

SCORE 1 FOR HEALTH

Center for Population Health and Equity

Kansas City University



ABOUT THE SCORE 1 PROGRAM

For over 30 years, *Score 1 for Health* has provided free, in-school health screenings for elementary-aged children, especially those from urban core and low-income families. The program serves more than 40 schools across four districts in Kansas City and Joplin, Missouri, screening thousands of students annually.

Each child receives screenings for vision, dental, blood pressure, height/weight and physical health. Children identified with health issues are rescreened by registered nurses, and their families are connected to necessary medical resources. The program operates year-round to address the medical needs of children and connect families with providers, dentists and social services when needed.

Score 1 for Health partners with licensed medical professionals, KCU osteopathic medical and dental students and other health professions students to create interdisciplinary teams that provide high-quality learning experiences and expose elementary students to health care career possibilities.

While KCU invests significant resources, the program relies on numerous community partners, all united by one mission: healthier families make healthier communities.

Score 1 for Health is part of the KCU Center for Population Health and Equity, reinforcing its critical role and the University's mission of *improving the well-being of the communities we serve*.



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SCORE 1 FOR HEALTH INITIATIVES

While health care screenings are the foundation of *Score 1 for Health*, they are just the beginning. *Score 1* has developed additional programming that expands the services provided and makes a greater impact on schools, children and families who are part of the *Score 1* community.

CONNECTIONS TO CARE

After *Score 1 for Health* teams complete initial and follow-up screenings, nurses and community health workers play a critical role in bridging gaps in health care access. They contact families to ensure understanding of health issues, provide resources and assist them, if needed, in accessing high quality, culturally competent primary care services.

CHAMPS

Children in urban and rural areas often lack access to healthy foods and the resources to participate in sports. CHAMPS (Coaching Health and Movement Program with Students) educates children and families about healthy living. Led by KCU medical students trained by a physician and dietician, the program targets school-aged children. CHAMPS coordinators work with school nurses to identify students for the program, aiming for whole family participation. Medical students hold coaching sessions on healthy choices, goal-setting, and fun exercises, with activities like games involving vegetables or trips to local farmers markets. The focus is on health, not weight.

ANATOMY ACADEMY

CHAMPS program coordinators also work with *Score 1 for Health* partner schools in Kansas City and Joplin to provide an educational outreach program for 4th and 5th grade students aimed at learning anatomy and physiology with a focus on personal health and wellness. The program supports elementary science learning and encourages students to pursue higher education in the health sciences through mentorship provided by KCU medical students in the classroom.

ONESIGHT® VISION CLINIC

Lack of quality vision care affects students' school performance, with many neighborhoods having limited access to service providers. OneSight aims to integrate vision care into student health services by bringing its mobile vision services to Kansas City. In partnership with *Score 1 for Health*, OneSight provides an annual week-long vision clinic at the KCU-Kansas City campus, providing free eye exams and glasses to over 700 children from over 100 area schools. Students are identified through *Score 1* screenings or school referrals.



OUR CLINICAL EDUCATION PARTNERS

Avila University

Crowder College

Franklin Technology Center

Johnson County
Community College

Kansas City Kansas
Community College

Metropolitan Community College

MidAmerica Nazarene University

Missouri Southern State University

Ottawa University

Park University

Pittsburg State University

Research College of Nursing

Rockhurst University

Saint Mary's University

University of Central Missouri

University of Missouri, Kansas City
School of Dentistry

University of Missouri, Kansas City
School of Nursing

William Jewell College

OUR PARTNER SCHOOLS

Bertram Caruthers Elementary School

Cecil Floyd Elementary School

Compass Elementary School

Douglass Elementary School

Dover Hill Elementary School

Eastmorland Elementary School

Emerson Elementary School

Ervin Elementary School

Faxon Elementary School

Frank Rushton Elementary School

Garfield Elementary School

Gladstone Elementary School

Hazel Grove Elementary School

Ingels Elementary School

Irving Elementary School

J.A. Rogers Elementary School

James Elementary School

Jefferson Elementary School

John F. Kennedy Elementary School

John T. Hartman Elementary School

Kelsey Norman Elementary School

Lindbergh Elementary School

M. E. Pearson Elementary School

Mark Twain Elementary School

Martin Luther King, Jr. Elementary School

McKinley Elementary School

Nativity of Mary School

New Chelsea Elementary School

New Stanley Elementary School

Phillis Wheatley Elementary School

Primitivo Garcia Elementary School

Royals Heights Elementary School

Scuola Vita Nuova Charter School

Soaring Heights Elementary School

St. Peters School

Stapleton Elementary School

Trailwoods Elementary School

Truman Elementary School

Wendell Phillips Elementary School

West Park Elementary School

Whittier Elementary School (MO)

Whittier Elementary School (KS)