
To download a copy of all Worksheets, visit safeandsecurebook.ca and click on *Safe & Secure Worksheets*.

Worksheet 1

After you're gone: clarifying your vision

It's the day after your death. Describe what a safe and secure life will look like for your family member with a disability.

List ten words to describe a typical day for your family member, in the best of all possible worlds.

Use some key words to describe your fears for your family member after you're gone.

What is the most important message you want to leave your family member with a disability?

What do you want your other family members to help with after you've gone?

When your executors/trustees meet, what do you want them to do first?

What are the three priorities you want future caregivers to know about your family member with a disability?

1. _____
2. _____
3. _____

What are the important arrangements you've made to ensure a good life for your family member?

How do you want to be remembered by your family members?
