

STRUGGLING WITH MENTAL HEALTH AND/OR SUBSTANCE ABUSE?

CHABAD LIFELINE IN PARTNERSHIP WITH THE
EMSB FOR STUDENT SUPPORT IN MENTAL
HEALTH & ADDICTION

COUNSELLING & SUPPORT FOR EMSB STUDENTS

AVAILABLE FOR:

**ONLINE COUNSELLING
MONDAY - FRIDAY**

**WEEKLY GROUP WORKSHOPS
WEDNESDAYS 11 AM**



EMAIL TO RECIEVE ZOOM LINK

YOUTHCOUNSELOR@CHABADLIFELINE.COM

Contact us for support, workshops, & counselling.



Commission scolaire English-Montréal
English Montreal School Board

