



August 18, 2020

Dear Parents,

On behalf of our entire staff at, Lester B. Pearson High School we are happy to welcome you to the 2020-2021 school year. We have full confidence in the dedication of our teachers and staff and look forward to a successful opening. A detailed timeline for registration and the first day of school is also attached.

We are committed to maintaining the highest standards for all students at Lester B. Pearson High School. There will be no shortage of opportunities for students to be challenged with high quality instruction, to be socially connected to their peers, and feel a sense of belonging to their school. Our goal is to allow students to better find the path that encourages motivation, curiosity, and success.

### **Academic Day School Organization**

As per ministry directives, **Secondary 1, 2, and 3 students, all closed resource groups (sec. 1-5), and all Sport Études groups (sec. 1-5) will be attending school everyday.** These students will be grouped in classes which will remain together throughout the day and their teachers will be traveling to the classrooms in order to eliminate unnecessary student movement and keep the group isolated. Students in the same group will not be required to comply with physical distancing rules. However, they must remain 2 metres from school staff and must also remain 1 metre from students who are not in their class.

Please note that for this school year the school timetable will be restructured to reflect a Day 1 to 18 schedule. This restructuring will not affect the amount of academic instruction students will be receiving this academic year. Traditionally Lester B. Pearson offers a variety of programs and courses to all our students. In order to adhere to the public health regulations for the Secondary 1, 2, and 3, students may not receive their choice of elective. Students in the French Immersion program normally taking Géographie/Histoire and Science et Technologie will be receiving instruction in English.

**Secondary 4-5** (except closed resource groups and Sport Études) students will attend classes every second day allowing for social distancing to be possible given approximately 50% of students will be present in class each day. Students will be grouped in alpha order by family name (A-K and L-Z) alternatively on an 18-day cycle.

- **Family name A-K will attend school on odd cycle days: Day: 1, 3, 5, 7, 9, 11, 13, 15, 17**
- **Family name L-Z will attend school on even cycle days: 2, 4, 6, 8, 10, 12, 14, 16, 18**

Please note that teachers will be providing compulsory work for students to complete during the days they are not present in school.

Students will continue to benefit from Physical Education classes. Face coverings will not be worn during Physical Education classes unless physical distancing cannot be ensured. When possible, classes will be conducted outdoors.

As you know, the public health authorities do not recommend that students with a specific medical condition that makes them more vulnerable to COVID-19, as confirmed by a physician, return to class in person. In order to ensure that these students continue to learn, the EMSB will offer distance education. Please contact your child's Vice-Principal if this will be necessary. This service will also include students with a parent or close relative with an eligible medical condition residing





at the same address, once a doctor's note is provided. Notes should be forwarded to the appropriate Vice-Principal as soon as possible.

### 2020-2021 School Hours

#### Monday - Friday

Period 1	8:15 to 9:30
Period 2	9:35 to 10:50
Period 3	10:55 to 12:10
Lunch	12:15 to 13:25
Period 4	13:30 to 14:45

No Wednesday Mini Days  
2020-2021

#### Arrivals and Dismissal

In order to diminish congestion at entrance and exit ways students are asked to enter and exit the building using the following student entrances:

Secondary 1 and 2 students will use the entrance on P. M Favier Street

Secondary 3, 4, and 5 will use the entrance on Hurteau Street

Students drop off will be done on P.M Favier Street only yet the students must respect the entrance points for their level.

#### Personal Protective Equipment (PPE) and Health Sanitation Protocol

In accordance with the Ministry of Education, all students are required to wear a face covering in corridors and common areas, except for students with a specific medical condition that renders them unable to do so. Lester B. Pearson strongly recommends that students wear face coverings in the classrooms during instruction, if they feel comfortable doing so. Face coverings are not required in the cafeteria, when students are eating or drinking. According to the Minister, it is the parent's responsibility to provide a face covering for your child. Please ensure that your child comes prepared with **two cleaned face coverings every day**. **Please note that face coverings must be solid colours only and must not include designs or slogans.**

Hand washing measures for all students and staff will be implemented throughout the day including when entering and exiting the building, the cafeteria, and the classrooms. Our caretaking team will be sanitizing and disinfecting the school and common areas as per the training they received by experts on how to implement the guidelines from Santé Public. Emergency kits are available to be used in response to a suspected case of COVID-19.





