

Dear Kansas City University Student,

Welcome to the Kansas City University (KCU) document tracking service. KCU has contracted with Sentry MD, a confidential student health record service, to store and maintain their student health forms. Included in this packet are the health and immunization requirements that are required of you to matriculate and/or participate in educational activities. It is important that you review this material carefully as failure to provide complete health and immunization documents may delay your entry or ability to participate in clinical programs required for your study.

**Step 1:** Verify you have completed the Immunization tracking portion of your registration/payment.

- Go to [www.mystudentcheck.com](http://www.mystudentcheck.com) and type 'Kansas City University' in the 'School' dropdown menu and select your specified school and program.
- Select your program from the 'Program' dropdown menu. Click 'Submit.'
- Select the Immunization service and start application.
- Please enter all fields when prompted, and then complete your order.
- Once you have registered, your Sentry MD immunization account will activate after 24 hours.

**Step 2:** Begin gathering/completing the requirements in the following packet:

- Begin by reading each immunization, titer and additional document requirements listed on the following pages of this Health Requirement Packet (**Part I through Part III**). It is important that you review this material carefully. All items are to be obtained and **uploaded to Sentry MD**.

**Step 3:** Log in to your Sentry MD account to upload your documents and view your compliance status.

- Login to your Sentry MD account at <https://mysentrymd.com/#/home>.
- Details on how to log in, upload requirements, and navigate your account are under Part I on the following page.
- All requirements are required to be uploaded to **Sentry MD by May 1<sup>st</sup> for COM programs**.

If you have any questions regarding this packet, please email us at [KCU@SentryMD.com](mailto:KCU@SentryMD.com).

**PART I- SENTRY MD ACCOUNT** | *Log in to your Sentry MD account.*

**Link to Sentry MD Account:** <https://mysentrymd.com/#/home>

1. Enter your User ID: the email address you registered with.
2. Click on “Create password”
3. You will be sent a token to your email address
4. Enter Token from email onto site
5. Create a Password
6. Click the link to go to the login screen

Once you are logged in, you will land on the Electronic Release form. You will need to authorize this statement electronically to move forward into your account. Once authorized you will have access to your account tabs.

- **Profile-** The Profile Tab displays all requirements and their compliance status. A blue checkmark next to each of the requirements means you are compliant. Requirements with the red exclamation mark indicate you are missing documentation, and these items need your attention.
  - You can download the compliance summary, by clicking the Download PDF link.
  - To view your school’s requirements, click the Health Requirements link.
- **Documents-** The Document Tab displays all documents you have submitted to the system, you can view, print, or download these by clicking the grey icons. To download all documents in your file at once, click the Download Combined Document link.
  - To upload documents to your account, click the grey button, Choose File and select the document from your phone or computer to load. Check the box for the requirements your document contains then click Upload file. You will see the document at the top of the list as pending. You will receive a confirmation notice once the document has completed processing, please note processing can take 48 business hours.
- **Activity-** The Activity Tab displays all recent activity of your account. Including any electronic notices, you were sent, login dates, and compliance status changes.

We hope these tools help you stay on top of your status and keep you compliant with your program requirements.

**PART II- HEALTH REQUIREMENTS:** All requirements below are mandatory and must be documented on the clinic, lab or healthcare provider's form. Please upload the documentation for each requirement detailed below into your account at <https://mysentrymd.com/#/home>.

