

Activity plan for learning at home

Cycle 1

Week of: March 30, 2020

English Language Arts



Let's read together!

Read regularly on your own or ask a family member to read to you. Tell a family member that they can [create a Raz Kids account!](#)

Create a weekly Journal

Draw a picture of your favourite food, and write a sentence or two about why it is your favourite.



[Get inspired here!](#)
[Sample sheet](#)

Let's Get Cooking!

Cook with your parents and taste some of the ingredients as you work. Ask them what foods they like the most.

Ask them to close their eyes and guess some ingredients only using their sense of smell.

Stay in touch!

Call a family friend, or grandparent, and ask them what their favourite food is.

Make a list in your journal of three peoples' favorites.



Mathematics

Measurement with Legos

Watch '[Monster Math Squad: Measure Treasure](#)' (optional)

Choose 5 objects around your house. Measure each object by stacking the legos. Which object is the shortest and the tallest?

Size up your Spoon

Pick a spoon in your kitchen drawer. Find 5 objects around your house that are:

- the same length as your spoon
- longer than your spoon
- shorter than your spoon

Fun with Water

Choose 5 different containers. Order the containers according to how much water they hold. Use a measuring cup to see which of the containers holds the most water and which holds the least.

Who's the tallest?

Watch '[Sesame Street: Grover finds the tallest monster](#)' (optional)
Take cereal boxes or canned goods from the cupboard and line them up by height, from tallest to shortest.

[Version française des activités ici](#)



Français

Sois créatif!

Choisis un des thèmes. Parles-en ou écris quelques phrases à ce sujet. Voici les [thèmes](#).



Joue avec les mots!

Consulte la [liste](#) suivante.

- *Découpe les étiquettes.
- *Seul ou à 2, pratique à lire et à écrire les mots.
- *Dis, puis écris des phrases avec ces mots.

À l'affiche!

Regarde un film ou une émission de télévision. Télécharge ou imprime cette [fiche](#). Si tu manques d'idées, voici un [horaire](#) d'émissions en français.

Amuse-toi!

Visite les sites Internet suivants:

[Sourisson](#)

[Jeux éducatifs](#)

[Sam Amuse](#)



Other Subjects/ Other Activities

Let's Get Creative!

[30 Days of Art Challenge](#)

Each day, you get an opportunity to express your creativity. You can draw, sing, dance or even act.

Try today!
Try it each day!



Science & Technology

[Let's Discover: Experiments!](#)

Follow these funny characters and discover experiments you can do at home with your family.



Coding activity :
Discover [Scratch](#)

Active at Home Beanbag Challenges.

Grab a few beanbags or pairs of socks and [follow this video](#) to see how many of these different challenges you can do! Skip to 2:30 for throwing & catching.

Instead of watching the video you can also use [this list of challenges!](#)

ERC Let's play nice!

[Random acts of kindness](#)

Try some of these simple, free and easy ideas for random acts of kindness during the covid-19 pandemic. Some are not possible during the pandemic, but many are!!

