













APP RESOURCE List




Apps for Daily Living






App Name	Description	Cost*
Reminder with Voice Reminders 	<ul style="list-style-type: none"> Reminders for recurring (hourly, daily, weekly, etc.) and one-time events Available On: iOS 	FREE* \$2.99 - Premium Version
ChoiceBoard Creator 	<ul style="list-style-type: none"> Create customized choice boards with up to 6 choices Available On: iOS 	FREE* \$2.99 - Premium Version
Chiceworks 	<ul style="list-style-type: none"> Create your own checklists for completing daily routines Available On: iOS 	\$9.99 *Bundle Option: 13.99 (Chiceworks & Calendar)
Chiceworks Calendar 	<ul style="list-style-type: none"> Picture based calendar with audio descriptions linked to images for scheduled events with countdown option iPad application only Available On: iOS 	\$6.99 *Bundle Option: 13.99 (Chiceworks & Calendar)
First Then Visual Schedule 	<ul style="list-style-type: none"> Enables you to create the following: First Then boards, visual schedules, checklist with built-in timer option, social stories and choice boards Available On: iOS 	\$20.99
Pictello 	<ul style="list-style-type: none"> Create slideshows of step by step instructions with audio commentary (either text to speech or record your own audio) Available On: iOS 	\$27.99
Magnus Cards 	<ul style="list-style-type: none"> An educational app focused on learning a variety of skills (chores, social interactions, entertainment sites) Available On: iOS and Android 	FREE

App Name	Description	Cost*
<p>Brili Routines – Visual Timer</p> 	<ul style="list-style-type: none"> ▪ Set up routines (with audio and visual prompts) and watch as the user completes tasks in real-time earning rewards ▪ Available On: iOS and Android 	FREE*
<p>IFTTT (If This, Then That)</p> 	<ul style="list-style-type: none"> ▪ Allows apps to work together and do specific things they previously couldn't do using a trigger and an action; when something changes in one service, it will trigger an action on another service or device. ▪ Available On: iOS and Android 	FREE
<p>iDo Hygiene</p> 	<ul style="list-style-type: none"> ▪ Videos and slideshows teaching personal hygiene ▪ Customizable if the user chooses ▪ iPad application only ▪ Available On: iOS 	FREE*
<p>iDo Getting Dressed</p> 	<ul style="list-style-type: none"> ▪ Videos and slideshows for getting dressed ▪ iPad application only ▪ Available On: iOS 	FREE*
<p>iDo Community</p> 	<ul style="list-style-type: none"> ▪ Videos and slideshows demonstrating what happens in certain public settings and how to act ▪ iPad application only ▪ Available On: iOS 	FREE*
<p>iDo Chores</p> 	<ul style="list-style-type: none"> ▪ Videos and slideshows for household chores ▪ iPad application only ▪ Available On: iOS 	FREE*
<p>iDo Food</p> 	<ul style="list-style-type: none"> ▪ Videos and slideshows for basic food preparation and dining etiquette ▪ iPad application only ▪ Available On: iOS 	FREE*
<p>iDress for Weather</p> 	<ul style="list-style-type: none"> ▪ Make connections between weather conditions and appropriate clothing ▪ Available On: iOS 	\$2.79


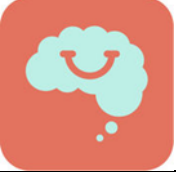




App Name	Description	Cost*
Weatherproof 	<ul style="list-style-type: none"> Learn what the current weather is, and be made aware what the optimal outdoor clothing is for the next few hours Available On: Android 	FREE
Let's Be Social 	<ul style="list-style-type: none"> Teaches lessons on social interactions Engages user through examples and questions Option for lesson customization iPad application only Available On: iOS 	FREE* \$13.99 - Premium Version
Recycle Coach 	<ul style="list-style-type: none"> Using an address, this app will send reminders for garbage day, recycle and yard waste. Available On: iOS and Android 	FREE (Only in participating communities)
Tetra Alarm 	<ul style="list-style-type: none"> Easily set and customize alarms with the ability to repeat them and customize sound with music, recorded audio or add vibration or flash Available On: Android 	FREE
Marcel: Your Art Portfolio 	<ul style="list-style-type: none"> Create a digital artworks portfolio on your smart device Could be used to aid in organizing any collection of items, not just art Available on: iOS 	FREE
Medisafe Pill Reminder 	<ul style="list-style-type: none"> Medication reminders with the ability to send alerts to a caregiver to notify them if a missed dose has occurred Available on: iOS and Android 	FREE*
Seeing AI 	<ul style="list-style-type: none"> Designed for the blind and low vision – this app narrates the world around you Scan printed documents/labels and have them read aloud Available on: iOS 	FREE
Be My Eyes 	<ul style="list-style-type: none"> People that are visually impaired can request help from users around the world by using the camera on their smartphone Available on: iOS 	FREE

