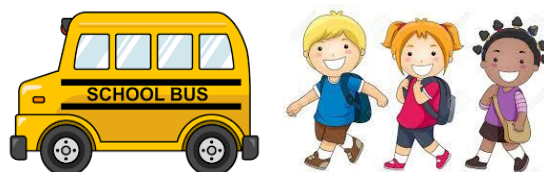**There is a new virus called the CORONAVIRUS/Covid-19.**

The CORONAVIRUS can make people sick, especially older people.

I have been staying home to help everyone, old and young stay safe and healthy.

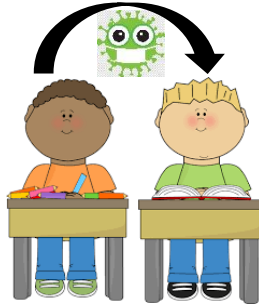**I have been home for a very long time and now it's time to go back to school.**

Things will be a little bit different at school. There will be new safety rules. Safety rules will help everyone stay healthy.

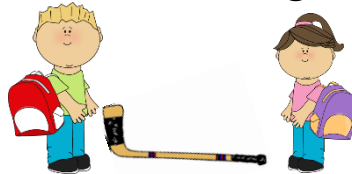**Teachers and school staff will help me stay safe at school.**

The CORONAVIRUS can jump from one person to another person.

I must follow 2 important rules to stop the virus from jumping.

1. I keep a 2-meter distance in between my classmates, my teachers and myself. That's about the length of a hockey stick.
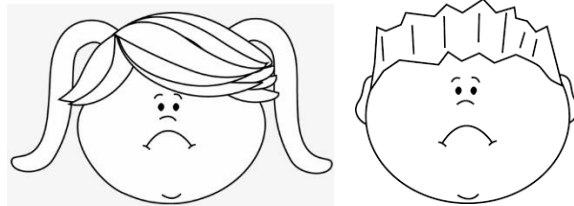
2. I wash my hands with water and soap for at least 20 seconds.

Now the CORONAVIRUS will not be able to jump.

AHHH!!!

I'm falling!

Things will be a little bit different at school. It's ok to feel nervous, scared, worried and upset.

My teachers and school staff will help me feel better. I can talk to an adult, ask for a break and take some time to relax.

I need help.

Everything will be OK!