



## Horizontal Planning/Standards and Procedures

MYP Year: 5

Course Code and Title: **Physical Education and Health Sec 5**

Course description: **Phys. Ed course with an emphasis on individual, team and health components.**

Class resources: **Materials provided for health class.**

MYP course Aims	MEES course objectives
<b>Use inquiry to explore physical and health education concepts</b>	<b>To perform movement skills in different physical activity settings.</b>
<b>Understand the value of physical activity</b>	<b>Interacts with others in different physical activity settings.</b>
<b>Achieve and maintain a healthy lifestyle</b>	<b>Adopts a healthy, active, lifestyle.</b>

Term 1 20% of School Course Grade

Timeline: To be completed by Nov. 3

IBMYP Key concept(s)	IBMYP Related concept(s)	MYP assessment criteria/objectives	MEES competencies targeted and weighting	Content/topics/ skills	Evaluation tasks /Evidence of student's understanding
<b>Change</b>	<b>Balance Choice Function</b>	<b>A-Knowledge B-Planning C-Performance D Reflection</b>	<b>Competency 1: Practices physical activities individually</b>	<b>Fitness (Cardiovascular strength and endurance)</b>	<b>Skills testing - Knowledge test - Movement Project</b>

Communication to students and parents:	Materials required
<b>Email or parent teacher communication form as needed.</b>	<b>Proper phys. ed uniform</b>

Term 2 20% of School Course Grade

Timeline: To be completed by Jan. 26

IBMYP Key concept(s)	IBMYP Related concept(s)	MYP assessment criteria/objectives	MEES competencies targeted and weighting	Content/topics/ skills	Evaluation tasks /Evidence of student's understanding
<b>Relationships</b>	<b>Systems Movement Interaction</b>	<b>A-Knowledge B-Planning C-Performance D Reflection</b>	<b>Competency 2: Practices physical activities with other students</b>	<b>-Badminton (Serving, hitting, team play, written test)</b>	<b>Skills testing -Knowledge test</b>

Communication to students and parents:	Materials required
<b>Email or parent teacher communication form as needed.</b>	<b>Proper phys. ed uniform</b>

Term 3 60% of School Course Grade

Timeline: To be completed by June. 21

IBMYP Key concept(s)	IBMYP Related concept(s)	MYP assessment criteria/objectives	MEES competencies targeted and weighting	Content/topics/ skills	Evaluation tasks /Evidence of student's understanding
<b>Communication</b>	<b>Space Environment Systems</b>	<b>A-Knowledge B-Planning C-Performance D Reflection</b>	<b>Competency 1: Practices physical activities individually Competency 2: Practices physical activities</b>	<b>-Pool (Strokes, Diving, Treading water) -Volleyball (Serving, Hitting, Team play) -Health</b>	<b>Skills testing -Knowledge test</b>

			<b>with other students Competency 3: Takes steps to adopt a healthy, active lifestyle</b>	<b>components (Reflecting on fitness and</b>	
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Communication to students and parents:	Materials required
<b><i>Email or parent teacher communication form as needed.</i></b>	<b><i>Proper phys. ed uniform</i></b>

Additional Information/Specifications
<p>This course has a school-wide final exam.</p> <p><input checked="" type="checkbox"/> This course does not have a final exam. The final course grade comes entirely from the school course grade.</p> <p><input type="checkbox"/> This course has a final exam administered by the English Montreal School Board. The final course grade is determined by taking 70% of the school course grade and 30% of the school board exam.</p> <p><input type="checkbox"/> This course has a final exam administered by the <i>Ministère de l'Éducation et de l'Enseignement Supérieur</i> (MEES). The final course grade is determined by taking 50% of the school course grade and 50% of the MEES exam. Please note that the final course grade is subject to MEEs moderation.</p>