

Kansas City University of medicine and biosciences

NAME Everyone

PRESCRIPTION FOR A LIFE WELL-LIVED

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ADDITIONAL NOTES:

the community as a classroom | 56 years of countless memories | philosophically speaking | and more p. 12 p. 14 p. 30





FEATURES

- 12 A WIN FOR ALL
 - KCU-Joplin's new partnership with a local community clinic is providing new opportunities for everyone involved.
- 14 ENDEARINGLY, ENDURINGLY, EDYTHE Fifty-five years of KCU history. One beloved employee.
- **18 THE BENEFIT OF HOPE**John P. Smith Jr., DO, has spent a lifetime passing hope on to others.
- 26 IMPROVING THE WELL-BEING OF KC KIDS FOR 25 YEARS Score 1 for Health is celebrating a quarter-century of providing for children in the Kansas City metro. Now, what comes next?
- **30** A PASSION FOR OSTEOPATHIC PHILOSOPHY
 Laura Rosch, DO, has a plan for KCU-Joplin's future, and it's founded on the strong foundation of osteopathic heritage.

IN EVERY ISSUE

- **2** Letter From the President
- **4** KCU News
- **8** Board and Leadership News
- **10** Student Spotlights
- 22 Campaign Update
- **30** Alumni News

FRONT COVER

Often, the best prescription to combat troubling times is for us each to do what we can in caring for those around us.

The stories in this issue are centered on the many ways, often unseen, that individuals within the KCU family are doing their part to give hope to those around them.



Giving hope comes in many forms and can be seen in many different aspects of our work at Kansas City University. It is foundational to the well-being of humankind and is therefore an essential element in our mission of "improving the well-being of the communities we serve."

This common thread of hope can be found throughout the collection of stories featured in the current issue of KCU Magazine. Our students give hope to one another through organizations and clubs that foster camaraderie and provide support. Our new Joplin campus dean embraces the hope inspired by wellness and holistic health and seeks to instill these values in our students. A new clinical partnership gives hope to patients who are in need of medical care but have no health insurance. And, a generous KCU matching scholarship fund gives hope to students who are working hard to become doctors, scientists and other health professionals but need financial assistance to do so.

Long guided by the principles of giving hope and giving back, KCU alumnus and Board Chair John P. Smith, DO, is the subject of our cover story. Dr. Smith, who has had a successful and distinguished career as a surgeon, was honored last year with the American College of Osteopathic Surgeons' Humanitarian Award for his commitment to helping change lives through more than two decades of medical mission work. We are proud to recognize Dr. Smith, celebrate his accomplishments and learn more about his philosophy of hope in our Spring 2019 issue.

KCU remains committed to becoming the most student-focused health sciences university in order to best meet workforce needs in the health professions, increase access to health care — particularly for the underserved, and advance research to improve patient outcomes. All along the way, our pursuit of these goals is brightened by the universal beacon of hope, and we are inspired by the prospect that those we touch will pay hope forward to the greater well-being of all of our communities.

Please enjoy the Spring 2019 issue of KCU Magazine!

Yours truly,

Marc B. Hahn, DO

President and Chief Executive Officer



SPRING 2019 ISSUE

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KCU AWARDS FIRST DIVERSITY SCHOLARSHIP

Marla Moss, a first-year doctoral student in the clinical psychology program, has thought carefully about improving health care for everyone. That was one of the big reasons she decided to come to KCU to study psychology, where she is the first recipient of a new diversity scholarship.

With a true appreciation for holistic health care, Moss says her plan is to open a clinic that offers integrated health care — a kind of one-stop shop for taking care of the physical, mental and spiritual needs of patients.

Prior to enrolling at KCU to pursue her doctorate, Moss worked for more than a decade as an occupational therapist. During that time, she cultivated an acute sense of the importance of mental health in meeting overall community health needs, as well as what she personally could do about it.

According to Moss, people don't always seek out mental health care, especially in the African-American community. She said she recognizes the importance of establishing a rapport with patients and the positive impact of having health professionals who reflect the diverse communities they serve. Moss notes that if patients are comfortable with their doctor, they are more likely to rely on their clinical expertise.

DERON CHERRY HELPS SCORE I TO KEEP WINNING

Former NFL and Kansas City Chiefs safety Deron Cherry presented KCU with a check in the amount of \$70,000 in support of *Score 1 for Health*. A KCU flagship program now in its 25th year, *Score 1* supports medical education and children's health in the Kansas City area and, now, also in the Joplin area through our campus there. Annually, more than 520 first- and second-year students participate in the program providing health care screenings to over 12,000 children at 39 schools in the Kansas City area. KCU is one of three beneficiaries that the Deron Cherry Charitable Foundation supports via funds raised through Cherry's annual golf tournament.



INTRODUCING 'ONE UNIVERSITY' - KCU'S CAMPUS CLIMATE STUDY

KCU has begun implementation of "One University," an independent assessment of the KCU campus climate to inform positive, lasting changes that will help create a more inclusive university environment. Consultants Rankin & Associates worked with a committee of students, faculty and staff to develop the assessment. Results will help KCU both develop programs and policies that will increase inclusivity in areas of need, and enhance and replicate those that are shown to be successfully meeting the needs of our campus community. A series of focus groups were held in late 2018, discussions that helped drive the content of a comprehensive, university-wide survey that launched in late February 2019. KCU anticipates receiving survey outcomes and recommendations from Rankin & Associates later this year.

ACOFP NAMES W. JOSHUA COX, DO, 'EDUCATOR OF THE YEAR'

W. Joshua Cox, DO (COM 'oo), associate dean of Clinical Education and professor of Family Medicine, was honored recently by the American College of Osteopathic Family Physicians (ACOFP) with the Osteopathic Family Medicine Educator of the Year award. This prestigious award recognizes an individual who exemplifies the osteopathic family medicine profession's highest standards of excellence in teaching, and who has made significant, commendable, and long-standing contributions to the academic advancement of osteopathic students, residents and the osteopathic profession.

Throughout his career, Cox has been a mentor to many students and has held a number of professional leadership positions, including serving on a variety of committees for the ACOFP and the National Board of Osteopathic Medical Examiners (NBOME). He also served as a board member for the Missouri Society of the American College of Osteopathic Physicians and the KC Regional Osteopathic Medical Association. Cox has extensive lecturing experience, with more than 75 invited national, regional and international lectures. He is also a national faculty member of the American Academy of Family Physicians and the NBOME. Throughout his career, Cox has and has worked to spread the knowledge of osteopathic medicine on a global level through participation in numerous global health outreach trips and serving as a board member for DOCARE International, NFP.



