

SCORE 1 FOR HEALTH

Center for Population Health and Equity

Kansas City University



ABOUT THE SCORE 1 PROGRAM

For over 30 years, *Score 1 for Health* has provided free, in-school health screenings for elementary-aged children, especially those from urban core and low-income families. The program serves more than 30 schools across four districts in Kansas City and Joplin, Missouri, screening over 11,000 students annually.

Each child receives screenings for vision, dental, blood pressure, height/weight and physical health. Children identified with health issues are rescreened by registered nurses, and their families are connected to necessary medical resources. The program operates year-round to address the medical needs of children and connect families with providers, dentists and social services when needed.

Score 1 for Health partners with licensed medical professionals, KCU osteopathic medical and dental students and other health professions students to create interdisciplinary teams that provide high-quality learning experiences and expose elementary students to health care career possibilities.

While KCU invests significant resources, the program relies on numerous community partners, all united by one mission: healthier families make healthier communities. In 2024, *Score 1 for Health* joined forces with KCU's new Center for Population Health and Equity, reinforcing its critical role and the University's mission of *improving the well-being of the communities we serve*.



SCORE 1 FOR HEALTH INITIATIVES

While health care screenings are the foundation of *Score 1 for Health*, they are just the beginning. *Score 1* has developed additional programming that expands the services provided and makes a greater impact on schools, children and families who are part of the *Score 1* community.

CONNECTIONS TO CARE

After *Score 1 for Health* teams complete initial and follow-up screenings, nurses and community health workers play a critical role in bridging gaps in health care access. They contact families to ensure understanding of health issues, provide resources and assist them, if needed, in accessing high quality, culturally competent primary care services.

CHAMPS

Children in urban and rural areas often lack access to healthy foods and the resources to participate in sports. CHAMPS (Coaching Health and Movement Program with Students) educates children and families about healthy living. Led by KCU medical students under supervision of a physician and dietician, the program targets 4th-5th graders. CHAMPS coordinators work with school nurses to identify students for the program, aiming for whole family participation. Medical students hold coaching sessions on healthy choices, goal-setting, and fun exercises, with activities like games involving vegetables or trips to local farmers markets. The focus is on health, not weight.

ANATOMY ACADEMY

CHAMPS program coordinators work with *Score 1 for Health* partner schools in both Kansas City and Joplin to provide an educational outreach program aimed at combatting childhood obesity and promoting healthy living while encouraging the pursuit of higher education through teaching of anatomy and basic nutrition. The program focuses on students in the 4th and 5th grade.

ONESIGHT VISION CLINIC

Lack of quality vision care affects students' school performance, with many neighborhoods having limited access. OneSight aims to integrate vision care into student health services by bringing its mobile vision services to Kansas City. In partnership with *Score 1 for Health*, OneSight hosts an annual week-long vision clinic at the KCU-Kansas City campus, providing free eye exams and glasses to over 700 children from over 100 area schools. Students are identified through *Score 1* screenings or school referrals.



OUR PARTNER SCHOOLS

Bertram Caruthers Elementary School
 Cecil Floyd Elementary School
 Compass Elementary School
 Douglass Elementary School
 Dover Hill Elementary School
 Eastmorland Elementary School
 Emerson Elementary School
 Ervin Elementary School
 Faxon Elementary School
 Frank Rushton Elementary School
 Garfield Elementary School
 Gladstone Elementary School
 Hazel Grove Elementary School
 Ingels Elementary School
 Irving Elementary School
 J.A. Rogers Elementary School
 James Elementary School
 Jefferson Elementary School
 John F. Kennedy Elementary School
 John T. Hartman Elementary School
 Kelsey Norman Elementary School
 Lindbergh Elementary School
 M. E. Pearson Elementary School
 Mark Twain Elementary School
 Martin Luther King, Jr. Elementary School
 McKinley Elementary School
 Nativity of Mary School
 New Chelsea Elementary School
 New Stanley Elementary School
 Phillis Wheatley Elementary School
 Primitivo Garcia Elementary School
 Royals Heights Elementary School
 Scuola Vita Nuova Charter School
 Soaring Heights Elementary School
 St. Peters School
 Stapleton Elementary School
 Trailwoods Elementary School
 Truman Elementary School
 Wendell Phillips Elementary School
 West Park Elementary School
 Whittier Elementary School (MO)
 Whittier Elementary School (KS)

OUR CLINICAL EDUCATION PARTNERS

Avila University	Park University
Crowder College	Pittsburg State University
Franklin Technology Center	Research College of Nursing
Johnson County Community College	Rockhurst University
Kansas City Kansas Community College	Saint Mary's University
Metropolitan Community College	University of Central Missouri
MidAmerica Nazarene University	University of Missouri, Kansas City School of Dentistry
Missouri Southern State University	University of Missouri, Kansas City School of Nursing
Ottawa University	William Jewell College