



LINKS HIGH SCHOOL
STANDARDS & PROCEDURES

Department or Subject:	Health and Human Development
Teacher(s):	Jenica Tandoc
Cycle and Level Taught:	Autonomy Preparation Program
School Year:	2022-2023

Term 1 (20%)		
<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
Recognizes the value of taking a holistic approach to health (physical, mental and emotional) Adopts a healthy active lifestyle	Attendance Participation Observations Weekly log Assignments	Ongoing throughout the term
<i>Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)</i>	<u><i>Other Pertinent Information</i></u> - Students will keep a weekly log that tracks home life and create monthly goals to establish an active routine. - Students will further expand their repertoire of movement skills and develop their social skills by participating in group activities.	
Agenda Report card Emails Progress Report		

Term 2 (20%)		
<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Tests, Projects, etc.)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
<p>Recognizes the value of taking a holistic approach to health (physical, mental and emotional)</p> <p>Adopts a healthy active lifestyle</p>	<p>Attendance Participation Observations Weekly log Goal tracking Assignments</p>	<p>Ongoing throughout the term</p>
<p><i>Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)</i></p>	<p><u><i>Other Pertinent Information:</i></u></p> <ul style="list-style-type: none"> - Students will keep a weekly log that tracks home life and create monthly goals to establish an active routine. - Students will further expand their repertoire of movement skills and develop their social skills by participating in group activities. 	
<p>Agenda Report card Emails Progress Report</p>		

Term 3 (60%)

<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Tests, Projects, etc.)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
<p>Recognizes the value of taking a holistic approach to health (physical, mental and emotional)</p> <p>Adopts a healthy active lifestyle</p>	<p>Attendance Participation Observations Weekly Log Assignments Goal tracking</p>	<p>Ongoing throughout the term</p>
<p><i>Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)</i></p>	<p><i>End of Year Evaluation (e.g., evaluation situation, local exam, complementary exam, uniform exam, etc.)</i></p>	<p><i>Other Pertinent Information</i></p>
<p>Agenda Report card Emails Progress Report</p>	<p>Self-assessment Self-reflection Goal tracking – creating a healthy and active routine</p>	<ul style="list-style-type: none"> - Students will keep a weekly log that tracks home life and create monthly goals to establish an active routine. - Students will further expand their repertoire of movement skills and develop their social skills by participating in group activities.