JAMES KOELBL, DDS, JOINS KCU AS VICE PROVOST FOR ORAL HEALTH INITIATIVES

James Koelbl, DDS, MS, MJ, has joined KCU as vice provost for oral health initiatives. Koelbl will assist KCU as the university completes its due diligence for establishing a College of Dental Medicine on the university's Joplin campus. The proposed program will serve the "four-corners" region of southwest Missouri, northwest Arkansas, northeast Oklahoma and southeast Kansas.

KCU began a feasibility study last year in response to the critical shortage of dental health providers in the region. The vast majority of counties within a 125-mile radius of Joplin are designated as a Dental Health Professional Shortage Area, according to research conducted in 2018 by strategic consulting services firm Tripp Umbach.

At KCU, Koelbl will help assess faculty and patient needs, as well as lead the process to explore program accreditation. He will also lead outreach to the regional dental community and potential clinical partners.

Koelbl was recently honored by the American Dental Education Association (ADEA) with the 2019 Distinguished Service Award. This premier award recognizes an individual's significant contributions to ADEA and its members through research, teaching or service.

KCU-JOPLIN GIVES BACK WITH COMMUNITY HEALTH SCREENING

Under the supervision of KCU-Joplin faculty, KCU-Joplin medical students worked side-by-side with students from Missouri Southern State University's Health Sciences Department, as well as Freeman Health System residents and Screen Team staff, to provide free health assessments to Joplin community members. These included assessments of blood pressure, body mass index, heart health, lung function and diabetes and oral cancer screenings.

"Health screening events demonstrate KCU's commitment to serving our community while allowing our students to develop the physical exam skills they need to become excellent physicians," said John Paulson, DO, PhD, KCU-Joplin Primary Care chair.

These events introduce students to working with other key members of a health care team. As they work and learn alongside nursing, paramedic, respiratory therapy, social work and a variety of other allied health care students, they develop solid interprofessional skills that help ensure highquality health care delivery to patients in the future.

KCU-Joplin hosted a second community health screening event on Thursday, Feb. 14, in Pittsburg, Ks., with additional future events anticipated.



BIOMEDICAL SCIENCE STUDENTS EARN RESEARCH RECOGNITION

Two College of Biosciences (COB) students were recently recognized for accomplishments in their respective research activities.

Cheyennae Barbee was highlighted by BioNexus KC following her poster presentation award at One Health Day held at the Kansas State University campus in Olathe. The event involves groups from around the world that celebrate a collaborative approach to human, animal and environmental health. Barbee's research, completed under the guidance of Robert White, PhD, dean of the COB, seeks to help people with anemia or bone marrow failure by identifying a new protein or pathway that would allow the creation of red blood cells. BioNexus KC supports interdisciplinary collaboration to advance human and animal health.

Roy Muriu works with KCU Professor Abdulbaki Agbas, PhD, to analyze how elevated levels of the protein TDP 43 in the platelets of Alzheimer's patients might one day be identified as an early biomarker for the disease. Muriu was invited to present an abstract on his research at the Annual Biomedical Research Conference for Minority Students (ABRCMS) held in Indianapolis earlier this month. The ABRCMS is the largest meeting for undergraduate minority students in the country, exposing them to graduate programs and professional opportunities in biomedical research.

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KCU LEADERSHIPI

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we're coming to baltimore OCTOBER 2019



MARK YOUR CALENDARS, AND JOIN KCU FOR OUR KCU ALUMNI RECEPTION DURING OMED 19

more details will be available soon.



EMERGENCY MEDICINE CLUB

Anastasia Ambrosio loves emergency medicine (EM), and she even brings a sense of urgency to her passion. She enthusiastically describes hands-on clinics, speakers from the ER frontlines, and a paintball tournament triage, all organized by the KCU-Kansas City Emergency Medicine Club (EMC). A second-year med student, she serves as the club's president and also class secretary of the College of Osteopathic Medicine (COM) Class of 2021.

"Our goal is to give students a lot of exposure about how much you can do in emergency medicine, to help students realize where they might want to go with their career," she says. "I want to help them see how big, how awesome emergency medicine is."

Ambrosio has organized opportunities for her fellow students to learn skills, to hear about specialties within EM and to talk with speakers about what it takes to get into the world of emergency medicine.

Stephanie Davis, DO, the club's alumni advisor and an EM physician with Saint Luke's Health System Kansas City, agrees.

"There is only minimal exposure to each specialty in medical school," noted Davis. "The KCU clubs give students the opportunity to have several exposures and interactions with physicians in their specialty to ensure they are going to be happy with their career choice. It is helpful to have a glimpse of what life will be like 'on the other side'".

Ambrosio and other club members have learned how EM and critical care physicians are using telecommunications and video conferencing tools like Skype to "get a top-notch doctor advising the ER staff." They've listened to doctors who specialize in wilderness medicine describe their experiences – "what to do when all you have is an Ace bandage and a

splint," she says. And they've been able to learn from residents about fellowships and the nitty-gritty ins and outs of an EM residency.

The club's interactive experiences complement speaker forums. For example, EMC has run clinics that taught specific emergency procedures such as chest tubes, intubations, needle decompressions and sutures. They even had the opportunity to work with cadavers – "It was cool to work on real tissue."

Thanks to Davis' connections, several students participated in a mass casualty simulation put on by the City of Chicago. The scenario was a simulated bomb incident, and the student volunteers were among the injured. "They bloodied us up and the doctors had to come and treat us," Ambrosio recalls.

Committed to both camaraderie and exposure to the profession, Ambrosio describes an upcoming "medical paintball" activity for 120 first- and second-year students. She says the real-time experience will offer student teams tactical training in a fun environment. "We'll see what injuries come up in a combat-like zone. We'll do triage. We'll run through the steps to treat patients immediately."

In addition to sub-specialties and technical skills, Ambrosio also thinks it is important to understand the lifestyle aspects of an emergency medicine specialist.

Davis also notes the relationship aspect of the EMC and other student clubs. "Networking is invaluable once a student graduates and is moving on to residency and eventually a career as a physician, and early networking improves the chances for success," she says. Developing a support system of friends and colleagues is intensely vital to long-term survival and wellness as a physician. "This is something that cannot be obtained through podcasts, online learning or lectures."



FIT DOCTORS ASSOCIATION

When Brandon Tompkins looks back at his first year in med school, he recalls spending most of his time "in the books." He's come up for air as a second-year student, thanks in part to his leadership as president of KCU-Joplin's Fit Doctors Association (FDA), a club focused on promoting fitness as a way of life.

Taking care of the whole person is fundamental to the practice of osteopathic medicine. Ironically, med students taking care of the "whole student" may not come naturally. KCU student clubs can help.

Tompkins said club members began by asking themselves what it really means to be fit.