App Name	Description	Cost*
Look Cook and Eat 	<ul style="list-style-type: none"> A digital how-to cooking magazine designed for people with intellectual disabilities Not an app, but the website can be saved directly to the home screen of a device for easy access 	\$30 USD/Year





Apps for Communication

App Name	Description	Cost*
Visuals 2 Go 	<ul style="list-style-type: none"> Create personal picture cards with text-to-speech option in a variety of voices Available On: iOS 	FREE
Voice4u 	<ul style="list-style-type: none"> A picture and voice-based communication system Available On: iOS and Android 	\$84.99
Proloquo2Go 	<ul style="list-style-type: none"> A symbol-based communication app Available On: iOS 	\$349.99
GoTalkNow 	<ul style="list-style-type: none"> A picture and symbol based communication app Available on: iOS 	\$109.99
Ava 	<ul style="list-style-type: none"> Provides 24/7 real-time captioning on your smartphone Available on: iOS and Android 	FREE



Apps for Relaxation


App Name	Description	Cost*
Stop, Breathe & Think 	<ul style="list-style-type: none"> ▪ Meditation/mindfulness app that allows the user to check in with how they are feeling emotionally and physically ▪ Available On: iOS and Android 	FREE*
Smiling Mind 	<ul style="list-style-type: none"> ▪ A meditation app developed by psychologists and educators to help bring balance to people's lives. ▪ Available On: iOS and Android 	FREE
MindShift 	<ul style="list-style-type: none"> ▪ Helps people deal with anxiety by learning to relax and be mindful and to develop effective ways of thinking to take control of anxiety ▪ Available On: iOS and Android 	FREE
Breethe 	<ul style="list-style-type: none"> ▪ De-stress, sleep better, get happier and be healthier with guided meditations, soothing music, and nature sounds ▪ Available On: iOS and Android 	FREE
Calm 	<ul style="list-style-type: none"> ▪ Use this sleep, meditation and relaxation app to lower stress, decrease anxiety, and experience better sleep ▪ Available On: iOS and Android 	FREE*
Headspace Meditation and Sleep 	<ul style="list-style-type: none"> ▪ A simple way to let go of stress and help get a better night's rest, learn to relax with guided meditations and mindfulness techniques that bring calm, wellness, and balance to your life ▪ Available On: iOS and Android 	FREE* \$17.99 - Premium Version

Apps for Navigation

App Name	Description	Cost*
Google Maps 	<ul style="list-style-type: none"> A screen reader, keyboard shortcuts, and other accessibility features can be used to make your Google Maps experience more accessible Maps can be downloaded for use while offline Available On: iOS and Android 	FREE
Transit 	<ul style="list-style-type: none"> Real-time travel companion to navigate your city's public transit system with accurate real-time predictions, simple trip planning, step-by-step navigation, service disruption notifications, and departure and stop reminders Available On: iOS and Android 	FREE
GetThere GPS 	<ul style="list-style-type: none"> GetThere does not display a map, but tells you where you are and how to get to your destination Available On: Android 	FREE
BlindSquare 	<ul style="list-style-type: none"> Detailed voice-directing navigation app that can save previous locations for ease of use; identifies points of interest nearby and has search options Available On: iOS 	\$54.99



Apps for Locating Devices

App Name	Description	Cost*
Find My 	<ul style="list-style-type: none"> The Find My app combines Find My iPhone and Find My Friends into a single app on iOS 13 or later Location sharing app that allows the user to keep track friends and family, and vice versa Available On: iOS 	FREE
FollowMee 	<ul style="list-style-type: none"> Location sharing software to track a device that someone keeps on their person Available On: iOS and Android 	\$5.99

App Name	Description	Cost*
Life360 	<ul style="list-style-type: none"> Location-sharing app helps to locate family and friends on a private map Available On: iOS and Android 	FREE*




