Science

Kitchen Garden: grow from scraps

<u>Click here</u> to watch a PBS video on how to regrow vegetables from kitchen scraps.

If using Explorer, copy link.

Place one of the kitchen scraps in a sunny spot in the home and one in a dark spot and see how the sunlight affects the growth.

Spring Scavenger Hunt

Take a walk and use these fun scavenger hunts to explore nature. Encourage your children to talk about what they see, smell and hear while they are on a walk. Scavenger hunts allow kids to practice problem-solving in a tangible way. They help to reinforce skills previously taught while also getting outside for fresh air. Bring a bag to put your treasures into and use the items collected to create a collage or artwork.

<u>Click here</u> for a Scavenger Hunt <u>Click here</u> for a Bingo Scavenger Hunt for sibling fun

Theme of the Week:

Look out your window... it's Spring!

The possibilities for learning are endless when observing the seasons and exploring nature. Either look out your window or head outside to complete the activities on this page!

Tip of the week:

Login to Bookflix with your EMSB account and search "The Curious Garden" and "The Tiny Seed" for springtime reading!

Communication

Playing **I Spy** can be a fun and easy way to develop your child's language skills. You can play **I Spy** while you look out your window, when you are in the backyard, or on a neighbourhood walk.

<u>Click here</u> for a visual support to help guide your play. As your child's play partner, take turns, model target vocabulary and sentence structure, expand on their sentences, and most importantly, have fun! <u>Click here</u> for information on how this activity supports language development.

Fine & Gross Motor

Drawing, cutting & pasting are great ways to be creative and develop fine and visual motor skills! Complete this simple step-by-step activity with your child. As a last step, add details to the image by drawing things you see when looking out your window or when on a walk (ex. Flowers, trees, birds, etc.). Click here for activity.

Yoga can be a great way to practice mindfulness, connect with yourself and nature and build skills such as balance and strength. <u>Click here</u> for a nature inspired yoga activity.