"In FDA, we strive for fitness in all your life – mental, physical and relationships," Tompkins says. "The truth is, we can all do a better job cultivating fitness." To that end, the club may bring in speakers to talk about work-life balance and healthy eating habits, says Kendra Tilton, associate director of student activities at KCU-Joplin. The group also organizes morning runs and has participated in community activities, such as the Walk to End Alzheimer's and Special Olympics.

FDA is also making it easier for students to link up as "workout buddies" via social media. They can team up with other students who are also balancing all aspects of life as a med student.

While the content of FDA programming revolves around fitness, all of the clubs create opportunities to bring students together. In fact, Tompkins says one of the most fun things FDA did this year was a paintball tournament open to all students.

"Clubs help to streamline the process of finding like-minded individuals with common interests and goals and put these students together early in their medical school career. It's easy to lose sight of social activity during the rigor of the beginning of the academic year," says Robert Rogers, DO, faculty advisor to the Joplin FDA.

Long term, Tompkins also sees the connection between FDA's focus on fitness and the way students will practice medicine with their own patients one day. Nutrition and fitness are, of course, vital to a healthy lifestyle, but they are not covered extensively during medical school.

Engaging in a club like FDA "gives the student doctor a much more in-depth understanding of these topics and the power these two health components have within their patients' lives," says Rogers. "This makes them more likely to discuss these topics in detail with patients in the future."

KCU-Joplin's FDA set a good foundation for that this year. As a member of the first class of medical students on the new campus, Tompkins takes note of his unique leadership role as

different clubs grow on the new campus. "I feel we can help set the culture here."

And, by the way, a little fun – and paintball – is good for the students' spirit, too.





The Community Clinic of Southwest Missouri is bustling with activity on a Thursday evening. Multiple pairs of KCU-Joplin medical students file into patient rooms, clipboards in hand, to take turns triaging patients, recording medical histories and performing physical examinations.

For these students, this is their first interaction with a real patient. Up to this point, they have practiced their examination skills with standardized patients — actors portraying a person with a medical condition.

Meanwhile, KCU-Joplin faculty members Robert Arnce, DO, assistant professor of clinical medicine, and Ken Stewart, DO, assistant professor of Emergency Medicine, wait for each pair of students to emerge from a patient's room and then carefully listen as each medical student presents his or her findings.

Faculty members then examine the patient and explain the treatment plan as medical students observe, giving them the opportunity to learn by seeing the physicians' clinical decision-making processes. "It has been really helpful to talk with them to see how they process information from patients and hear the questions they ask to help narrow down what the issue might be," said Courtney McClure, OMSII.

Throughout the evening, the students also work alongside Community Clinic of Southwest Missouri nurses, social workers, pharmacy staff and a registered medical assistant, which helps the students learn how to work as part of a health care team.

KCU-Joplin partnered with the Community Clinic to create this innovative program that has a two-fold purpose. The Thursday evening clinics provide valuable early clinical experiences for second-year medical students while expanding access to health care for community members who need it most—those who are uninsured.

"It's beautifully synergistic," noted Arnce. "On one hand, you have the working poor, who don't meet the criteria for Medicaid and have limited access to health care. Their alternative would be to go to the emergency room or urgent care. On the other hand, you have students who get firsthand experience caring for patients under the supervision of attending physicians. They get to actively create assessments and plans."

The Community Clinic is not new to the Joplin area. It has served the community for more than 25 years, completing more than 140,000 patient visits during that time. This unique partnership with KCU allows the Community Clinic to be open most Thursday evenings to serve patients, in addition to the clinic's daytime hours.

"The KCU clinics that we're having in the evenings have really been a game-changer for the clinic," said Stephanie Brady, executive director. "They have added another level of care that we're able to provide.

"For many years, we haven't been offering evening clinics, except for specialty clinics. This allows our patients to have more options for when they can come to the clinic," said Brady. "It also allows us to have a solid partnership with a huge community leader — we're able to work with them and help in the education of future doctors. It has been impactful for our community and for the Community Clinic as a whole."

This clinical experience program also helps remind students why they were motivated to pursue a career in the medical field — to serve others. At the Community Clinic, 100 percent of the patients lack health insurance, 80 percent of those patients are part of the working poor, 10 percent are undocumented and 10 percent are chronically homeless.

"Some of the patients haven't seen a doctor in a long time and may have a lot of health concerns," added McClure. "It's great to see how helpful the program is to the community and how it's fulfilling a need. These patients don't have to miss work because they can come to the night sessions."

Following the clinical experience, the learning opportunities continue with a weekly debriefing session, where students choose a medical case to present to their peers and discuss. After the discussion, faculty members teach the students about a common health concern that the students might see in the clinic, such as high blood pressure, urinary tract infections or headaches.

"Medical school is an arduous journey, and many times students feel buried in their books," said Arnce. "Through this program, they get to provide patient care early in their medical career. This is what they want to do and this is why they came to medical school," he explained. "It is motivating for them —they go back to class and think about patients they saw. It gives them motivation to pursue the prize at the end of their training."





endearingly, enduringly, edythe.

When the life work & work life of Edythe Lindsey overlaps, half a century of service to KCU is simply the beginning.



Edythe Lindsey has rightfully earned the honor of being an unofficial ambassador for KCU.

With the official start date of her employment at the University — Oct. 11, 1963 — permanently etched in her razorsharp memory, the 55-year member of KCU's building services staff continues to win the hearts and admiration of the faculty, staff and students as she bustles about, endeavoring to keep the school sparkling and tidy. But the 79-year-old Kansas City native is quick to explain the essential part of her daily work that has motivated and inspired her over the decades: relationship building.





"I like helping people," said Lindsey, known by the nickname of "Miss Edythe." I feel important and needed here and know that what I contribute is valued."

Kevin Hubbard, DO, HMDC, MACOI (COM '86), chair of Primary Care and professor of Internal Medicine at KCU, fondly recalls meeting Lindsey when, as an adolescent, he accompanied his father, Ron Hubbard, DO (COM '61), to the campus.

"She made an impression on me back then," Hubbard said. "Even as a youngster, I understood that she really enjoyed her work. Then, throughout the years, as a student and eventually coming back to the university as part of the faculty, I came to the realization that Miss Edythe's role is essential to our mission."

Hubbard regards Lindsey as an encourager, "a person who takes great pride in her work, does it with vigor, enthusiasm and joy and always with a smile. She is a priceless testimonial to our students, many of whom appreciate the value she brings to the university's environment. Miss Edythe takes her job seriously."

Commitment is just part of Lindsey's DNA; she was raised by a mother who worked for the president of a local bank and was rewarded for her dedication, which Lindsey defines as "part hard work, part attitude." So is the old-fashioned Golden Rule, which Lindsey has redefined— in her world—to be Edythe's Golden Rule.

