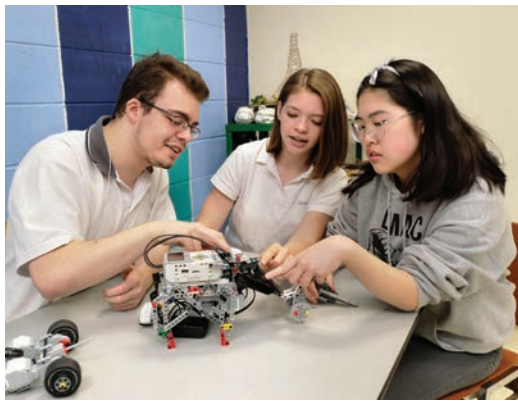






Laurier Macdonald High School, based in St. Leonard, offers the International Baccalaureate program.

The school provides excellent support for students aiming to achieve high levels of academic success. We also place an emphasis on nurturing students to become contributing members of society, through the exploration of multiple literacies, developing partnerships through our Community Learning Center and giving back to the community through community service.



## Focus programs

- International Baccalaureate-Middle Years Program offering additional courses in French
- French program: Français, programme de base and Français, programme enrichi
- Accelerated math offering calculus in Secondary 5
- Resource - support for special needs featuring smaller class sizes in Secondary 1, 2 and 3

## Extra or co-curricular activities

- Intra and intermural sports teams
- Clubs and activities
- Leadership opportunities
- Robotics and STEAM clubs
- Cultural trips (local and international)
- Humanitarian trip
- Basketball team



### Contact Informations

7355 Viau Blvd, St. Léonard, QC H1S 3C2

T: 514.374.6000



### Public transportation options

Bus lines: 136, 141, 188

Express from Rivière des Prairies 449 and 448

Express from East 141, Express from West 136

### Social Media



LaurierMacDonaldHS



lauriermacdonald



LMACemsb

[lauriermacdonald.ca](http://lauriermacdonald.ca)



Lester B. Pearson High School

CANADA







Lester B. Pearson High School is a true community school offering a variety of programs to meet the needs of the individual student.

It emphasizes moral, intellectual, physical, emotional, social, and cultural development. We aim to produce bilingual, socially conscious graduates, who are aware of civic duties and responsibilities. Through our English Core Program, Enriched English, Français programme enrichi, Resource Program and Sport-études, our students are educated, socialized and qualified to continue their studies or enter the work force. Our goal is to prepare each student to leave their mark on society through any path they choose to take.



## Focus programs

- Allongé Program
- Français, programme enrichi
- Honours math and science
- Sport-études and Honours math Sport-études
- Third language option (Italian)

## Extra or co-curricular activities

- Annual math competition
- Chess
- Floor hockey
- GMAA
- Gender Sexuality Alliance
- Indoor and outdoor sports
- International trips
- LBPHS Social Justice
- Robotics
- School dances
- Student Council
- Student safe spaces
- Variety show
- Yearbook



### Contact Informations

11575 P.M Favier St., Montreal North, QC H1G 6E5

T: 514.723.2845



### Public transportation options

Bus lines: 41, 45, 121, 359, 378

Train: St. Léonard – Montréal-Nord Station

### Social Media



LBPHS



lbpstudentlife



LBPHS

[lesterbpearson.emsb.qc.ca](http://lesterbpearson.emsb.qc.ca)



# L.I.N.K.S. High School







L.I.N.K.S. High School is an alternative high school for students who have special needs. Its mission is to ensure the growth and development of each student academically, morally, socially and culturally in order to achieve personal independence in society.

Its mission is to ensure the growth and development of each student academically, morally, socially and culturally in order to achieve personal independence in society. Having specialized programs leading to certificates in DÉFIS and WOTP, L.I.N.K.S. helps students focus on functional academics, life skills and preparation for the job market. Our students benefit from many support professionals including a guidance counselor, occupational therapist, speech and language pathologist, assistive technology consultant, autism consultant, special education consultant and a TEVA consultant.