Apps for Enhancing Money Skills

App Name	Description	Cost*
Wally 	<ul style="list-style-type: none"> Wally is a simple budgeting app Great for users who like the traditional pen and paper or spreadsheet to track a daily budget, balance your income and scan receipts Available On: iOS 	FREE*
Mint 	<ul style="list-style-type: none"> All-in-one spending tracker and money management; track spending and compare to planned budget Available On: iOS and Android 	FREE
Peter Pig's Money Counter 	<ul style="list-style-type: none"> Learn & test coin counting skills playing fun games Earn virtual money to save or spend on accessories and scenes for Peter Pig by correctly answering questions Learn fun facts about money and tips for saving Available On: iOS (CDN \$), and Android (USD \$) 	FREE
Cash Reader: Bill Identifier 	<ul style="list-style-type: none"> Identifies banknote denomination and will read them aloud Identifies many different currencies Available On: iOS and Android 	FREE
Flipp 	<ul style="list-style-type: none"> Access weekly flyers to find deals/coupons and to price match in-store Search specific items and create shopping lists Available On: iOS and Android 	FREE





App Name	Description	Cost*
Reebee 	<ul style="list-style-type: none"> Add items to your shopping list directly from weekly flyers; price match in-store Available On: iOS and Android 	FREE
OurGroceries 	<ul style="list-style-type: none"> Share and contribute to your family's grocery list; syncs all changes to the list on every member's phone Available On: iOS and Android 	FREE* \$6.99 - Premium Version



Apps for Music

App Name	Description	Cost*
CanTunes 	<ul style="list-style-type: none"> Provides an extremely simplified way for people with a range of cognitive disabilities to select and play music that is downloaded onto an iPad Available On: iOS – iPad only 	FREE
Piano With Songs 	<ul style="list-style-type: none"> Learn to play the piano - choose from your favourite songs and begin playing them on the piano whether you are a beginner or a pro Available On: iOS 	FREE*
Guitar With Songs 	<ul style="list-style-type: none"> Learn to play the guitar on your smart device – choose from your favourite songs and learn how to play with all of the amazing features of this app Available On: iOS 	FREE*
Guitar – Chords, Tabs & Games 	<ul style="list-style-type: none"> Playing the guitar has never been easier – enjoy learning chords and creating music right on your device Available On: iOS 	FREE* \$49.99 - Premium
Real Drum – Drum Pads 	<ul style="list-style-type: none"> Simulates real drums on your phone/tablet screen with fun customizations available to the sounds and looks of the drums Available On: iOS and Android 	FREE \$2.79 - Premium

App Name	Description	Cost*
Beatwave 	<ul style="list-style-type: none"> Beatwave allows you to create songs anywhere, anytime on your device simply by tapping Available On: iOS 	FREE*
Bongos – Dynamic Bongo Drums 	<ul style="list-style-type: none"> Play the bongos and other percussion instruments on your device and you can also play along with other music playing on your device Available On: iOS 	FREE \$1.39 - Premium
Polyphonic 	<ul style="list-style-type: none"> Create, record and share music in a very fun and easy way by tapping the different sounds on the screen Available On: iOS 	FREE*

Apps for Video-Calling

App Name	Description	Cost*
Skype 	<ul style="list-style-type: none"> Make both video and audio calls with up to 24 people at once Available on phones, tablets, PCs and Macs Available On: iOS and Android 	FREE*
FaceTime 	<ul style="list-style-type: none"> Make both video and audio calls with up to 32 people at once Reach contacts using their phone number or Apple ID Available On: iOS 	FREE
WhatsApp 	<ul style="list-style-type: none"> Message friends or make audio or video calls to friends Connects seamlessly to your phone number and all contacts in your device Available On: iOS and Android 	FREE
Messenger 	<ul style="list-style-type: none"> Log in with your Facebook account and send messages, pictures, recorded voice messages or have video calls with friends Available On: iOS and Android 	FREE

App Name	Description	Cost*
Google Hangouts 	<ul style="list-style-type: none"> ▪ Message friends or make video or audio calls ▪ Group chats available for up to 150 people ▪ Group video calls available with up to 10 people ▪ Available On: iOS and Android 	FREE
Google Duo 	<ul style="list-style-type: none"> ▪ Make audio calls, video calls or leave a short video message ▪ Connects seamlessly to your phone number and all contacts in your device ▪ Available On: iOS and Android 	FREE

***Please note: Free Versions may include limited features of the application, and may also denote a trial version. Some FREE versions may include advertisements, with the option to upgrade to remove these ads. Some applications may also require subscriptions.**

Resources to find apps other than the app store on a device:



<https://bridgingapps.org>



<https://toolbox.thearc.org>