"I get up every day with a positive outlook," she shrugs, "and I do the best job possible. Emptying trash, pushing a broom, I don't care what it is, I do it to the best of my ability. If I'm treating people good and doing my job, I don't have to worry about anything."

Then, with a twinkle in her eye, Lindsey admits, "Besides, I'm too old to worry."

Working the night shift from 3 p.m. to 11:30 p.m. Monday through Friday, with some rotating Saturdays, Lindsey has become an unwitting role model to others. Mike Johnston, DO, MACOI (COM '73), campus dean and professor of internal medicine, has known Miss Edythe since 1969, when he was a student at KCU.

"In terms of job responsibility, duties and obligations, she demonstrates employee excellence," Johnston said. "Miss Edythe is reliable—you can set your clock that she'll get the job done, in a spirit of honesty and discretion. She's not boastful and is a pleasant person. In fact, when I see her and talk to her, I feel better and want to be a better person. She's just that kind of lady."

Both Hubbard and Johnston recognize Lindsey's trustworthy character and perseverance.

"She's paid her dues to society, has proven herself and deserves respect," Johnston said. "Miss Edythe has those intangible attributes that, when added up, equal a humble, hardworking woman who operates on a foundation of gratitude."

Honored as a "Hero in Health Care" in 2015 by Ingram's Magazine, Lindsey was recognized for her loyalty to KCU and her work ethic. True to her unassuming nature, Lindsey was deeply honored by the coveted award but insists that what she's done since the early 1960s is nothing remarkable.

"It's this simple: I'd rather be at work, doing what I love, being around people whom I appreciate and who appreciate me in return," Lindsey said. "I'll be honest—when I started working here all those years ago, I didn't think I'd be here this long. I've seen lots of history at this school, lots of growth, lots of students work hard and graduate, lots of doctors passionate about what they do. I'm just proud I've witnessed it all."

Hard work has played an unmistakable central role in Edythe Lindsey's life—by choice. During her 55-year span of employment at KCU, she's missed around 40 days of work, mostly as a result of recovering from surgery. She counts among her many blessings—family, friends, faith and an intrinsic, optimistic outlook—the opportunity that KCU has given her to be the best she can be.

"Truth is, I don't know how to be anyone but Edythe Lindsey," she said. "Some people call work a daily grind, but it's in my blood. And I thank God that I get to punch the clock every day at this school."

For Lindsey, her job and the people around her at KCU, bring her to life.



PRESCRIPTION FOR A LIFE WELL-LIVED



J.P. Smith, DO, has made it his career and lifelong mission to share the benefits of hope.

by Kimberly Winter Stern

For a young man hailing from the small town of Wichita Falls, Tex., becoming a doctor wasn't a typical career path during the early 1970s.

But that didn't deter John P. Smith Jr., DO, FACOS (COM '75), whose childhood vision of one day practicing medicine persisted into adulthood. His journey to become a doctor of osteopathic medicine can be traced to his parents who, according to Smith, gave their son liberal doses of the "benefit of hope." As Smith recalls, his father, an auto mechanic, and his mother, a school secretary with business smarts, gave their son every ounce of support necessary to succeed. Smith was the first member of his family to attend college, let alone experience the rigor of years of post-graduate studies, internships and residencies required to become a physician.

"After high school I thought about leaving Wichita Falls to attend college but didn't qualify for full-ride tuition," Smith said. "So I stayed in my hometown for undergraduate studies. In the middle of my sophomore year, I figured if I wanted to be a doctor, I'd better get into a hospital to see exactly what they do."

The earnest and eager Midwestern State University student went to a local hospital and inquired about a job; the only position available for someone of his experience level was an operating room orderly, the 3 p.m. – 11 p.m. shift. Accepting the job, Smith added it to his demanding schedule: school during the day, working at night and studying in between responsibilities. It was at the hospital that Smith not only discovered his ultimate calling as a surgeon, but also received a fateful recommendation for a medical school, thanks to a fellow college student working there.



"Kendall Reed was a year ahead of me in college and also worked as an operating room orderly," Smith said. "He was accepted into an osteopathic medical school in Kansas City and suggested that I look into it."

Wasting no time, Smith applied to KCU and, for good measure, also applied to the Texas College of Osteopathic Medicine in Fort Worth.

"The Texas school opened in 1970, a year before I applied, and they were still building out the campus," Smith recalls. "The Kansas City school opened in 1916, had a good reputation and, in my estimation, offered the established, stable environment I wanted."

Throughout the years, Smith has maintained his friendship with Reed (COM '74), an oncologist and cancer

surgeon, their professional paths crossing at various junctures. Smith served as president of the American College of Osteopathic Surgeons from 1995 to 1996 and four years later Reed, who trained in the military following graduation from KCU and eventually became a dean at the Des Moines University of Medicine and Health Sciences, was appointed as president of the professional organization.

"It's been an important relationship," Smith said. "And I certainly don't think it was coincidence that Kendall and I met at that hospital in Wichita Falls, two young men endeavoring to determine their careers."

ALUMNI SPOTLIGHT

DEVELOPING STRONG ACADEMIC, PROFESSIONAL AND INTERPERSONAL SKILLS

In 1971, Smith was accepted at KCU, one of only seven schools in the country offering an osteopathic education.

"Today there are about 35 osteopathic schools delivering education to students on somewhere around 54 campuses," he said. "But when I entered KCU, osteopathy was by and large a minority profession in medicine. Young grads today don't have a full appreciation of the challenges we faced. In the 1970s, there were approximately 35,000 DOs as opposed to 400,000 or so MDs. Today, about 26 percent of all medical students are DOs."

Reflecting on osteopathic medicine's tremendous growth, Smith cites an important distinction that's blurred over the past 35 years between DOs and MDs.

"There's very little difference between a DO and MD in clinic today, except for the philosophy that is taught to us," he said. "Bottom line is that patients are taken care of in the best way possible. And, ultimately, the holistic techniques that distinguish a DO are becoming part of an MD's education and practice."

Smith considers the training he received at KCU as "monumental, a place where I learned the concept of treating the whole person. In the classroom and clinic, we're taught to be "people people"—not just diagnose the disease, but also consider the individual and make a conscious effort to establish genuine rapport with our patients ... a philosophy that benefitted me over the years as I built a private practice in Wichita."

He credits KCU's learning environment as an engaging and dynamic place for students to thrive and embrace the osteopathic profession.

"I am most proud of seeing osteopathic medicine move from a once-restricted field to one of unlimited potential," Smith said. "It's exciting to know that kids graduating from KCU can go anywhere in the world and pursue their career."

Today Smith relishes his involvement with KCU, where he has held the chairmanship of the Board of Trustees since 2017.

"The opportunity to be part of the



"IT'S ONE OF THE THINGS I CHERISH MOST IN MY CAREER."