## Focus programs

- Modified Academic Program (MAP)
- Challenges Program (DÉFIS)
- Competency-Based Approach to Social Participation (CASP) Program
- Autonomy Preparation Program (APP)
- Semi-Skilled Training Certificate (SST)
- Work-Oriented Training Pathway (WOTP)

## Extra or co-curricular activities

- Cooking and baking
- House system
- Student Life Coordinator
- Dance therapy
- Music therapy
- Field trips
- Drama
- Sports club
- Zootherapy
- Mentoring
- After-school program
- Cheerleading Club
- S.A.S.S.Y (Student Advocacy, Speaking for and Supporting You) Student Council



### Contact Informations

9905 Papineau St., Montreal North, QC, H2B 1Z9

T: 514.723.2845



### Public transportation options

Bus lines: 41, 45, 121, 359, 378

### Social Media



linkshighschool



linkshighschool



links\_hs

[links.emsb.qc.ca](http://links.emsb.qc.ca)



MIND High School





MIND High School offers a unique, avant-garde approach to teaching the Secondary 3 through 5 Quebec Educational Plan curriculum by creating opportunities for students to participate in cross-curricular and community-based projects.

Our small student-to-teacher ratio allows us to foster active, discussion-based learning, as well as critical thinking and analytical skills. The school's main objectives are to prepare students for post-secondary studies and to provide them with a respectful environment in which to do their best work. It is the ideal setting for the thoughtful, creative, diligent student. Learn more about the application process on our [website](#).



## Focus programs

- Math program: Cultural, social and technical option; and science option
- Science options: Environmental science and technology, chemistry, physics
- Visual and digital arts (Design Maker Space)
- Enriched English Language Arts curriculum
- Media and pop culture
- Third language: German or Russian
- Asian Studies
- Yoga



### Contact Informations

4563 St. Urbain St. (4th floor) Montreal, QC, H2T 2V9

T: 514.842.0792



### Public transportation options

Bus lines: 55, 97, 11, 80, 129, 51

Metro: Mont-Royal

### Social Media



emsbmind



mindhighschool

[mindhighschool.com](http://mindhighschool.com)



Rosemount High School







Rosemount High School is located in Rosemont-La Petite Patrie. It is as diverse as it is inclusive. The philosophy at RHS is that all students, regardless of differences, can achieve success.

Students are encouraged to cultivate a growth mindset, so they are empowered to develop their unique potential. RHS stands out for its junior school model and its Universal Design for Learning approach. With a strong Resource department, students with special needs have access to remedial support. In addition to its regular academic curriculum, RHS also offers an enriched French program, specialized music and athletics programs and various STEAM activities.



## Focus programs

- French program: Français, programme enrichi
- Specialized music program
- Entrepreneurship
- RHS athletics and leadership

## Extra or co-curricular activities

- STEAM activities (video gaming/ programming, coding, robotics, art studio)
- Graduation and yearbook clubs
- Chess club
- Open art studio
- Open gyms
- Music club



### Contact Informations

3737 Beaubien St. E., Montreal, QC H1X 1H2

T: 514.376.4720



### Public transportation options

Bus lines: 18, 439, 139

### Social Media



RHSmontreal



rosemounthighschool

[rosemount.emsb.qc.ca](http://rosemount.emsb.qc.ca)



# Vincent Massey Collegiate







Vincent Massey Collegiate, located in Rosemont, has the primary mission of developing well-rounded students committed to academic achievement and a sense of community responsibility.

An entrance examination is required for admission. An enriched and structured CEGEP preparatory program is the basis of its program, which is designed to respond to the needs of the above-average student and further develop each student's capacity to achieve at the highest level.



## Focus programs

- Accelerated math program including pre-calculus, calculus I and II
- French program: Français, langue d'enseignement and Français, langue maternelle
- Enriched academic programs
- Fine Arts program at all levels
- Community Service Program
- Leadership development trips
- Basketball team



### Contact Informations

5925 27th Ave., Montreal, QC, H1T 3J5

T: 514.374.1999



### Public transportation options

Bus lines: RDP bus line 44 (Galeries d'Anjou) or 449 (Radisson Metro); 449 Express bus to and from RDP. Laval bus line 197 (Pie IX Metro); 439 Express bus departing VMC at 3 pm. 197 Express bus (afternoon) on Rosemont (westbound).

Metro: Pie IX

### Social Media



vmcEMSB



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[vmc.qc.ca](http://vmc.qc.ca)





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