

English  
Language Arts

**Read every day!** Read for pleasure for at [least 40 minutes](#) every day.

You can access free digital books [by creating a Raz Kids account.](#)

**Be creative and start a journal!**

Begin a journal or diary that you'll be using for the next few weeks to write your thoughts and ideas. [Get inspired!](#)

This week, write about your favourite comfort food. What is it, and why is it your favourite?  
[Sample sheet](#)

**Help cook dinner!**

Cook with your parents and taste some of the ingredients as you work. Discuss which foods you like the most.

**Play a guessing game** where you and a family member identify ingredients by smell only, or by taste but blocking your nose.

**Say in touch!**

Call a family friend, or grandparent, and ask them to share their favourite recipe.

**Try having a virtual dinner party** with them where you all eat the same food but in different houses!



Mathematics

**Paper Airplanes**

Watch '[How to Make 5 Easy Airplanes that Fly Far](#)'

Build each paper airplane and test them to see which flies the farthest! Measure the distances and graph the results.



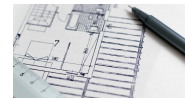
**Years, Weeks, Days**

Choose 10 important life events (ex. trips, starting school, birthday, ...) and place them on a timeline. For each important life event:

- a) How old were you in years?
- b) How old were you in weeks?
- c) How old were you in days?

**Room Design!**

Using cm grid paper, complete a scale drawing of a room in your house. 1 cm on the graph paper is equal to 1 m in real life.



**Can you solve the riddle?**

Watch '[Can you solve the bridge riddle?](#)'

Pause the video at 2 minutes and try to solve it before watching the solution!



Français

**Sois créatif!**

Parles-en ou écris un texte à ce sujet.

Voici les [thèmes](#).



**Joue avec les mots!**

\*Mots du [cycle 1](#).  
\*Mots du [cycle 2](#).

\*Seul ou à 2, pratique à lire et à écrire les mots.  
\*Dis ou écris des phrases avec ces mots. Ils sont à maîtriser parfaitement.

**À l'affiche!**

Regarde un film ou une émission de télévision. Si tu manques d'idées, voici un [horaire](#).  
Télécharge ou imprime l'une des fiches suivantes:

\*[Débutants](#)  
\*[Avancés](#)

**Amuse-toi!**

Visite les sites internet suivants:

[Squat - Télé-Québec](#)  
[Jeu Grimoire Alloprof](#)  
[Magimot - Alloprof](#)



Other Subjects/  
Other Activities

**Let's Get Creative!**  
[30 Days of Art Challenge](#)

Each day, you get an opportunity to express your creativity. You can draw, sing, dance or even act.

**Try today!**  
**Try it every day!**

**Science & Technology**  
[Take Action. Make Waves](#)

**Big Question:** How can we create responsible personal habits regarding the future health of our maritime environments?



**Love Robotics and Coding?**  
**Challenge yourself [HERE](#).**

**Active at Home**

Decide which superheros are the strongest with this [SuperHero Battle Fitness video](#).

**ERC**

**Let's play nice!**  
[Random acts of kindness](#)

Try some of these simple, free and easy ideas for random acts of kindness during the covid-19 pandemic. Some are not possible during the pandemic, but many are!!

