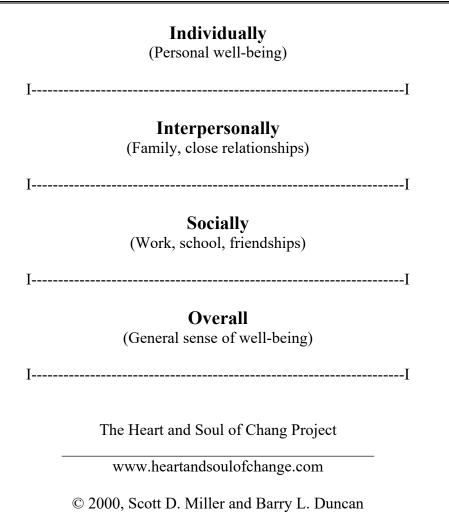
Outcome Rating Scale (ORS)

| Name | Age (Yrs): | Sex: M/F | |
|-----------------------------|---------------------------|----------|-------|
| Session # Date: | | | |
| Who is filling out this for | | Self | Other |
| If other, what is your rel | ationship to this person? | | |

Looking back over the last week, including today, help us understand how you have been feeling by rating how well you have been doing in the following areas of your life, where marks to the left represent low levels and marks to the right indicate high levels. *If you are filling out this form for another person, please fill out according to how you think he or she is doing*.



Session Rating Scale (SRS V.3.0)

| N | ame | | Age Sex: | (Yrs): M / F | | |
|---|--------------------------|-------|-------------------|------------------|-----------------------|---|
| Se | ession # _ | Date: | SCA. | | | |
| | lease rate ts your ex | • | on by placing a m | nark on the line | nearest to the descri | ption that best |
| | | | Relat | ionship | | |
| l did not feel h understood, respected | and | I | | | I | I felt heard, understood, and respected. |
| | | | Goals a | nd Topic | S | |
| We did <i>not</i> worl talk about wh wanted to work talk about | hat I on and | I | | | I | We worked on and talked about what I wanted to work on and talk about. |
| | | | Approacl | h or Meth | od | |
| The therapis approach is not fit for me. | a good | I | | | I | The therapist's approach is a good fit for me. |
| | | | 0 | verall | | |
| There was som missing in the s today. | | I | | | I | Overall, today's session was right for me. |
| | | | The Heart and So | oul of Change F | Project | |

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