

**WEEKLY
SESSIONS**

**EVERY
WEDNESDAYS**

Contact to get Zoom link:
youthcounselor@chabadlifeline.com

**SUPPORT
GROUPS**

**How to Manage during
COVID-19 - April 8 @ 11am**

**Addiction Services in Montreal -
April 15 @ 11am**

**How can we be creative in these
times? - April 22 @ 11am**

**Speaker Presentation (experience of
recovery) - April 29 @ 11am**



Commission scolaire English-Montréal
English Montreal School Board