"HOPE DOESNT COST ANYTHING,

BUT WHEN YOU GIVE IT AWAY, IT'S PRICELESS TO THOSE RECEIVING IT." university at this moment in its history is remarkable," he said. "Dr. Hahn is a visionary leader and has set an ambitious course, ensuring a bright future for KCU. He's helped the school be regarded as a valued community partner. The new campus in Joplin has the same type of local impact."

WORKING WITH VULNERABLE POPULATIONS

Smith yearned for the experience of embarking on a medical mission trip, something he found nearly impossible to do during the first 15 years of his career.

"It was a tough thing to maneuver in private practice because I needed to be working and bringing in new patients," he said. "And then there was my considerable time commitment to the College of Osteopathic Surgeons (ACOI)."

Once Smith termed out of his professional responsibilities with ACOI, he planned his first trip to the Dominican Republic in 1977 with a nonprofit organization,



Medical Ministry International; his oldest daughter, Mandie, a college student in Wichita, decided to join him. They spent two weeks in a rural, impoverished area, Smith performing surgeries on people who sometimes walked four hours to get to the makeshift clinic. Mandie was a gatekeeper in the clinic.

"At the end of the trip, I was asked to come back," Smith said. And at the end of those two weeks, he realized the full impact of working with the grateful villagers. "It was a transformational experience, almost stepping back in time because of the primitive conditions under which we worked, but seeing, in real time, the people we were helping."

Smith and his daughter traveled together to the Dominican Republic over the next four years, joined by Smith's wife, Sheri, who worked alongside her husband in his practice as bookkeeper and office manager. The profound experiences of being at ground zero in a part of the world where people had very little—including limited or no access to health care—but an attitude of gratitude, affected all of them.

"You're suddenly very aware of everything you take for granted in life, from knowing you'll eat tomorrow, the lights will come on in the morning, you have safe drinking water and you'll sleep somewhere with a roof that doesn't leak," Smith said. "The medical missions forced me, my wife and Mandie out of our comfort zone, allowing us to appreciate how people survive in a place that doesn't even have the basics."

After five years of working with various mission teams, Smith became project director for Medical Ministry International; he has worked on 30 projects over 22 consecutive years. Today Smith recruits colleagues and collects supplies and medications year-round for two-week trips, where more than 1,000 people receive clinic visits, surgeries, dental and eye procedures and more.

"Mandie decided early on that mission work was to be her life's vocation, and she and her fiancé Jason Speegle, now her husband, moved to the Dominican Republic," Smith said. "There they adopted a six-month-old Dominican youngster, my first grandchild, who is now 12."

A LIFE OF PAYING IT FORWARD AND GIVING HOPE

Affirmation by his peers for his work over the years is important to Smith; he is the recipient of many honors and awards recognizing his contributions to the practice and teaching of medicine. But those pale in comparison to the rewards he receives during medical mission trips.

"When someone who has never seen a doctor in their life, or who has a sick child that you've just helped says 'thank you,' and you look into their eyes—well, there's nothing like it," he said. "It's one of the things I cherish most in my career."

Smith considers himself lucky in life, grateful for an acclaimed career; a loving family that includes Sheri and daughters Mandie and Monica and their husbands and four grandchildren; and legions of friends, not only stateside but also in the Dominican Republic. He's followed his passion and heart since graduating KCU in 1975, becoming involved in community, his alma mater and medical missions.

"A piece of advice for medical students: find your purpose, if not, you'll fail," he said. "Don't go into medicine because you think you'll make money; there are much easier ways to do that. Practice medicine for the right reasons, for the people you'll diagnose, treat and help. And then, go after that wholeheartedly, with no limitations."

Giving hope to others, as his parents did when he was contemplating a career in medicine so many decades ago, is Smith's foundation and prescription for a life well-lived.

"Hope doesn't cost anything," he said. "But when you give it away, it's priceless to those receiving it."



Scholarship Matching Challenge Doubles Donor Impact

by Krista Rogers

By its very roots, philanthropy means love of mankind.

Recent philanthropic gifts from several major donors set in motion the new KCU Scholarship Matching Challenge to fund a \$2 million scholarship endowment for merit, diversity and need-based awards. The endowment will make awards of \$10,000 or more to prospective students in KCU's College of Medicine and College of Biosciences. All gifts received for the Scholarship Matching Fund will be matched dollar for dollar, up to a total of \$1 million.

"The KCU Scholarship Match will allow us to award scholarships at a much higher level than we have been able to do in the past," said Mary Pat Beals, senior director of institutional advancement. These scholarships will significantly ease the financial burden on KCU students in the College of Osteopathic Medicine and other graduate programs in psychology and health sciences. They will also strengthen the University's potential to attract bright, compassionate osteopathic physicians, research scientists and psychologists. It emphatically speaks to compassion, one of KCU's core values: not only caring for patients and communities but caring for students and colleagues.

Inspired by his own experience as a scholarship recipient, alumnus Bradley Vince, DO (COM '98),

initiated the challenge. He was joined by Kansas City businessmen Brad Bergman and Tom McDonnell and the Jack and Glenna Wylie Charitable Foundation, helping seed the fund with \$1,000,000. These leaders have profoundly chosen to support physicians, researchers and other health-care professionals in living up to the KCU mission of building a community of professionals committed to excellence in education, research, patient care and community service while improving the well-being of the communities they serve.

Achieving that mission requires an investment by students who often assume years of paying back student loans. These new scholarships at the level of KCU's Scholarship Match program make a significant dent in their financial burden.

"Every student here works extremely hard towards a goal that a lot of them have had since they were kids," says medical student Trevor Hall. "Getting a scholarship is an affirmation of how hard they've been working, not only in medical school but their entire life to get to a point that they can effectively treat patients and really help people."



How to Participate

ONLINE:

Visit community.kcumb.edu/donate and select "Scholarship Match" from the gift options.

TEXT: KCUGIFT to 41444

CHECK:

Designate "Scholarship Matching Fund" and mail your check to:

> KCU Advancement Office 1750 Independence Ave. Kansas City, MO 64106

Royce K. Keilers, DO, FACOFP & Elva A. Keilers, DO

Royce Keilers, DO (COM '65), and Elva Keilers, DO (COM '66), know the power of a scholarship. The impact of financial assistance greatly influenced their decision to make a contribution to the KCU Scholarship Match program.

"We received scholarships, and they were very instrumental in our ability to complete medical school," Elva said.

The Drs. Keilers met while at Kansas City University of Medicine and Biosciences. Royce graduated 1965 and went on to be a family practice physician. Elva graduated the following year and completed a residency in anesthesiology before turning to family practice.

"We were privileged we got our DO degrees at KCU, and we're trying to pay that back," they said, observing that there may be many reasons that could prevent students from completing medical school. Donating to KCU Scholar Match is one way to lighten the financial burden.

