



Lester B. Pearson High School

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| Academic Year: 2021-2022 | Department: Physical Education |
| Subject: Physical Education and Health | Level (Cycle and Year): Cycle 2: Year 3-4-5 |

Term 1 - 40% of School Grade

School Reporting Date(s) : August 31st, 2021-January 7th, 2022
Progress Report: November 12th, 2021
Term 1 Report Card: January 25th, 2022

Teacher Methods of Communication: Standards and Procedures, Progress Report, Parent-Teacher conferences, Report Card, Online Platforms, E-mail, Phone Calls, Syllabus

Competency Evaluated and Percentage of Term Grade:
 C1- Performs movement skills in a variety of physical activity settings **(30% of Final Term I Grade)**

| Evaluation Methods/Tools | Skill(s) Evaluated | Timeline or Frequency of Evaluations | Weight of Evaluation |
|--------------------------|--------------------------|--------------------------------------|----------------------|
| Fitness Testing | Muscular endurance | 4-5 fitness evaluations | 100% |
| | Cardiovascular endurance | | |
| | Muscular strength | | |
| | Agility | | |
| | Speed /Power | | |

Competency Evaluated and Percentage of Term Grade:
 C2- Interacts with others in a variety of Physical Activity Environments **(50% of Final Term I Grade)**

| Evaluation Methods/Tools | Skill(s) Evaluated | Timeline or Frequency of Evaluations | Weight of Evaluation |
|--------------------------|--------------------|--------------------------------------|----------------------|
| Sports Skills | Synchronization | 3-5 skills | 100% |
| | Cooperation | | |
| | Communication | | |
| | Sportsmanship | | |

*Note that social distancing will be practiced as much as possible; subject to change depending on Ministry guidelines.

| Competency Evaluated and Percentage of Term Grade: C3- Adopts a Healthy, Active Lifestyle (20% of Final Term I Grade) | | | |
|--|-------------------------------------|--------------------------------------|----------------------|
| Evaluation Methods/Tools | Skill(s) Evaluated | Timeline or Frequency of Evaluations | Weight of Evaluation |
| Weekly Observations | Brings necessary materials to class | 10-12 | 100% |
| | Effort | | |
| | Participation | | |
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| Term 2 - 60% of School Grade | | | |
|---|--------------------------|--------------------------------------|----------------------|
| Reporting Date: January 10 th , 2022-June 23 rd , 2022 Progress Report: April 21 st , 2022 Term 2 Report Card: June 29 th , 2022 | | | |
| Teacher Methods of Communication: Standards and Procedures, Report Card, Online Platforms, E-mail, Phone Calls, Syllabus E-mail, Phone Call, Syllabus, Parent-teacher conference | | | |
| Competency Evaluated and Percentage of Term Grade: C1- Performs movement skills in a variety of physical activity settings (30% of Final Term II Grade) | | | |
| Evaluation Methods/Tools | Skill(s) Evaluated | Timeline or Frequency of Evaluations | Weight of Evaluation |
| Fitness Testing | Muscular endurance | 5 fitness evaluations | 100% |
| | Cardiovascular endurance | | |
| | Strength | | |
| | Agility | | |
| | Speed/Power | | |
| Competency Evaluated and Percentage of Term Grade: C2- Interacts with others in a variety of Physical Activity Environments (50% of Final Term II Grade) | | | |
| Evaluation Methods/Tools | Skill(s) Evaluated | Timeline or Frequency of Evaluations | Weight of Evaluation |
| Sports Skills | Synchronization | 5 skills | 100% |
| | Cooperation | | |
| | Communication | | |

| | | | |
|--|-------------------------------------|---|-----------------------------|
| | Sportsmanship | | |
| Competency Evaluated and Percentage of Term Grade: | | | |
| C3- Adopts a Healthy, Active Lifestyle (20% of Final Term II Grade) | | | |
| Evaluation Methods/Tools | Skill(s) Evaluated | Timeline or Frequency of Evaluations | Weight of Evaluation |
| Weekly Observations | Brings necessary materials to class | 14-16 | 100% |
| | Effort | | |
| | Participation | | |
| | | | |

- Late work policy :
 - Students are allowed to submit the assignment the next day without penalty.
 - After one day, 5% is deducted for each additional day it is late
 - Once the assignment in question is handed back to students, no late assignments will be accepted and will receive a mark of Zero (0).