### **Lockers and Student Personal Items**

At this time lockers will not be available to students and will only be issued to students once the pandemic improves or when the weather requires lockers. As you know, our school has a locker bay model which is very crowded during peak times. For students in Secondary 1, 2, and 3, students in closed resource groups, and all of Sport Études students will be able to leave their books and personal items in their assigned classrooms overnight. Secondary 4 and 5 students will have to bring all of the necessary materials they will need for that cycle day (including physical education uniform) to school with them. Please note that students are always expected to be in proper uniform after entry and must remove all hoodies and jackets once they have entered the building.

### **Recess**

In order to ensure our students' safety and security, our 20-minute recess has been removed and those minutes are now redistributed to passing time and lunchtime. Teachers will be flexible regarding snacks, water bottles, and bathroom breaks during class.

### **Lunch Hour**

To ensure social distancing cafeteria lunch sittings will be divided in two groups as per the below schedule. Additional tables will also be placed in the plaza in order to accommodate social distancing measures. Students should bring their own lunch to school daily as cafeteria services will only continue to be available for special circumstances. If your child absolutely must buy their lunch, we recommend the use of prepaid meal cards which can be purchased by visiting [https://leminibistro.emsb.qc.ca/ui/s\\_public/meal-card.aspx](https://leminibistro.emsb.qc.ca/ui/s_public/meal-card.aspx) When students are not at their designated lunch sitting time they will be directed to common areas in the building and outside on school property, before or after their lunch sitting.

#### **Cafeteria Lunch Sitting**

12:15-12:45	Secondary 1 Secondary 4 (50% present) Secondary 5 (50% present) Sports Etudes (Sec. 1-5)
12:45-12:55	Sanitization of the Cafeteria
12:55-13:25	Secondary 2 Secondary 3

Students should come prepared with one/two full water bottles as water fountains will be off limits. Microwave ovens will no longer be available to students. Parents should consider a thermos for warm lunches. The cafeteria will open on September 8<sup>th</sup> to serve meals.

### **Building Organization**

Hallways and stairwells will be designed with directional arrows. Sinks and urinals will be configured to ensure a one meter distancing and water fountains will be blocked off.

Library services will continue to be available to students. Protocols to disinfect the books and the facility will be in place.





## École secondaire LESTER B. PEARSON High School

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Visitors, including parents, will be required to sign in confirming their health status. They will be required to wear face coverings at all times and sanitize their hands upon entry and exit of the buildings.

### **Student Health Assessment**

On a daily basis parents must assess their child's health and any risks prior to sending their child to school. This includes the health of members of their household. Students with symptoms should communicate with Santé Public for instructions **1-877-644-4545 and must contact the Lester B. Pearson High School Administration**. Students will not be permitted to return to school unless authorized by Santé Public. This includes any student that has been in contact with someone that has been diagnosed or suspected of having Covid-19. Please note that anyone having traveled outside the country must quarantine for 14 days. Should a child test positive, all parents, students, and employees will be informed immediately. Due to confidentiality issues, the school will not be able to share the identity of the student or staff member diagnosed with Covid-19. The school will defer to Santé Public for any additional measures that may be required. The safety and security of students and staff is our priority. Should you have any specific questions concerning your child please contact the level Vice principal responsible for your child.

**Ms. A. Caruso** (acaruso@emsb.qc.ca): **Level 1, 2, (5 A-K)**  
**Ms. P. Tumnillo** (ptumnillo@emsb.qc.ca): **Level 3, 4, (5 L-Z)**

The health and safety of our students, staff, and parents is our priority. We ask that you monitor your children for symptoms and contact us if your child is feeling sick.

The Lester B. Pearson High School Administration and Staff are working diligently to ensure the safety and security while at school. We thank you in advance for your support during these times and welcome your questions and concerns.

Sincerely,

Tony Pita  
Principal





## COVID-19 procedure to follow in educational institutions

### 1 If a student shows symptoms<sup>1</sup> while in class:

- They are automatically isolated.
- A single staff member cares for the student while waiting for the parent.
- An emergency kit containing the necessary materials (masks, glasses, gloves, etc.) is used.
- The room is ventilated, cleaned and disinfected once the student has left.
- The parent must contact 1-877-644-4545 as soon as possible and follow the public health guidelines that are provided. The student showing symptoms must remain in isolation at home until public health guidelines have been received.
- The student is provided with remote pedagogical support.