Giving back and expanding the influence of osteopathic medicine is significant.

A co-founder of the International Primary Care Educational Alliance (IPCEA), Royce traveled to China several times with two other medical educators over a 17-year period. Their mission is to equip general practitioners to help revamp the health-care system in general and to promote global recognition of primary care medicine as the foundation of good health for all patients. Elva has pointed out that IPCEA aims to bridge cultures to enrich global health.

Through his work with IPCEA, Royce earned Heart to Heart International's "It Only Takes One" Award. At the award ceremony Royce deflected the attention from himself to those around him, telling them, "You were the 'one' in that award."

The Keilers are a living testimony to the true definition of philanthropy – love of mankind. They agree that you can accomplish more with love than negative attitudes. As Royce said, ""If people are healthy, they are more peaceful, even though our governments are light years apart."





HOMECOMING 2019 AT KCU with the KCU

This Fall, come together to revisit the old memories.



-CME Update in Medicine

SEPTEMBER 12-14, 2019

KCUMB.EDU/HOMECOMING

IMPROVING THE WELL-BEING OF KC KIDS FOR 25 YEARS

CELEBRATING THE LEGACY OF TWO STRANGERS WHO FORMED A FRIENDSHIP THAT REDEFINED HOW WE CARE FOR OUR COMMUNITIES.

BY KRISTA ROGERS

A little more than 2 1/2 decades ago, two outstanding and compassionate Kansas City leaders crossed paths, sparking magic in the delivery of health care for underserved youth. Their meeting resulted in the creation of *Score 1 for Health*, KCU's preventive health program for elementary school children. Since its inception, *Score 1* has impacted hundreds of thousands of urban Kansas City children and their families.

The spark began, in 1992, with Robert G. Ricci, DO (COM '68), chief of staff for Park Lane Medical Center, and Deron Cherry, safety for the Kansas City Chiefs. Ricci had a passion for involving the osteopathic medical hospital in the community and for educating future generations of osteopathic physicians. Cherry's dream was to give back to his community in some special way.

"My husband was a firm believer in giving back to society," says Dolores "Dee" Ricci. Once he established his practice as a radiologist, she said he started thinking about what he could do for the profession and Kansas City University's College of Osteopathic Medicine. "He wanted Park Lane to be known, and he wanted to do something to involve the med students and the community."

Cherry shared that philanthropic mindset with his desire to help and impact Kansas City's community.

"I always said, when I got into a position to give back, I wanted to do something," he says. "I've always had love in my heart. I've been fortunate to have people in my life where I could make an impact."

It so happened the neighbor of one of these influential men was a colleague of the other. Introductions were made and Ricci and Cherry found common ground for making





the magic of Score 1 for Health happen.

"At that time, schools were cutting back, with one nurse serving multiple schools," Cherry observed. "My mom used to say the greatest thing we can give our kids is an education, but you have to be healthy. Both my mom and dad were teachers, so my background comes from that mindset."

A news item caught Cherry's attention. It highlighted a young girl whose learning challenges were addressed simply with a pair of corrective glasses. Thinking about her story, he knew this was the place to help.

Ricci was eager to create opportunities for medical students to have hands-on education, and he believed in early clinical experience, before their third year of medical school. When Park Lane Medical Center Foundation proposed conducting health screenings for children, Cherry jumped on board. Proceeds from the 1992 Deron Cherry Celebrity Invitational golf tournament to underwrite salary, materials and supplies for one registered nurse, with the assistance of second-year osteopathic medical students to conduct health screenings at Westridge Elementary School in the Raytown, Mo., school district.

The new program was grounded in the needs of the community, schools, parents and children. When Park Lane, Kansas City's osteopathic teaching hospital at the time, conducted a community needs assessment, a clear need surfaced: children were coming to school with unmet health needs related to nutrition, weight and vision and it was taking a severe toll on their school performance.

Today, *Score 1* annually provides free, in-school health screenings for 12,000 elementary-aged children in the greatest need, including urban-core and low-income families from under-resourced neighborhoods. At the same time, it allows osteopathic medical students to gain valuable, early clinical experience in pediatric health assessment. *Score 1* is a perfect fit for KCU's commitment to educate physicians who care about the communities where they live and work.

"Deron has done an incredible job at keeping this dream alive," says Dee. "I know if my husband were alive today, he would be so happy to see the results of *Score 1*. It is so heartwarming how it took off."

The emphasis of *Score 1* is on addressing health issues to ensure young students are as successful as possible in school, explains Annette Campbell, MPA, RN, director of *Score 1 for Health*. "We're looking at social determinants of health, and making that connection to attaining good health for families is so important," she said. "When we became a part of KCU in 2000, our mission – to serve the underserved – really spoke to KCU's desire to serve the northeast area of Kansas City."



MEMBERS OF THE RICCI FAMILY CIRCA 1968



CHERRY DURING AN EARLY SCORE I SCREENING EVENT

Today, the program has expanded to include elementary schools in Joplin, Mo., and will involve all second-year medical students at KCU's Joplin campus.

In addition to growth in numbers and the types of health assessments, *Score i*'s team has grown to include eight full-time staff, one part-time registered nurse, and about a dozen registered nurses working as needed. There also is a cadre of medical students, who volunteer through a grant-funded program called CHAMPS. "With CHAMPS, our medical students are learning to be healthy lifestyle coaches and work with individual families on making nutrition, activity and lifestyle choices to promote health and wellness," says Campbell.

It all matches Ricci's vision of early clinical experience for future physicians.

"Our goal is to screen kids throughout their elementary school years," says Campbell. "Our consistent presence is important to our schools and community."

Another hallmark of *Score 1*, says Campbell, is that it is driven by school and community needs and desires. "Participation is an indicator of school buy-in. We want the program to be in schools that need and want the program." *Score 1* team members review the screening results with parents and make sure they understand any health issues, provide information about resources and help them develop a plan for care to address any problems. They help parents connect with primary care services.

