

Songs & Instruments

Try your hand at learning some piano songs by tapping along to the melody and rhythm of these advanced songs.

[Click here](#) to find the songs and printable keyboard.

If you are new to piano these [Level 1](#) and [Level 2](#) songs may be fun to try too.

Guess the Pop Artist!

Think you know all about popular music?

Find a partner and challenge them to [this game](#)!

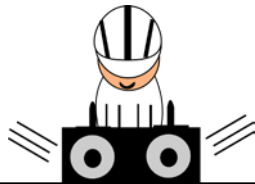
It's a pop-star version of the game "Guess Who." You'll have to think of **characteristics** for the musicians in order to ask useful questions. Here are a few characteristics. Can you think of any others?
Female, male, award-winning, writes their own music, a good dancer, has a high voice, plays an instrument... Good Luck!!

Don't Stop the Music

Music is an important part of our everyday life. It can help us express our feelings and emotions, relax and self-reflect as well as learn many other different skills. This week, bring out your inner musician and try out these activities!

Link of the week:

Create a mix by playing around with different beats on [this fun website](#).



Health & Well-Being

During this time of the COVID-19 crisis, many musicians have created songs to help us navigate through these unprecedented times. This week take some time and listen/watch the links below to help enforce ways to stay safe and healthy. Enjoy!

Handwashing: [Song 1](#) , [Song 2](#)

Social Distancing: [Song 1](#) , [Song 2](#)

Self-control: [Song 1](#), [Song 2](#)

Managing anxiety: [Song 1](#), [Song 2](#), [Song 3](#)

Dance & Movement

Zumba is a great dance exercise where music plays a big role. It gets your body moving, helps to develop planning and coordination skills, and it makes you feel good! Try out these fun Zumba videos with your siblings and/or family members:

[Level 1](#)

[Level 2](#)

[Level 3](#)

For an added challenge, chose your favorite song and put together some of the moves you learned to make your own Zumba routine! [Click here](#) for some tips.