



LINKS HIGH SCHOOL
STANDARDS & PROCEDURES

Department or Subject:	Physical Education
Teacher(s):	Nikolaos Vlahopoulos
Cycle and Level Taught:	Autonomy Preparation Program
School Year:	2022-2023

Term 1 (20%)		
<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
<p>-To perform movement skills in different physical activity settings.</p> <p>-To interact with others in different physical activity settings.</p> <p>-To adopt a healthy and active lifestyle.</p>	<p>-Participation during class time.</p> <p>-Observations and anecdotal notes taken each class.</p>	<p>August 30th to October 20th</p>
<p><i>Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)</i></p> <p>-Agenda</p>	<p><u><i>Other Pertinent Information</i></u></p> <p>-Basketball</p> <p>-Dodgeball</p> <p>-Cardio workout. Light jogging to increase cardio level of all students.</p> <p>-Stretching all the major muscle groups.</p>	

Term 2 (20%)		
<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Tests, Projects, etc.)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
<p>-To perform movement skills in different physical activity settings.</p> <p>-To interact with others in different physical activity settings.</p> <p>-To adopt a healthy and active lifestyle.</p>	<p>-Participation during class time.</p> <p>-Observations and anecdotal notes taken each class.</p>	<p>November 01st to January 31st</p>
<p><i>Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)</i></p> <p>-Agenda</p>	<p><u><i>Other Pertinent Information:</i></u></p> <p>-Soccer -Handball -Badminton -Volleyball</p>	

Term 3 (60%)		
<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Tests, Projects, etc.)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
<p>-To perform movement skills in different physical activity settings.</p> <p>-To interact with others in different physical activity settings.</p> <p>-To adopt a healthy and active lifestyle.</p>	<p>-Participation during class time.</p> <p>-Observations and anecdotal notes taken each class.</p>	<p>February 01st to June 09th.</p>
<i>Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)</i>	<i>End of Year Evaluation (e.g., evaluation situation, local exam, complementary exam, uniform exam, etc.)</i>	<i>Other Pertinent Information</i>
<p>-Agenda</p>	<p>-Local Evaluation</p> <p>-Review all the concepts learned throughout the school year.</p>	<p>-Review of the entire year.</p>