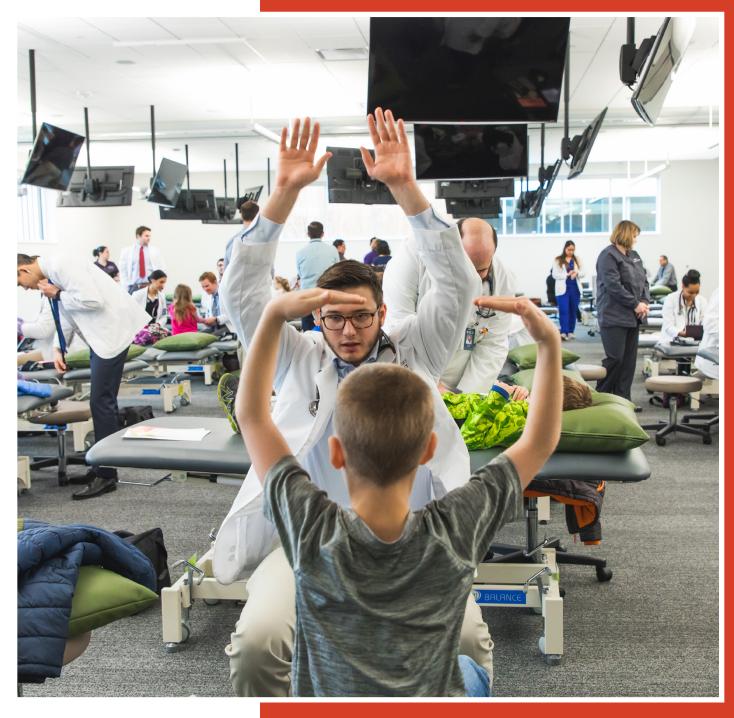
Score I employs a community health worker (CHW) to help parents access primary care and assist them in navigating the often-complex layers of community health and social services. Stephany Gardner, CWH, not only understands health issues, she builds trust and helps families establish relationships with health care providers.

"A big factor is building trust," Campbell says. "Stephany supports the families in many ways to access care. For example, she may offer to meet the family at the physician's office, and she is bilingual."

Campbell points to a variety of positive outcomes. For example, in the past two years, more than 1,000 area children received a complete eye exam and glasses through *Score 1*'s partnership with *OneSight*, a non-profit organization dedicated to global vision care, that has enabled KCU to host an annual *OneSight* clinic on campus. Because *Score 1* pre-screened many of the children, nearly 90 percent received free glasses at the clinic.

"My husband would be so happy to see the results today," says Dee Ricci. "From starting out with one school – it's just overwhelming."

Making a difference in Kansas City kids' health and learning? Now that's magic.



EARLIER THIS YEAR, SCORE I HIT AN EXCITING MILESTONE MOMENT BY EXPANDING HEALTH ASSESSMENT EVENTS TO THE JOPLIN COMMUNITY.

BY IMPLEMENTING SCORE I AT OUR JOPLIN CAMPUS, BOTH ELEMENTARY STUDENTS IN THE REGION AND KCU'S OWN MEDICAL STUDENTS ARE NOW BENEFITING FROM SCORE I'S HANDS-ON ASSESSMENTS.

A FEBRUARY 2019 SCREENING EVENT WAS HELD IN THE JOPLIN CAMPUS OMM LAB, PICTURED ABOVE.

A Passion for Osteopathic Philosophy

KCU-Joplin welcomes a new campus dean.

by Heather Browne

In January, KCU welcomed Laura Rosch, DO, CS, MS, FACOI, as Joplin campus dean for the College of Osteopathic Medicine. Rosch has amassed a distinguished career working as a practicing physician, medical educator, wellness advocate and community leader. She most recently served as chair of the Department of Internal Medicine at Midwestern University's College of Osteopathic Medicine in Downers Grove, Illinois.

"It's an honor to be the dean of the campus. We have a talented faculty and staff who are truly dedicated to educating the next generation of physicians," said Rosch. "I look forward to seeing our students graduate, go out into the community as doctors, and make an impact in a big way."

Rosch earned a Doctorate of Osteopathic Medicine from the Midwestern University Chicago College of Osteopathic Medicine. She decided to become a physician because of her desire to serve others, and the osteopathic philosophy was consistent with her values.

Previously, she managed a

residency program in an underserved area of Chicago, where she says she was passionate about serving the community through osteopathic principles. Now at KCU-Joplin, Rosch is committed to helping students understand those principles — how to address the biological, psychological, and social aspects of disease when treating patients.

"Osteopathic medicine is about helping others improve their lives," she explains. "I believe our purpose is to improve ourselves and be the best we can be—whether as a physician, a teacher or as a member of the community. Through improving ourselves, we can better serve our patients. On a personal level, that is what I have always tried to do."

As campus dean, Rosch directs the daily operations of the Joplin medical school location while ensuring students' well-being and academic success. She said she wants to help students, faculty and staff grow as professionals and take on new challenges. "I'm always asking myself, 'Who can I encourage?" she said.

She said she looks forward to expanding research for the medical

students, developing graduate medical education opportunities and encouraging students to model good health for the community.

"Physicians should always be teachers and models of healthy behavior," she said. "First and foremost, you have to take care of yourself in order to take care of the people you serve."

Utilizing her rich background in disease prevention, nutrition, exercise and stress reduction, Rosch strives to help student doctors prioritize wellness and emotional health. "Many student doctors are not used to failure and making mistakes," she said. "I want to help them learn how to manage stress, disappointments and setbacks in a healthy way and develop good coping skills."

Rosch hopes to impart the lessons she learned during medical school to KCU-Joplin students, including the importance of time management, nutrition, exercise and relationships. "I know what worked for me as a medical student," she said. "I relied heavily on relationships with my fellow students, faculty members and department chairs. Their mentorship and support played a big role in my development as a physician."

She said the campus has many great community outreach programs, and she looks forward to exploring more ways that the campus can serve the region. "I've been struck by the sense of unity between the community and KCU, as well as the kind and welcoming nature of the people who live and work here," she said. "The community was truly committed to bringing KCU to Joplin, and their hard work and dedication is not lost on us. We're grateful to be here, and we look forward to giving back."



CLASS YEAR NEWS

1970

Dana S. Devine, DO (COM '70), and Dr. William H. Devine, DO, AOBFP, AOBNMM, (COM' 70), were presented the 2018 Shooting Star Award by Midwestern University.

Dr. Dana Devine has spent 45 years educating physicians, residents, interns, and student doctors and has taught Pathology at Midwestern University for over 20 years. Dr. Devine worked for over 40 years as a pathologist at various hospitals in the Phoenix metropolitan area. She is past president of the Arizona Osteopathic Board of Examiners.

Dr. William Devine is the director of Postgraduate Osteopathic Manipulative Medicine (OMM) at Midwestern University's Osteopathic Postgraduate TrainingInstitute(OPTI)andtheprogram director of the Neuromusculoskeletal Medicine (NMM) Residency Program at the Arizona College of Osteopathic Medicine where he serves as clinical professor. He is also the OMM specialty clinic coordinator at the Midwestern University Multispecialty Clinic. He is the recipient of numerous educational and service awards, including the Arizona Osteopathic Medical Association's "Excellence in Osteopathic Medical Education Award" and Midwestern University's highest honor, the Littlejohn Award. PHOTO I

1973

Ray E. Stowers, DO, FACOFP, (COM '73), has been named provost and vice president of academic affairs for Arkansas Colleges of Health Education in Fort Smith, Ark.. He most recently served as dean of the school. His prior roles include founding dean of Lincoln Memorial University-DeBusk College of Osteopathic Medicine and associate dean for Rural Health at Oklahoma State University Center for Health Sciences College of Osteopathic Medicine.