Requirement Type	Requirement Details
<b>Measles, Mumps and Rubella (MMR):</b>	<ul style="list-style-type: none"> <li>Two dose MMR vaccine series <b>AND</b> Positive QUANTITATIVE IgG antibody titers are required for Mumps, Measles and Rubella to fulfill the requirement.</li> <li><b>Titer reports must be quantitative and include the numerical result and or numerical reference range.</b> If the Measles or Mumps titers results in non-immunity, a repeat two-dose series 4 weeks apart is required. If the Rubella titer is non-immune, only one new MMR dose is required. If starting a new series, submit the 1<sup>st</sup> new dose to be granted an extension until the 2<sup>nd</sup> dose is due.</li> </ul>
<b>Varicella (Chicken Pox):</b>	<ul style="list-style-type: none"> <li>Positive QUANTITATIVE IgG antibody titer is required to fulfill the varicella requirement.</li> <li><b>Titer report must be quantitative and include the numerical result and or numerical reference range.</b> If the titer results in non-immunity, submit your original two-dose vaccine series. If you were not previously vaccinated or only received one dose, complete a new two-dose varicella vaccine. If starting a new series, submit the 1<sup>st</sup> new dose to be granted an extension until the 2<sup>nd</sup> dose is due.</li> </ul>
<b>Hepatitis B:</b>	<ul style="list-style-type: none"> <li>Three dose HepB vaccine series <b>AND</b> Positive QUANTITATIVE IgG antibody titer is required to fulfill the HepB requirement.</li> <li><b>Titer report must be quantitative and include the numerical result and or numerical reference range.</b> If the titer results in non-immunity, a three-dose vaccine series (administered at 0, 30 days and 5 months) or Heplisav-B two-dose series (administered at 0 then 30 days), must be completed and then a follow-up titer to be drawn a minimum of 4 weeks from the final vaccine in the series. If starting a new series, submit the 1<sup>st</sup> new dose to be granted an extension until the 2<sup>nd</sup> dose is due and so on until the series is completed and a new titer.</li> </ul>
<b>Influenza (Flu):</b>	<ul style="list-style-type: none"> <li>Flu vaccine is required seasonally (typically in October each year).</li> </ul>
<b>Tetanus-Diphtheria, Pertussis (Tdap):</b>	<ul style="list-style-type: none"> <li>Tdap vaccine within the past ten years is required to fulfill the requirement.</li> <li>TD booster is not accepted.</li> <li>Tdap vaccine must always be within 10 years of the current date.</li> </ul>
<b>Meningococcal (Meningitis):</b>	<ul style="list-style-type: none"> <li>If fully vaccinated after age 16, no additional vaccination is required. <ul style="list-style-type: none"> <li>Fully vaccinated consists of either One dose of a MenACWY (Menactra, Menveo, or MenQuadfi) <b>OR</b> two doses of a Serogroup B vaccine series (Bexsero or Trumenba).</li> </ul> </li> </ul>
<b>Poliomyelitis (Polio):</b>	<ul style="list-style-type: none"> <li>Three dose vaccine series of IPV or OPV <b>OR</b> one booster date is accepted if dated after 1988 are required to fulfill the polio requirement.</li> </ul>
<b>COVID-19 Vaccines:</b>	<ul style="list-style-type: none"> <li>Initial series of COVID-19 vaccine approved for the use in the U.S. or accepted by the CDC, or receipt of an updated seasonal COVID-19 vaccine is required.</li> <li>Remaining current updated COVID-19 vaccines per CDC guidelines is highly recommended.</li> </ul>
<b>Tuberculosis Skin Test (PPD/Mantoux):</b>	<ul style="list-style-type: none"> <li>One TB skin or blood test (QuantiFERON or T-Spot) with a negative result within the past 12 months is required.</li> <li>Annual update required for 2<sup>nd</sup> year. A TB two-step or blood test is required in your 3<sup>rd</sup> and 4<sup>th</sup> year. See the annual update form for each following year on the next page.</li> <li>If TB skin or blood test is positive, consult with a physician to determine a treatment plan, and provide a letter from the physician verifying the treatment plan. In addition to the physician's treatment plan, an annual chest X-ray is required.</li> </ul>
<b>3<sup>rd</sup> and 4<sup>th</sup> year students:</b>	<p>The below are only required once you enter your 3<sup>rd</sup> year:</p> <ul style="list-style-type: none"> <li><b>TB Requirement:</b> In your 3<sup>rd</sup> and 4<sup>th</sup> years, an annual TB blood test (T-spot or QuantiFERON) or TB two-step is required (A two-step is two separate skin tests where the 2<sup>nd</sup> test must be planted 7-21 days after the 1<sup>st</sup> test is read). The Department of Clinical Education will reach out in the Spring with a specific due date. Do NOT update until notified. <ul style="list-style-type: none"> <li><b>If INH treatment was previously completed:</b> <ul style="list-style-type: none"> <li>Submit the INH therapy documentation, including your previous positive skin or blood test. If you do not have documentation of a past positive, submit the INH documentation only.</li> <li>In addition, an annual chest X-ray is required.</li> </ul> </li> <li><b>If your TB skin or blood test was positive:</b> <ul style="list-style-type: none"> <li>Consult with a physician to determine a treatment plan and provide a letter from the physician verifying the treatment plan.</li> <li>In addition to the physician's treatment plan, an annual chest X-ray is required.</li> </ul> </li> </ul> </li> <li><b>BLS</b> - American Heart Association BLS wallet card with an effective and expiration date is required.</li> <li><b>ACLS</b>- American Heart Association ACLS wallet card with an effective and expiration date is required.</li> <li><b>N95 mask fit:</b> Submit a copy of your verification showing you have completed your N95 face fit test upon completion. You will complete this through KCU and upload your verification once complete.</li> </ul>

**PART III- TB VERIFICATION FORM:** *This is required ONLY After your initial TB for annual updates through your term of study to make sure you have all necessary items to update your TB each year.*

### TUBERCULOSIS TESTING ANNUAL UPDATE FORM

All students matriculating into KCU-COM or participating in clinical experiences are required to provide **annual** documentation proving they are free of active TB. This may be demonstrated by providing any of the following: Negative PPD skin test, negative IGRA lab result such as T-SPOT or QuantiFERON - TB GOLD, or physician documented completion of INH therapy.

**Student Name:** \_\_\_\_\_  
Last First M.I.

**Date of Birth:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**TB TEST TYPE, LOT & EXPIRATION:**  
\_\_\_\_\_

**LOCATION PLACED:**  Left arm  
 Right arm

**DATE & TIME**  
**PPD PLACED:** \_\_\_\_\_

**PLACED**  
**BY:** \_\_\_\_\_

**INDURATION:** \_\_\_\_\_mm

**RESULT:**  Positive  
 Negative

**\*\*DATE & TIME**  
**PPD READ:** \_\_\_\_\_

**READ**  
**BY:** \_\_\_\_\_

**\*\*TB Skin Test must be read a minimum of 48 hours and less than 72 hours after placement**

***PART IV- STUDENT CHECKLIST:*** All the requirements are to be submitted to Sentry MD by **May 1<sup>st</sup> if you are entering the COM programs.**

- Part I** - Student has logged into Sentry MD account to authorize release statement.
- Part II**- Health Requirements in Part II are all documented and gathered from the clinic or provider where they were completed at and each titer report is quantitative for HepB, MMR and Varicella. Submit all requirements or updates to Secure Student Uploader in your account at <https://mysentrymd.com/#/home>
- Part III**- TB Verification form for annual renewal (Your TB test is required annually; please keep Part III and submit each year for your updated TB test).

Please email any questions you may have about this health packet to [KCU@SentryMD.com](mailto:KCU@SentryMD.com)!