### 2 If a student shows symptoms<sup>1</sup> while at home:

- The parent must contact 1-877-644-4545 as soon as possible and follow the public health guidelines that are provided.
- The student showing symptoms must remain in isolation at home until public health guidelines have been received.

### 3 If a student tests positive for COVID-19:

- All parents and staff are automatically contacted when a case of COVID-19 is confirmed in a school.
- Anyone considered to be at moderate to high risk is removed from the school and is tested.
- The parent must contact 1-877-644-4545 as soon as possible and follow the public health guidelines that are provided. The student who tested positive must remain in isolation at home until public health guidelines have been received.
- Students are provided with remote pedagogical support.

### 4 If there are several cases of COVID-19 in the same class or if the outbreak involves several classes:

- The regional public health authorities provide the school with detailed instructions and the school has the responsibility to contact the parents, legal guardians and staff members who must be notified.
- In collaboration with the school administration, the regional public health authorities make the recommendations as to whether a classroom or school should be closed based on the situation.
- With help from the administration, teachers, school staff and the student concerned or their parents, the public health authorities determine any close contacts that occurred at the school.
- Anyone considered to be at moderate to high risk is removed from the school and is tested.
- Students are provided with remote pedagogical support.

\* It is possible that intervention measures may be stricter (closing a classroom, closing a school, etc.) based on the public health authorities' analysis of virus transmission in the school and on the epidemiological factors specific to the school or region.

<sup>1</sup> The symptoms to watch for are: fever, cough, difficulty breathing, sore throat, loss of sense of smell and taste, major fatigue, significant loss of appetite, general muscle pain, vomiting, diarrhea. While flu-like symptoms may appear similar to those of COVID-19, they are not a sure sign of an infection. It is important to pay close attention and consult the website [quebec.ca/coronavirus](https://quebec.ca/coronavirus) or contact 1-877-644-4545 for more information.



## BACK-TO-SCHOOL AND COVID-19

### STAY ALERT TO KEEP THE VIRUS FROM SPREADING

If your child shows symptoms, contact 1-877-644-4545 as soon as possible and follow the public health guidelines that are provided. The child must remain in isolation at home until public health guidelines have been received.

#### WHAT TO LOOK FOR:

Fever	General symptoms
<ul style="list-style-type: none"> <li>38°C (100.4 °F) or higher: <b>rectal</b> temperature in children under 5 <b>OR oral</b> temperature in children 5 or older and adults</li> <li>or 1.1°C higher than the person's usual temperature</li> </ul>	<ul style="list-style-type: none"> <li>Major fatigue</li> <li>Significant loss of appetite</li> <li>General muscle pain (not related to physical exertion)</li> </ul>
Respiratory symptoms	Gastrointestinal symptoms
<ul style="list-style-type: none"> <li>Cough (new or worse)</li> <li>Shortness of breath, difficulty breathing</li> <li>Sore throat</li> </ul>	<ul style="list-style-type: none"> <li>Vomiting</li> <li>Diarrhea</li> </ul>
<p>While flu-like symptoms may appear similar to those of COVID-19, they are not a sure sign of this virus. However, it is recommended that you keep your child at home and avoid contact with other people until you have received the public health guidelines.</p>	

#### WARNING SIGNS

If your child has:

- a fever and a decline in general health, or flu-like symptoms (fever and cough accompanied by headaches, fatigue, aches and pains or extreme fatigue)
- loss of sense of taste or smell

Keep them home and **immediately call 1-877-644-4545**

Furthermore, do not have your child attend school or the school daycare if:

- you have received instructions from your public health authorities to self-isolate at home (your child and their contacts)
- there is a chance that your child is infected or you think they have been in contact with someone who has COVID-19
- you are in quarantine following travel outside Canada

Provided they do not have COVID-19, children and adults with flu-like symptoms may resume their activities once each of the following conditions has been met:

- they have gone 48 hours without a fever (without taking medication) **and**
- 24 hours have passed after a significant reduction of their other symptoms

**For all other conditions, the usual health criteria apply with regard to attending school and school daycare.** Consequently, children who are in good general health (able to carry out their regular activities) can go to school and school daycare.