Stowers was honored with the American Osteopathic Foundation's (AOF) 2018 Lifetime Achievement Award during the 2018 AOF Honors Gala. The AOF Lifetime Achievement Award honors an individual who has made significant fundamental contributions to the osteopathic profession and has demonstrated a lifetime of commitment to osteopathic medicine.

1975

John P. (JP) Smith, Jr. DO, FACOS (COM '75), received the 2018 Humanitarian Award from the American College of Osteopathic Surgeons (ACOS) during their fall conference. Smith is an active member of ACOS including having served as president. The Humanitarian Award recognizes ACOS members who

unselfishly participate in humanitarian activities. These activities may include voluntary service in the community, state, nationally or internationally. Smith began participating in medical missions in 1997 when he and his oldest daughter traveled to the Dominican Republic. Since that experience, he has organized and led 26 short-term medical mission trips with Medical Ministry International. Smith currently serves as chair of the Kansas City University Board of Trustees.

1983

Sharon Rooney-Gandy, DO, FACS (COM '83), recently joined the Spectrum Health Lakeland medical staff located in Grand Rapids, Mich. Prior to joining Lakeland, she worked as a general surgeon and wound care physician at Sturgis Medical Group. PHOTO 2

1990

William Sullivan, III, DO (COM '90), has joined Freeman Midwest Internal Medicine in Frontenac, Kan. After earning his medical degree, he completed his residency in internal medicine at St. Louis University School of Medicine. Sullivan is board-certified with the American Board of Internal Medicine.







1996

Rance L. McClain, DO, FACOFP. FAOASM, (COM '96), been has named the dean of Arkansas College of Osteopathic Medicine in Ft. Smith, Ark. McClain previously served as associate dean of clinical sciences at William Carey University College of Osteopathic Medicine in Hattiesburg, Mississippi. He is dually board-certified in the specialties of family medicine and neuromusculoskeletal medicine/osteopathic manipulative medicine.

He is fellowship-trained and holds a certification of additional qualifications in sports medicine. McClain serves the National Board of Osteopathic Medical Examiners on test review committees and as an osteopathic manipulative treatment rater for the COMLEX – Physical Exam section of Level II. McClain is on the Board of Directors for the American Osteopathic Academy of Sports Medicine and the Mississippi Osteopathic Medical Association. He is an associate editor of the Journal of the Accreditation Council for Graduate Medical Education. PHOTO 3

2007

Molly E. Harp, DO (COM '07), has joined the Wright Memorial Physicians' Group in Trenton, Mo. She is board certified by the American Board of Family Medicine and is a member of several professional organizations, including the American Academy of Family Physicians and the Missouri Academy of Family Physicians. PHOTO 4

2012

Christopher A. Paynter, DO, MS (COB '08) (COM '12), was recently elected president of the Missouri Society of the American College of Osteopathic Family Physicians. Paynter practices family medicine in central Missouri. PHOTO 5

2013

Ransom A. Ellis, DO, MS (COB '09) (COM '13), was recently appointed to serve as Shawnee County Coroner. He completed his residency in Anatomic and Clinical pathology at the University of Kansas Medical Center. Dr. Ellis completed his Forensic Pathology fellowship in 2018 at the Jackson County Medical Examiner's Office in Kansas City, Mo. He is board-certified in Anatomic and Clinical Pathology. Prior to this appointment, Dr. Ellis was employed with Frontier Forensics Midwest, LLC.

Eric W. McQueary, DO (COM '13), joined Lake Regional Health System - Lake Regional Urology Department in

Osage Beach, Mo. McQueary provides specialized medical and surgical care focusing on Urology. After graduating from KCU, he completed his residency in the Division of Urological Surgery at Michigan State University and St. John Providence Health System in Detroit, Mich. Before entering medical school, McQueary served six years in the Alaskan Air National Guard, with deployments to Qatar and Kosovo. He has taken medical mission trips to the Philippines and Haiti and in 2006, he paddled 2,312 miles in 57 days in a Mississippi River Expedition. PHOTO 6

To submit a class note, please email editor@kcumb.edu.

Make sure to include all relevant information and photos in your email.

Submissions may be edited for clarity and consistency prior to publication, and not all class notes can be guaranteed publication.



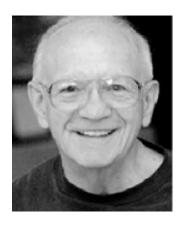




KCU Remembers

In memory of the alumni and friends we have recently lost.

William Edelman, DO (COM'49) 11/10/2018 Henry F. Olen, DO (COM'49) 11/29/2018 Ronald G. Gadway, DO (COM'60) 9/9/2018 George W. Anderson, DO (COM'62) 10/8/2018 Robert D. Lutz, DO (COM'63) 9/24/2018 J. Michael Behrens, DO (COM' 66) 1/12/2019 Joel L. Savitz, DO (COM'70) 2/20/2019 Ronald L. Heim, DO (COM'75) 11/20/2018 Bradley E. Waite, DO (COM'79) 9/5/2018 Thaddeus R. Salmon, DO (COM'83) 12/31/2018



William Edelman, DO (COM '49), age 97 of Leawood, Kan., passed away on Saturday, November 10, 2018. Edelman received his medical degree from Kansas City University in 1949. He opened a private practice in the East Bottoms, treating the area's blue-collar workers and truck farmers, some of whom would trade poultry or vegetables for his services. He built the Midwest Clinic at 3315 Prospect in the 1950s; subsequent moves took his medical practice to the Brookside area in Kansas City, where his dedicated patients followed him for his kind words and sensitive diagnoses. He retired in 2001, having served the Kansas City community as a general practitioner/family physician for more than 50 years.



Henry F. Olen, DO (COM '49), age 95 of Grand Rapids, Mich., passed away peacefully on Thursday, November 29, 2018. He was born on June 20, 1923 in Grand Rapids. He received his medical degree from Kansas City University in 1949 and interned at Grand Rapids Osteopathic Hospital. Olen was among the founding fathers of Grand Rapids Osteopathic Hospital, where he served as chief of staff and was active in the transition into what is now Metro Health. He served as the deputy director of the Kent County Health Department and as the director of medical education at Saginaw Osteopathic Hospital. He was past president of the Kent County Osteopathic Association and the Michigan Osteopathic Association and a member of the Board of Trustees of the American Osteopathic Association.

If you know of a KCU graduate, former faculty or staff member or friend of the University who has recently passed away, please email alumni@kcumb.edu.



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